

November | 2023

# College & Career Academy

## LUNCH MENU

Menu Subject to Change Based on Product Availability.

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   |
|--|---|--|---|--|
| <p>6 Chicken &amp; Waffles<br/>Chef Selection Hot Sandwich<br/>Cheese Pizza Slice (V)<br/>Signature Side Salad<br/>Carrots &amp; Cucumbers</p> <p>13 Tangerine Chicken with Rice<br/>Chef Selection Hot Sandwich<br/>Cheese Pizza Slice (V)<br/>Signature Side Salad<br/>Carrots &amp; Cucumbers</p> <p>20 <i>Schools Closed</i><br/><i>Thanksgiving Break</i></p> <p>27 Chicken &amp; Waffles<br/>Chef Selection Hot Sandwich<br/>Cheese Pizza Slice (V)<br/>Signature Side Salad<br/>Carrots &amp; Cucumbers</p> | <p>7 <i>Remote Learning Day</i><br/><i>Election Day</i></p> <p>14 Buffalo Chicken Pizza Slice<br/>Chef Selection Crispy Chicken Basket<br/>Veggie Lasagna with Breadstick (V)<br/>Signature Side Salad<br/>Corn &amp; Black Bean Salsa</p> <p>21 <i>Schools Closed</i><br/><i>Thanksgiving Break</i></p> <p>28 Buffalo Chicken Pizza Slice<br/>Chef Selection Crispy Chicken Basket<br/>Cheese Pizza Slice (V)<br/>Signature Side Salad<br/>Corn &amp; Black Bean Salsa</p> | <p>1 General Tso's Chicken with Rice<br/>Chef Selection Hot Sandwich<br/>Cheese Pizza Slice (V)<br/>Signature Side Salad<br/>Baby Carrots</p> <p>8 General Tso's Chicken with Rice<br/>Chef Selection Hot Sandwich<br/>Cheese Pizza Slice (V)<br/>Signature Side Salad<br/>Baby Carrots</p> <p>15 Chef Selection Hot Sandwich<br/>Chef Selection Crispy Chicken Basket<br/>Cheese Pizza Slice (V)<br/>Signature Side Salad<br/>Baby Carrots</p> <p>22 <i>Schools Closed</i><br/><i>Thanksgiving Break</i></p> <p>29 General Tso's Chicken with Rice<br/>Chef Selection Hot Sandwich<br/>Cheese Pizza Slice (V)<br/>Signature Side Salad<br/>Baby Carrots</p> | <p>2 Crispy Chicken Thigh with Garlic Knot<br/>Chef Selection Hot Sandwich<br/>Hummus &amp; Yogurt Plate (V)<br/>Signature Side Salad<br/>Carrots &amp; Cucumbers</p> <p>9 Crispy Chicken Thigh with Garlic Knot<br/>Chef Selection Hot Sandwich<br/>Hummus &amp; Yogurt Plate (V)<br/>Signature Side Salad<br/>Carrots &amp; Cucumbers</p> <p>16 Crispy Chicken Thigh with Garlic Knot<br/>Chef Selection Hot Sandwich<br/>Hummus &amp; Yogurt Plate (V)<br/>Signature Side Salad<br/>Carrots &amp; Cucumbers</p> <p>23 <i>Schools Closed</i><br/><i>Thanksgiving Break</i></p> <p>30 Crispy Chicken Thigh with Garlic Knot<br/>Chef Selection Hot Sandwich<br/>Cheese Chef Salad (V)<br/>Signature Side Salad<br/>Carrots &amp; Cucumbers</p> | <p>3 Classic Pizza Slice: Cheese (V) or Pepperoni<br/>Chef Selection Crispy Chicken Basket<br/>Carrots &amp; Cucumbers<br/>Corn &amp; Black Bean Salsa</p> <p>10 Classic Pizza Slice: Pepperoni<br/>Chef Selection Crispy Chicken Basket<br/>Mac &amp; Cheese (V)<br/>Carrots &amp; Cucumbers<br/>Corn &amp; Black Bean Salsa</p> <p>17 Classic Pizza Slice: Cheese (V)<br/>Chef Selection Crispy Chicken Basket<br/>General Tso's Chicken with Rice<br/>Carrots &amp; Cucumbers<br/>Corn &amp; Black Bean Salsa</p> <p>24 <i>Schools Closed</i><br/><i>Thanksgiving Break</i></p> <p><b>Lunch Price</b><br/>Student: \$2.70<br/>Reduced: \$0.40<br/>Adult: \$4.75</p> |

Did You Know:

### Nutritious School Meals Help Kids Learn!

- ✓ Improves test scores
- ✓ Helps with comprehension & memory
- ✓ Increased attendance
- ✓ Improves diet health
- ✓ Reduces visits to the school nurse



FULTON COUNTY SCHOOLS  
**SCHOOL NUTRITION**

Tasty Eats

WHERE STUDENTS COME FIRST



This institution is an equal opportunity provider.

#### Daily offerings:

assorted fresh fruits & veggies • choice of milk

locally sourced ingredients offered regularly

daily vegetarian option (V)