

November | 2019

College & Career Academy

BREAKFAST MENU

Menu Subject to Change Based on Product Availability.

FULTON COUNTY SCHOOLS
SCHOOL NUTRITION
Tasty Eats
WHERE STUDENTS COME FIRST



Eat well, learn better!

Students can choose a hot entree, fresh fruit, 100% juice, and skim or low-fat milk to start the day right!




NOW HIRING CAFÉ WORKERS
770-497-8337 ext. 215
217N@Kellyservices.com



@fcsnutrition

facebook.com/fcsnutrition

 **FCS Mobile App:** view school menus, nutrient info, and make meal payments.

Visit fcsnutrition.com for more info!
This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Chicken Biscuit Breakfast Taquito 100% Juice Assorted Fresh Fruit	5 Schools Closed Teacher Workday	6 Chicken Biscuit French Toast Sticks 100% Juice Assorted Fresh Fruit	7 Chicken Biscuit Pancake & Sausage on a Stick 100% Juice Assorted Fresh Fruit	1 Chicken Biscuit Cheesy Eggs with Grits & Sausage Links 100% Juice Assorted Fresh Fruit
11 Chicken Biscuit Breakfast Taquito 100% Juice Assorted Fresh Fruit	12 Chicken Biscuit Doughnut Bites 100% Juice Assorted Fresh Fruit	13 Chicken Biscuit French Toast Sticks 100% Juice Assorted Fresh Fruit	14 Chicken Biscuit Pancake & Sausage on a Stick 100% Juice Assorted Fresh Fruit	8 Chicken Biscuit Cheesy Eggs with Grits & Sausage Links 100% Juice Assorted Fresh Fruit
18 Chicken Biscuit Breakfast Taquito 100% Juice Assorted Fresh Fruit	19 Chicken Biscuit Doughnut Bites 100% Juice Assorted Fresh Fruit	20 Chicken Biscuit French Toast Sticks 100% Juice Assorted Fresh Fruit	21 Chicken Biscuit Pancake & Sausage on a Stick 100% Juice Assorted Fresh Fruit	15 Chicken Biscuit Cheesy Eggs with Grits & Sausage Links 100% Juice Assorted Fresh Fruit
25 Schools Closed Thanksgiving Break	26 Schools Closed Thanksgiving Break	27 Schools Closed Thanksgiving Break	28 Schools Closed Thanksgiving Break	22 Chicken Biscuit Cheesy Eggs with Grits & Sausage Links 100% Juice Assorted Fresh Fruit
				29 Schools Closed Thanksgiving Break

Daily Assorted Milk • Daily Fresh Fruits
Locally Sourced Ingredients Offered Regularly

Breakfast Price
Student \$0.00
Adult: \$1.60

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LUNCH MENU

Celebrate with
the Café



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>4 Chicken Nuggets with Roll Pizza Fresh Deli Sub Carrots & Cucumber</p> <p>11 Southern Style Chicken Bites with Roll Pizza Fresh Deli Sub Carrots & Cucumber</p> <p>18 Chicken & Waffles Pizza Fresh Deli Sub Carrots & Cucumber</p> <p>25 Schools Closed Thanksgiving Break</p>	<p>5 Schools Closed Teacher Workday</p> <p>12 Meatball Spaghetti Bowl Veggie Burger Fresh Deli Sub Bean Salad</p> <p>19 Italian Pasta Bake with Garlic Breadstick Turkey & Cheese Croissant Fresh Deli Sub Bean Salad</p> <p>26 Schools Closed Thanksgiving Break</p>	<p>6 General Tso's Chicken with Brown Rice Pizza Fresh Deli Sub Carrots & Cucumber</p> <p>13 Teriyaki Chicken with Brown Rice Pizza Fresh Deli Sub Carrots & Cucumber</p> <p>20 General Tso's Chicken with Brown Rice Pizza Fresh Deli Sub Carrots & Cucumber</p> <p>27 Schools Closed Thanksgiving Break</p>	<p>7 Southern Breaded Chicken with Roll Grilled Chicken Sandwich Fresh Deli Sub Corn Salsa</p> <p>14 BBQ Pulled Pork Sandwich Cheeseburger Fresh Deli Sub Corn Salsa</p> <p>21 Southern Breaded Chicken with Roll Grilled Chicken Club Sandwich Fresh Deli Sub Corn Salsa</p> <p>28 Schools Closed Thanksgiving Break</p>	<p>1 Hot Dog Pizza Fresh Deli Sub Carrots & Cucumber</p> <p>8 Spicy Chicken Sandwich Pizza Fresh Deli Sub Carrots & Cucumber</p> <p>15 Hot Dog Pizza Fresh Deli Sub Carrots & Cucumber</p> <p>22 Spicy Chicken Sandwich Pizza Fresh Deli Sub Carrots & Cucumber</p> <p>29 Schools Closed Thanksgiving Break</p>

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Daily assorted milk • Daily fresh fruits & veggies
Signature side salad
All grains offered are whole grain-rich
Locally Sourced Ingredients Offered Regularly

Lunch Price
Student \$0.00
Adult: \$3.45