

# February | 2020

# College & Career Academy



# BREAKFAST MENU

Menu Subject to Change Based on Product Availability.

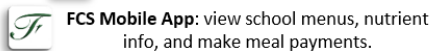


Eat well, learn better!

Students can choose a hot entree, fresh fruit, 100% juice, and skim or low-fat milk to start the day right!



**NOW HIRING CAFÉ WORKERS**  
770-497-8337 ext. 215  
217N@Kellyservices.com



FCS Mobile App: view school menus, nutrient info, and make meal payments.  
Visit [fcsnutrition.com](http://fcsnutrition.com) for more info!  
This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Chicken Biscuit Sausage Biscuit 100% Juice Assorted Fresh Fruit	<b>4</b> Chicken Biscuit Doughnut Bites 100% Juice Assorted Fresh Fruit	<b>5</b> Chicken Biscuit French Toast Sticks 100% Juice Assorted Fresh Fruit	<b>6</b> Chicken Biscuit Pancake & Sausage on a Stick 100% Juice Assorted Fresh Fruit	<b>7</b> Chicken Biscuit Cheesy Eggs with Grits & Sausage Links 100% Juice Assorted Fresh Fruit
<b>10</b> Chicken Biscuit Sausage Biscuit 100% Juice Assorted Fresh Fruit	<b>11</b> Chicken Biscuit Doughnut Bites 100% Juice Assorted Fresh Fruit	<b>12</b> Chicken Biscuit French Toast Sticks 100% Juice Assorted Fresh Fruit	<b>13</b> Chicken Biscuit Pancake & Sausage on a Stick 100% Juice Assorted Fresh Fruit	<b>14</b> Chicken Biscuit Cheesy Eggs with Grits & Sausage Links 100% Juice Assorted Fresh Fruit
<b>17</b> Schools Closed Presidents' Day	<b>18</b> Chicken Biscuit Doughnut Bites 100% Juice Assorted Fresh Fruit	<b>19</b> Chicken Biscuit French Toast Sticks 100% Juice Assorted Fresh Fruit	<b>20</b> Chicken Biscuit Pancake & Sausage on a Stick 100% Juice Assorted Fresh Fruit	<b>21</b> Chicken Biscuit Cheesy Eggs with Grits & Sausage Links 100% Juice Assorted Fresh Fruit
<b>24</b> Chicken Biscuit Sausage Biscuit 100% Juice Assorted Fresh Fruit	<b>25</b> Chicken Biscuit Doughnut Bites 100% Juice Assorted Fresh Fruit	<b>26</b> Chicken Biscuit French Toast Sticks 100% Juice Assorted Fresh Fruit	<b>27</b> Chicken Biscuit Pancake & Sausage on a Stick 100% Juice Assorted Fresh Fruit	<b>28</b> Chicken Biscuit Cheesy Eggs with Grits & Sausage Links 100% Juice Assorted Fresh Fruit

Daily Assorted Milk • Daily Fresh Fruits  
Locally Sourced Ingredients Offered Regularly

**Breakfast Price**  
Student \$0.00  
Adult: \$1.60

# College & Career Academy

# LUNCH MENU

## February | 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Chicken & Waffles Pizza Fresh Deli Sub Carrots & Cucumber	<b>4</b> Italian Pasta Bake with Garlic Breadstick Spicy Black Bean Burger Fresh Deli Sub Bean Salad	<b>5</b> General Tso's Chicken with Brown Rice Pizza Fresh Deli Sub Carrots & Cucumber	<b>6</b> Southern Breaded Chicken with Roll Grilled Chicken Club Sandwich Fresh Deli Sub Corn Salsa	<b>7</b> Spicy Chicken Sandwich Pizza Fresh Deli Sub Carrots & Cucumber
<b>10</b> Nashville Hot Chicken with Texas Toast Pizza Fresh Deli Sub Carrots & Cucumber	<b>11</b> Chicken Parmesan Bacon Cheeseburger Fresh Deli Sub Bean Salad	<b>12</b> Salisbury Steak with Roll Pizza Fresh Deli Sub Carrots & Cucumber	<b>13</b> Chicken of the Day with Roll Veggie Burger Fresh Deli Sub Corn Salsa	<b>14</b> Hot Dog Pizza Fresh Deli Sub Carrots & Cucumber
<b>17</b> Schools Closed Presidents' Day	<b>18</b> Veggie Lasagna with Garlic Breadstick Philly Cheesesteak Fresh Deli Sub Bean Salad	<b>19</b> General Tso's Chicken with Brown Rice Pizza Fresh Deli Sub Carrots & Cucumber	<b>20</b> Southern Breaded Chicken with Roll Grilled Chicken Sandwich Fresh Deli Sub Corn Salsa	<b>21</b> Spicy Chicken Sandwich Pizza Fresh Deli Sub Carrots & Cucumber
<b>24</b> Southern Style Chicken Bites with Roll Pizza Fresh Deli Sub Carrots & Cucumber	<b>25</b> Meatball Spaghetti Bowl Veggie Burger Fresh Deli Sub Bean Salad	<b>26</b> Teriyaki Chicken with Brown Rice Pizza Fresh Deli Sub Carrots & Cucumber	<b>27</b> Pulled BBQ Pork Sandwich Cheeseburger Fresh Deli Sub Corn Salsa	<b>28</b> Hot Dog Pizza Fresh Deli Sub Carrots & Cucumber

Celebrate with  
 the Café



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Daily assorted milk • Daily fresh fruits & veggies  
 Signature side salad  
 All grains offered are whole grain-rich  
*Locally Sourced Ingredients Offered Regularly*

**Lunch Price**  
 Student \$0.00  
 Adult: \$3.45

Menu Subject to Change Based on Product Availability.