



*Watermelon*



**L&M Farms** is located in Johnston County, North Carolina.

**Ham Farms** is located in Snow Hill, North Carolina.

- Watermelon is in the same family as cucumbers, pumpkins, and squash.
  - Watermelon is a warm-season crop that grows on a vine.
  - Watermelon is a fruit & a vegetable! It is a fruit because it grows from a seed, and it is a vegetable because it is harvested and cleared from the field like other vegetables.
- 🌱 The flesh of watermelon is over 90% water!

**Locally grown**

**Watermelon served in your café this August!**



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