February 2023



Menu Subject to Change Based on Product Availability.



Kids who eat well, learn better!

Students can choose from hot & cold entrees, fresh fruit, 100% juice, and skim or low-fat milk to start the day right!





WHERE STUDENTS COME FIRST



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Chicken Biscuit French Toast Sticks (V) Assorted Cereals (V) Assorted Cereals (V)	2 Pancake & Sausage on a Stick Assorted Cereals (V) Assorted Cereals (V) Assorted Cereals (V)	3 Chicken Biscuit French Toast Sticks (V) Assorted Cereals (V) Assorted Cereals (V)
6 Chicken Biscuit Doughnut Bites (V) Assorted Cereals (V) Assorted Cereals (V)	7 French Toast Sticks (V) Assorted Cereals (V) Assorted Cereals (V)	8 Chicken Biscuit French Toast Sticks (V) Assorted Cereals (V) Assorted Cereals (V)	9 Pancake & Sausage on a Stick Assorted Cereals (V) Assorted Cereals (V) Assorted Cereals (V)	10 Chicken Biscuit French Toast Sticks (V) Assorted Cereals (V) Assorted Cereals (V)
13 Chicken Biscuit Doughnut Bites (V) Assorted Cereals (V) Assorted Cereals (V)	14 French Toast Sticks (V) Assorted Cereals (V) Assorted Cereals (V)	15 Chicken Biscuit French Toast Sticks (V) Assorted Cereals (V) Assorted Cereals (V)	16 Pancake & Sausage on a Stick Assorted Cereals (V) Assorted Cereals (V) Assorted Cereals (V)	17 Chicken Biscuit French Toast Sticks (V) Assorted Cereals (V) Assorted Cereals (V)
20 Presidents' Day Schools Closed	21 Professional Development Day Schools Closed	22 Steak Chicken Biscuit French Toast Sticks (V) Assorted Cereals (V) Assorted Cereals (V)	23 Pancake & Sausage on a Stick Assorted Cereals (V) Assorted Cereals (V) Assorted Cereals (V)	Chicken Biscuit French Toast Sticks (V) Assorted Cereals (V) Assorted Cereals (V)
27 Chicken Biscuit Doughnut Bites (V) Assorted Cereals (V) Assorted Cereals (V)	28 French Toast Sticks (V) Assorted Cereals (V) Assorted Cereals (V)			

daily assorted choice of milk • daily fresh fruits • 100% fruit juice

locally sourced ingredients offered regularly daily vegetarian option (V)

Breakfast Price

Student: \$1.25 Reduced: \$0.30 Adult: \$2.00

February 2023

College & Career Academy 15 UNITH INTERNITY

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Did You Know:

Nutritious School Meals Help Kids Learn!

- ✓ Improves test scores
- ✓ Helps with comprehension & memory
 - ✓ Increased attendance
 - \checkmark Improves diet health
- ✓ Reduces visits to the school nurse





WHERE STUDENTS COME FIRST



This institution is an equal opportunity provider.

Lunch Price Student: \$0.00

Student: \$0.0 Adult: \$4.00

Tangerine Chicken with Rice
Classic Pizza Slice:
Cheese or Pepperoni
Fresh Deli Sub
100% Fruit Slushie
Signature Side Salad
Carrots & Cucumbers

MONDAY

Nashville Hot Chicken Nuggets
with Breadstick
Cheeseburger
Veggie Burger
Fresh Deli Sub
100% Fruit Slushie
Signature Side Salad
Carrots & Cucumbers

20

Presidents' Day Schools Closed

Tangerine Chicken with Rice Classic Pizza Slice: Cheese or Pepperoni Fresh Deli Sub 100% Fruit Slushie Signature Side Salad Veggie Lasagna with Breadstick Turkey Hot Dog Fresh Deli Sub Signature Side Salad Corn & Bean Salsa

TUESDAY

14
Classic Pizza Slice:
Cheese or Buffalo Chicken Pizza
Philly Beef Sub
Fresh Deli Sub
Signature Side Salad
Corn & Bean Salsa

Professional
Development Day
Schools Closed

28
Veggie Lasagna with Breadstick
Turkey Hot Dog
Fresh Deli Sub
Signature Side Salad
Corn & Bean Salsa

General Tso's Chicken with Rice Classic Pizza Slice: Cheese or Pepperoni Fresh Deli Sub Baby Carrots Carrots & Cucumbers

WEDNESDAY

B General Tso's Chicken with Rice Classic Pizza Slice: Cheese or Pepperoni Fresh Deli Sub Baby Carrots Carrots & Cucumbers

General Tso's Chicken
with Rice
Classic Pizza Slice:
Cheese or Pepperoni
Fresh Deli Sub
Baby Carrots
Carrots & Cucumbers

22 General Tso's Chicken with Rice Mini Cheese Quesadillas Fresh Deli Sub Baby Carrots Carrots & Cucumbers Crispy Chicken Thigh with Roll
Veggie Burger
Fresh Deli Sub
Corn & Bean Salsa
Signature Side Salad
Chocolate Chip Cookie

THURSDAY

9 Crispy Chicken Thigh with Roll Classic Pizza Slice: Cheese or Meat Lover's Pizza Fresh Deli Sub Corn & Bean Salsa Signature Side Salad Chocolate Chip Cookie

16 Crispy Chicken Thigh with Roll Classic Pizza Slice: Cheese or Meat Lover's Pizza Fresh Deli Sub Corn & Bean Salsa Signature Side Salad Chocolate Chip Cookie

23
Crispy Chicken Thigh with Roll
Cheeseburger
Fresh Deli Sub
Corn & Bean Salsa
Signature Side Salad
Chocolate Chip Cookie

Classic Pizza Slice:
Cheese or Pepperoni
Spicy Chicken Sandwich
Fresh Deli Sub
Signature Side Salad
Carrots & Cucumbers

FRIDAY

10 Classic Pizza Slice: Cheese or Pepperoni Spicy Chicken Sandwich Fresh Deli Sub Signature Side Salad Carrots & Cucumbers

17 Classic Pizza Slice: Cheese or Pepperoni Spicy Chicken Sandwich Fresh Deli Sub Signature Side Salad Carrots & Cucumbers

Classic Pizza Slice:
Cheese or Pepperoni
Spicy Chicken Sandwich
Fresh Deli Sub
Signature Side Salad
Carrots & Cucumbers

Daily offerings:

Assorted milk • Assorted fresh fruits & veggies

locally sourced ingredients offered regularly