# August 2021

# College & Career Academy BIRTEVAIKIFASTI MIENIU

Menu Subject to Change Based on Product Availability.



## Kids who eat well, learn better!

Students can choose from hot & cold entrees, fresh fruit, 100% juice, and skim or low-fat milk to start the day right!



Sausage Biscuit

100% Fruit Juice

Assorted Fresh Fruit

**Doughnut Bites** 

100% Fruit Juice

**Assorted Fresh Fruit** 





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9 Chicken Biscuit Sausage Biscuit 100% Fruit Juice Assorted Fresh Fruit	10 Chicken Biscuit Doughnut Bites 100% Fruit Juice Assorted Fresh Fruit	11 Sausage Biscuit French Toast Sticks 100% Fruit Juice Assorted Fresh Fruit	12 Sausage, Egg & Cheese Croissant Pancake & Sausage on a Stick 100% Fruit Juice Assorted Fresh Fruit	13 Chicken Biscuit Pancake & Sausage Bites 100% Fruit Juice Assorted Fresh Fruit
16 Chicken Biscuit Sausage Biscuit 100% Fruit Juice Assorted Fresh Fruit	17 Chicken Biscuit Doughnut Bites 100% Fruit Juice Assorted Fresh Fruit	18 Sausage Biscuit French Toast Sticks 100% Fruit Juice Assorted Fresh Fruit	19 Sausage, Egg & Cheese Croissant Pancake & Sausage on a Stick 100% Fruit Juice Assorted Fresh Fruit	<b>20</b> Chicken Biscuit Pancake & Sausage Bites 100% Fruit Juice Assorted Fresh Fruit
<b>23</b> Chicken Biscuit Sausage Biscuit 100% Fruit Juice Assorted Fresh Fruit	<b>24</b> Chicken Biscuit Doughnut Bites 100% Fruit Juice Assorted Fresh Fruit	<b>25</b> Sausage Biscuit French Toast Sticks 100% Fruit Juice Assorted Fresh Fruit	<b>26</b> Sausage, Egg & Cheese Croissant Pancake & Sausage on a Stick 100% Fruit Juice Assorted Fresh Fruit	<b>27</b> Chicken Biscuit Pancake & Sausage Bites 100% Fruit Juice Assorted Fresh Fruit
<b>30</b> Chicken Biscuit	<b>31</b> Chicken Biscuit	Daily Assorted Milk • Daily Fresh Fruits		

## Daily Assorted Milk • Daily Fresh Fruits

Locally Sourced Ingredients Offered Regularly

**Breakfast Price** 

Student: FREE Adult: \$1.60

# August 2021

# College & Career Academy LUNGH MENU

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## Nutritious School Meals Help Kids Learn!

- ✓ Improves test scores ✓ Helps with comprehension & memory
  - ✓ Increased attendance
  - ✓ Improves diet health
- ✓ Reduces visits to the school nurse







### 9 Nashville Hot Chicken Nuggets with Breadstick Classic Pizza Slice: Cheese or Pepperoni Fresh Deli Sub Carrots & Cucumbers

**MONDAY** 

16
Southern Style Chicken Bites
with Roll
Classic Pizza Slice:
Cheese or Pepperoni
Fresh Deli Sub
Carrots & Cucumbers

23

30

- Chicken & Waffles Classic Pizza Slice: Cheese or Pepperoni Fresh Deli Sub Carrots & Cucumbers
- Chicken Tenders with Breadstick Classic Pizza Slice: Cheese or Pepperoni Fresh Deli Sub Carrots & Cucumbers

### 10 Veggie Lasagna with Breadstick Philly Cheesesteak Fresh Deli Sub

Corn & Bean Salsa

**TUESDAY** 

- 17 Chicken Alfredo with Breadstick Veggie Burger Fresh Deli Sub Corn & Bean Salsa
- 24
  Italian Pasta Bake
  with Breadstick
  Hot Dog
  Fresh Deli Sub
  Corn & Bean Salsa
- 31 Chicken Parmesan Bacon Cheeseburger Fresh Deli Sub Corn & Bean Salsa

#### 11 General Tso's Chicken with Brown Rice Classic Pizza Slice: Cheese or Buffalo Chicken Fresh Deli Sub

**Carrots & Cucumbers** 

WEDNESDAY

- 18
  General Tso's Chicken
  with Brown Rice
  Classic Pizza Slice:
  Cheese or Buffalo Chicken
  Fresh Deli Sub
  Carrots & Cucumbers
- 25
  Chicken Filet Sandwich
  Classic Pizza Slice:
  Cheese or Buffalo Chicken
  Fresh Deli Sub
  Carrots & Cucumbers

**12**Southern Breaded Chicken
with Texas Toast
Hot Dog
Fresh Deli Sub
Corn & Bean Salsa
Chocolate Chip Cookie

**THURSDAY** 

- 19 Chicken of the Day with Roll Steakburger Fresh Deli Sub Corn & Bean Salsa Chocolate Chip Cookie
- Southern Breaded Chicken with Roll Classic Pizza Slice: Cheese or Meat Lover's Fresh Deli Sub Corn & Bean Salsa Chocolate Chip Cookie

Classic Pizza Slice:
Cheese or Meat
Lover's
Spicy Chicken
Sandwich
Fresh Deli Sub
Carrots & Cucumbers

**FRIDAY** 

- Roll Classic Pizza Slice:
  Cheese or Meat
  Lover's
  Hot Dog
  Fresh Deli Sub
  Carrots & Cucumbers
  - Classic Pizza Slice:
    Cheese or Pepperoni
    Spicy Chicken
    Sandwich
    Fresh Deli Sub
    Carrots & Cucumbers

<u>Daily offerings</u>: Assorted milk • Assorted fresh fruits & veggies Signature side salad

Locally Sourced Ingredients Offered Regularly

Lunch Price Student: FREE Adult: \$3.45