

December | 2019

College & Career Academy



BREAKFAST MENU

Menu Subject to Change Based on Product Availability.



Eat well, learn better!

Students can choose a hot entree, fresh fruit, 100% juice, and skim or low-fat milk to start the day right!



NOW HIRING CAFÉ WORKERS
770-497-8337 ext. 215
217N@Kellyservices.com



f [facebook.com/fcsnutrition](https://www.facebook.com/fcsnutrition)

FCS Mobile App: view school menus, nutrient info, and make meal payments.

Visit [fcsnutrition.com](https://www.fcsnutrition.com) for more info!
This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Biscuit Sausage Biscuit 100% Juice Assorted Fresh Fruit	3 Chicken Biscuit Doughnut Bites 100% Juice Assorted Fresh Fruit	4 Chicken Biscuit French Toast Sticks 100% Juice Assorted Fresh Fruit	5 Chicken Biscuit Pancake & Sausage on a Stick 100% Juice Assorted Fresh Fruit	6 Chicken Biscuit Cheesy Eggs with Grits & Sausage Links 100% Juice Assorted Fresh Fruit
9 Chicken Biscuit Sausage Biscuit 100% Juice Assorted Fresh Fruit	10 Chicken Biscuit Doughnut Bites 100% Juice Assorted Fresh Fruit	11 Chicken Biscuit French Toast Sticks 100% Juice Assorted Fresh Fruit	12 Chicken Biscuit Pancake & Sausage on a Stick 100% Juice Assorted Fresh Fruit	13 Chicken Biscuit Cheesy Eggs with Grits & Sausage Links 100% Juice Assorted Fresh Fruit
16 Chicken Biscuit Sausage Biscuit 100% Juice Assorted Fresh Fruit	17 Chicken Biscuit Doughnut Bites 100% Juice Assorted Fresh Fruit	18 Chicken Biscuit French Toast Sticks 100% Juice Assorted Fresh Fruit	19 Chicken Biscuit Pancake & Sausage on a Stick 100% Juice Assorted Fresh Fruit	20 Chicken Biscuit Cheesy Eggs with Grits & Sausage Links 100% Juice Assorted Fresh Fruit
23 Schools Closed Winter Break	24 Schools Closed Winter Break	25 Schools Closed Winter Break	26 Schools Closed Winter Break	27 Schools Closed Winter Break
30 Schools Closed Winter Break	31 Schools Closed Winter Break			

Daily Assorted Milk • Daily Fresh Fruits
Locally Sourced Ingredients Offered Regularly

Breakfast Price
Student \$0.00
Adult: \$1.60

College & Career Academy

LUNCH MENU

December | 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Nashville Hot with Texas Toast Pizza Fresh Deli Sub Carrots & Cucumber	3 Chicken Parmesan Bacon Cheeseburger Fresh Deli Sub Bean Salad	4 Salisbury Steak with Roll Pizza Fresh Deli Sub Carrots & Cucumber	5 Chicken of the Day with Roll Veggie Burger Fresh Deli Sub Corn Salsa	6 Hot Dog Pizza Fresh Deli Sub Carrots & Cucumber
9 Chicken Nuggets with Roll Pizza Fresh Deli Sub Carrots & Cucumber	10 Veggie Lasagna with Garlic Breadstick Philly Cheesesteak Fresh Deli Sub Bean Salad	11 General Tso's Chicken with Brown Rice Pizza Fresh Deli Sub Carrots & Cucumber	12 Southern Breaded Chicken with Roll Grilled Chicken Sandwich Fresh Deli Sub Corn Salsa	13 Spicy Chicken Sandwich Pizza Fresh Deli Sub Carrots & Cucumber
16 Chicken Filet Sandwich Pizza Hummus Plate Carrots & Cucumber	17 Cheeseburger Pizza Hummus Plate Bean Salad	18 Spicy Chicken Sandwich Pizza Hummus Plate Carrots & Cucumber	19 Grilled Chicken Sandwich Pizza Hummus Plate Corn Salsa	20 Mini Burgers Pizza Hummus Plate Carrots & Cucumber
23 Schools Closed Winter Break	24 Schools Closed Winter Break	25 Schools Closed Winter Break	26 Schools Closed Winter Break	27 Schools Closed Winter Break
30 Schools Closed Winter Break	31 Schools Closed Winter Break			

Celebrate with
the Café



NOW HIRING CAFÉ WORKERS
 770-497-8337 ext. 215
 217N@Kellyservices.com



facebook.com/fcsnutrition

FCS Mobile App: view school menus, nutrient info, and make meal payments.

Visit fcsnutrition.com for more info!

This institution is an equal opportunity provider.

Daily assorted milk • Daily fresh fruits & veggies
 Signature side salad
 All grains offered are whole grain-rich
Locally Sourced Ingredients Offered Regularly

Lunch Price
 Student \$0.00
 Adult: \$3.45

Menu Subject to Change Based on Product Availability.