

January | 2020

College & Career Academy



BREAKFAST MENU

Menu Subject to Change Based on Product Availability.

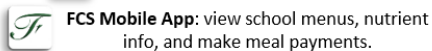


Eat well, learn better!

Students can choose a hot entree, fresh fruit, 100% juice, and skim or low-fat milk to start the day right!



NOW HIRING CAFÉ WORKERS
770-497-8337 ext. 215
217N@Kellyservices.com



Visit fcsnutrition.com for more info!
This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 Chicken Biscuit Sausage Biscuit 100% Juice Assorted Fresh Fruit	7 Chicken Biscuit Doughnut Bites 100% Juice Assorted Fresh Fruit	8 Chicken Biscuit French Toast Sticks 100% Juice Assorted Fresh Fruit	9 Chicken Biscuit Pancake & Sausage on a Stick 100% Juice Assorted Fresh Fruit	10 Chicken Biscuit Cheesy Eggs with Grits & Sausage Links 100% Juice Assorted Fresh Fruit
13 Chicken Biscuit Sausage Biscuit 100% Juice Assorted Fresh Fruit	14 Chicken Biscuit Doughnut Bites 100% Juice Assorted Fresh Fruit	15 Chicken Biscuit French Toast Sticks 100% Juice Assorted Fresh Fruit	16 Chicken Biscuit Pancake & Sausage on a Stick 100% Juice Assorted Fresh Fruit	17 Chicken Biscuit Cheesy Eggs with Grits & Sausage Links 100% Juice Assorted Fresh Fruit
20 Schools Closed M. L. King Jr. Holiday	21 Chicken Biscuit Doughnut Bites 100% Juice Assorted Fresh Fruit	22 Chicken Biscuit French Toast Sticks 100% Juice Assorted Fresh Fruit	23 Chicken Biscuit Pancake & Sausage on a Stick 100% Juice Assorted Fresh Fruit	24 Chicken Biscuit Cheesy Eggs with Grits & Sausage Links 100% Juice Assorted Fresh Fruit
27 Chicken Biscuit Sausage Biscuit 100% Juice Assorted Fresh Fruit	28 Chicken Biscuit Doughnut Bites 100% Juice Assorted Fresh Fruit	29 Chicken Biscuit French Toast Sticks 100% Juice Assorted Fresh Fruit	30 Chicken Biscuit Pancake & Sausage on a Stick 100% Juice Assorted Fresh Fruit	31 Chicken Biscuit Cheesy Eggs with Grits & Sausage Links 100% Juice Assorted Fresh Fruit

Daily Assorted Milk • Daily Fresh Fruits
Locally Sourced Ingredients Offered Regularly

Breakfast Price
Student \$0.00
Adult: \$1.60

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LUNCH MENU

Celebrate with
the Café



NOW HIRING CAFÉ WORKERS
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 Chicken & Waffles Pizza Fresh Deli Sub Carrots & Cucumber	7 Italian Pasta Bake with Garlic Breadstick Turkey & Cheese Croissant Fresh Deli Sub Bean Salad	8 General Tso's Chicken with Brown Rice Pizza Fresh Deli Sub Carrots & Cucumber	9 Southern Breaded Chicken with Roll Grilled Chicken Club Sandwich Fresh Deli Sub Corn Salsa	10 Spicy Chicken Sandwich Pizza Fresh Deli Sub Carrots & Cucumber
13 Nashville Hot with Texas Toast Pizza Fresh Deli Sub Carrots & Cucumber	14 Chicken Parmesan Bacon Cheeseburger Fresh Deli Sub Bean Salad	15 Salisbury Steak with Roll Pizza Fresh Deli Sub Carrots & Cucumber	16 Chicken of the Day with Roll Veggie Burger Fresh Deli Sub Corn Salsa	17 Hot Dog Pizza Fresh Deli Sub Carrots & Cucumber
20 Schools Closed M. L. King Jr. Holiday	21 Veggie Lasagna with Garlic Breadstick Philly Cheesesteak Fresh Deli Sub Bean Salad	22 General Tso's Chicken with Brown Rice Pizza Fresh Deli Sub Carrots & Cucumber	23 Southern Breaded Chicken with Roll Grilled Chicken Sandwich Fresh Deli Sub Corn Salsa	24 Spicy Chicken Sandwich Pizza Fresh Deli Sub Carrots & Cucumber
27 Southern Style Chicken Bites with Roll Pizza Turkey & Cheese Sub Carrots & Cucumber	28 Meatball Spaghetti Bowl Veggie Burger Black Forest Chicken Sub Bean Salad	29 Teriyaki Chicken with Brown Rice Pizza Turkey & Cheese Sub Carrots & Cucumber	30 Pulled BBQ Pork Sandwich Chili with Roll Black Forest Chicken Sub Corn Salsa	31 Hot Dog Pizza Turkey & Cheese Sub Carrots & Cucumber

Menu Subject to Change Based on Product Availability.

Daily assorted milk • Daily fresh fruits & veggies
 Signature side salad
 All grains offered are whole grain-rich
 Locally Sourced Ingredients Offered Regularly

Lunch Price
 Student \$0.00
 Adult: \$3.45



FCS Mobile App: view school menus, nutrient info, and make meal payments.

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