

# August 2019 Fulton County Schools

## College & Career Academy Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
12	13	14	15	16
Chicken Biscuit	Chicken Biscuit	Chicken Biscuit	Chicken Biscuit	Chicken Biscuit
Breakfast Taquito	Doughnut Bites	French Toast Sticks	Pancake & Sausage	Cheesy Eggs with Grits
100% Juice	100% Juice	100% Juice	on a Stick	& Sausage Links
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	100% Juice Assorted Fresh Fruit	100% Juice Assorted Fresh Fruit
19	20	21	22	<b>23</b>
Chicken Biscuit	Chicken Biscuit	Chicken Biscuit	Chicken Biscuit	Chicken Biscuit
Breakfast Taquito	Doughnut Bites	French Toast Sticks	Pancake & Sausage	Cheesy Eggs with Grits
100% Juice	100% Juice	100% Juice	on a Stick	& Sausage Links
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	100% Juice Assorted Fresh Fruit	100% Juice Assorted Fresh Fruit
26	27	28	29	30
Chicken Biscuit	Chicken Biscuit	Chicken Biscuit	Chicken Biscuit	Chicken Biscuit
Breakfast Taquito	Doughnut Bites	French Toast Sticks	Pancake & Sausage	Cheesy Eggs with Grits
100% Juice	100% Juice	100% Juice	on a <mark>Stick</mark>	& Sausage Links
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	100% Ju <mark>ice</mark> Assorted Fres <mark>h Fruit</mark>	100% Juice Assorted Fresh Fruit

Daily Assorted Milk • Daily Fresh Fruits
Locally Sourced Ingredients Offered Regularly

NOW HIRING CAFÉ WORKERS 770-497-8337 ext. 215 217N@Kellyservices.com





@fcsnutrition





FCS Mobile App: view school menus, nutrient info, and make meal payments.

Visit fcsnutrition.com for more info!

This institution is an equal opportunity provider.



School Breakfast fuels classroom performance!

Students can choose a hot entree, fresh fruit, 100% juice, and skim or low-fat milk to start the day right!



Student \$0.00 Adult: \$1.60

### August 2019 **Fulton County Schools** College & Career Academy Lunch Menu

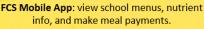
Monday	Tuesday	Wednesday	Thursday	Friday	
12	13	14	15	16	
Chicken Nuggets with Roll Pizza Fresh Deli Sub Carrots & Cucumber	Veggie Lasagna with Garlic Breadstick Philly Cheesesteak Fresh Deli Sub Bean Salad	General Tso's Chicken with Brown Rice Pizza Fresh Deli Sub Carrots & Cucumber	Southern Breaded Chicken with Roll Grilled Chicken Sandwich Fresh Deli Sub Corn Salsa	Spicy Chicken Sandwich Pizza Fresh Deli Sub Carrots & Cucumber	
19	20	21	22	23	
Southern Style Chicken Bites with Roll Pizza Fresh Deli Sub Carrots & Cucumber	Meatball Spaghetti Bowl Veggie Burger Fresh Deli Sub Bean Salad	Teriyaki Chicken with Brown Rice Pizza Fresh Deli Sub Carrots & Cucumber	BBQ Pulled Pork Sandwich Cheeseburger Fresh Deli Sub Corn Salsa	Hot Dog Pizza Fresh Deli Sub Carrots & Cucumber	
26	27	28	29	30	
Chicken & Waffles Pizza Fresh Deli Sub Carrots & Cucumber	Italian Pasta Bake with Garlic Breadstick Turkey & Cheese Croissant Fresh Deli Sub Bean Salad	General Tso's Chicken with Brown Rice Pizza Fresh Deli Sub Carrots & Cucumber	Southern Breaded Chicken with Roll Grilled Chicken Club Sandwich Fresh Deli Sub Corn Salsa	Spicy Chicken Sandwich Pizza Fresh Deli Sub Carrots & Cucumber	
	Menu Subject to Change Based on Product Availability				

Menu Subject to Change Based on Product Availability.

Daily assorted milk • Daily fresh fruits & veggies Signature side salad All grains offered are whole grain-rich Locally Sourced Ingredients Offered Regularly







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WHERE STUDENTS COME FIRST

### Welcome Back!

Student tested & Chef crafted NEW entrees:

- Veggie Lasagna
- Philly Cheesesteak
  - Southern Style **Chicken Bites**
- BBQ Pulled Pork Sandwich

Be on the lookout for these new entrees!



Lunch Price Student \$0.00 Adult: \$3.45

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