November 2019

College & Career Academy SCHOOL NUTRITY OF SCHOO

Menu Subject to Change Based on Product Availability.



Eat well. learn better!

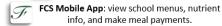
Students can choose a hot entree, fresh fruit, 100% juice, and skim or low-fat milk to start the day right!



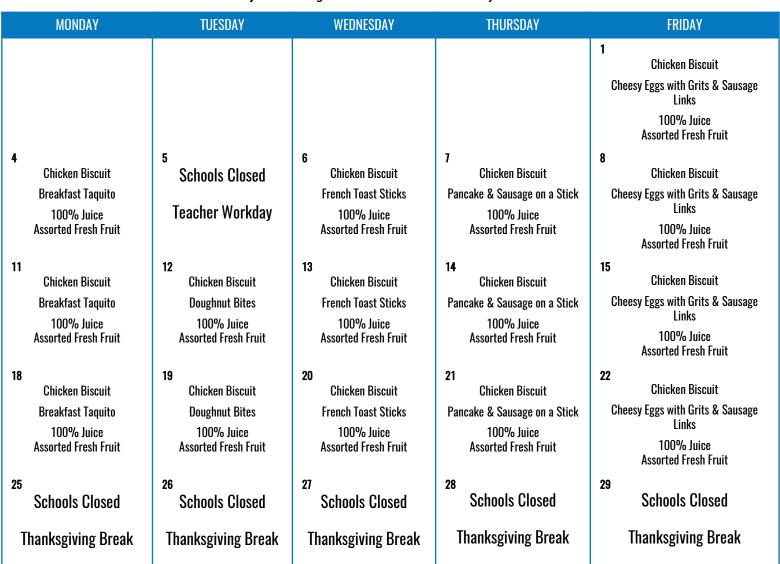
NOW HIRING CAFÉ WORKERS 770-497-8337 ext. 215 217N@Kellyservices.com







Visit **fcsnutrition.com** for more info! This institution is an equal opportunity provider.



Daily Assorted Milk • Daily Fresh Fruits Locally Sourced Ingredients Offered Regularly

Breakfast Price Student \$0.00 Adult: \$1.60







NOW HIRING CAFÉ WORKERS 770-497-8337 ext. 215 217N@Kellyservices.com





FCS Mobile App: view school menus, nutrient info, and make meal payments.

Visit fcsnutrition.com for more info! This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Hot Dog Pizza Fresh Deli Sub Carrots & Cucumber
4 Chicken Nuggets with Roll Pizza Fresh Deli Sub Carrots & Cucumber	5 Schools Closed Teacher Workday	6 General Tso's Chicken with Brown Rice Pizza Fresh Deli Sub Carrots & Cucumber	7 Southern Breaded Chicken with Roll Grilled Chicken Sandwich Fresh Deli Sub Corn Salsa	8 Spicy Chicken Sandwich Pizza Fresh Deli Sub Carrots & Cucumber
11 Southern Style Chicken Bites with Roll Pizza Fresh Deli Sub Carrots & Cucumber	12 Meatball Spaghetti Bowl Veggie Burger Fresh Deli Sub Bean Salad	13 Teriyaki Chicken with Brown Rice Pizza Fresh Deli Sub Carrots & Cucumber	14 BBQ Pulled Pork Sandwich Cheeseburger Fresh Deli Sub Corn Salsa	15 Hot Dog Pizza Fresh Deli Sub Carrots & Cucumber
18 Chicken & Waffles Pizza Fresh Deli Sub Carrots & Cucumber	19 Italian Pasta Bake with Garlic Breadstick Turkey & Cheese Croissant Fresh Deli Sub Bean Salad	20 General Tso's Chicken with Brown Rice Pizza Fresh Deli Sub Carrots & Cucumber	21 Southern Breaded Chicken with Roll Grilled Chicken Club Sandwich Fresh Deli Sub Corn Salsa	22 Spicy Chicken Sandwich Pizza Fresh Deli Sub Carrots & Cucumber
25 Schools Closed	26 Schools Closed	27 Schools Closed	28 Schools Closed	29 Schools Closed
Thanksgiving Break	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break

Daily assorted milk • Daily fresh fruits & veggies Signature side salad All grains offered are whole grain-rich Locally Sourced Ingredients Offered Regularly

Lunch Price **Student \$0.00** Adult: \$3.45