

September | 2022

College & Career Academy

BREAKFAST MENU

Menu Subject to Change Based on Product Availability.



Kids who eat well,
learn better!

Students can choose
from hot & cold
entrees, fresh fruit,
100% juice, and skim
or low-fat milk to
start the day right!



FULTON COUNTY SCHOOLS

SCHOOL NUTRITION

Tasty Eats

WHERE STUDENTS COME FIRST



This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Labor Day Schools Closed	6 Remote Learning Day	7 Steak Biscuit French Toast Sticks (V) 100% Fruit Juice Assorted Fresh Fruit	1 Sausage, Egg & Cheese Croissant Smoothie with Scone (V) 100% Fruit Juice Assorted Fresh Fruit	2 Chicken Biscuit Assorted Cereals (V) 100% Fruit Juice Assorted Fresh Fruit
12 Steak Biscuit Doughnut Bites (V) 100% Fruit Juice Assorted Fresh Fruit	13 Chicken Biscuit Assorted Cereals (V) 100% Fruit Juice Assorted Fresh Fruit	14 Steak Biscuit French Toast Sticks (V) 100% Fruit Juice Assorted Fresh Fruit	8 Sausage, Egg & Cheese Croissant Smoothie with Scone (V) 100% Fruit Juice Assorted Fresh Fruit	9 Chicken Biscuit Assorted Cereals (V) 100% Fruit Juice Assorted Fresh Fruit
19 Steak Biscuit Doughnut Bites (V) 100% Fruit Juice Assorted Fresh Fruit	20 Chicken Biscuit Assorted Cereals (V) 100% Fruit Juice Assorted Fresh Fruit	21 Steak Biscuit French Toast Sticks (V) 100% Fruit Juice Assorted Fresh Fruit	15 Sausage, Egg & Cheese Croissant Smoothie with Scone (V) 100% Fruit Juice Assorted Fresh Fruit	16 Chicken Biscuit Assorted Cereals (V) 100% Fruit Juice Assorted Fresh Fruit
26 Steak Biscuit Doughnut Bites (V) 100% Fruit Juice Assorted Fresh Fruit	27 Chicken Biscuit Assorted Cereals (V) 100% Fruit Juice Assorted Fresh Fruit	28 Steak Biscuit French Toast Sticks (V) 100% Fruit Juice Assorted Fresh Fruit	22 Sausage, Egg & Cheese Croissant Smoothie with Scone (V) 100% Fruit Juice Assorted Fresh Fruit	23 Chicken Biscuit Assorted Cereals (V) 100% Fruit Juice Assorted Fresh Fruit
			29 Sausage, Egg & Cheese Croissant Smoothie with Scone (V) 100% Fruit Juice Assorted Fresh Fruit	30 Chicken Biscuit Assorted Cereals (V) 100% Fruit Juice Assorted Fresh Fruit

daily assorted choice of milk • daily fresh fruits • 100% fruit juice

locally sourced ingredients offered regularly

daily vegetarian option (V)

Breakfast Price

Student: \$0.00

Adult: \$2.00

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LUNCH MENU

Menu Subject to Change Based on Product Availability.

Did You Know:

Nutritious School Meals Help Kids Learn!

- ✓ Improves test scores
- ✓ Helps with comprehension & memory
- ✓ Increased attendance
- ✓ Improves diet health
- ✓ Reduces visits to the school nurse



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Daily offerings:</p> <ul style="list-style-type: none"> • assorted milk • assorted fresh fruits & veggies <p><i>locally sourced ingredients offered regularly</i></p>		<p>Lunch Price</p> <p>Student: \$0.00 Adult: \$4.00</p>		
<p>5</p> <p>Labor Day Schools Closed</p>	<p>6</p> <p>Remote Learning Day</p>	<p>7</p> <p>General Tso's Chicken with Brown Rice Classic Pizza Slice: Cheese or Pepperoni Fresh Deli Sub Carrots & Cucumbers</p>	<p>1</p> <p>Crispy Chicken Thigh with Roll Veggie Burger Fresh Deli Sub Corn & Bean Salsa Chocolate Chip Cookie</p>	<p>2</p> <p>Classic Pizza Slice: Cheese or Pepperoni Spicy Chicken Sandwich Fresh Deli Sub Carrots & Cucumbers</p>
<p>12</p> <p>Southern Style Chicken Bites with Roll Classic Pizza Slice: Cheese or Pepperoni Fresh Deli Sub Carrots & Cucumbers</p>	<p>13</p> <p>Chicken Alfredo with Breadstick Veggie Burger Fresh Deli Sub Corn & Bean Salsa</p>	<p>14</p> <p>General Tso's Chicken with Brown Rice Classic Pizza Slice: Cheese or Buffalo Chicken Fresh Deli Sub Carrots & Cucumbers</p>	<p>8</p> <p>Crispy Chicken Thigh with Roll Hot Dog Fresh Deli Sub Corn & Bean Salsa Chocolate Chip Cookie</p>	<p>9</p> <p>Classic Pizza Slice: Cheese or Pepperoni Spicy Chicken Sandwich Fresh Deli Sub Carrots & Cucumbers</p>
<p>19</p> <p>Chicken Tenders with Breadstick Classic Pizza Slice: Cheese or Pepperoni Fresh Deli Sub Carrots & Cucumbers</p>	<p>20</p> <p>Italian Pasta Bake with Breadstick Hot Dog Fresh Deli Sub Corn & Bean Salsa</p>	<p>21</p> <p>Chicken Filet Sandwich Classic Pizza Slice: Cheese or Pepperoni Fresh Deli Sub Carrots & Cucumbers</p>	<p>15</p> <p>Crispy Chicken Thigh with Roll Cheeseburger Fresh Deli Sub Corn & Bean Salsa Chocolate Chip Cookie</p>	<p>16</p> <p>Classic Pizza Slice: Cheese or Pepperoni Spicy Chicken Sandwich Fresh Deli Sub Carrots & Cucumbers</p>
<p>26</p> <p>Chicken & Waffles Classic Pizza Slice: Cheese or Pepperoni Fresh Deli Sub Carrots & Cucumbers</p>	<p>27</p> <p>Chicken Parmesan Bacon Cheeseburger Fresh Deli Sub Corn & Bean Salsa</p>	<p>28</p> <p>Salisbury Steak with Roll Classic Pizza Slice: Cheese or Pepperoni Fresh Deli Sub Carrots & Cucumbers</p>	<p>22</p> <p>Crispy Chicken Thigh with Roll Classic Pizza Slice: Cheese or Pepperoni Fresh Deli Sub Corn & Bean Salsa Chocolate Chip Cookie</p>	<p>23</p> <p>Classic Pizza Slice: Cheese or Pepperoni Spicy Chicken Sandwich Fresh Deli Sub Carrots & Cucumbers</p>
			<p>29</p> <p>Crispy Chicken Thigh with Roll Veggie Burger Fresh Deli Sub Corn & Bean Salsa Chocolate Chip Cookie</p>	<p>30</p> <p>Classic Pizza Slice: Cheese or Pepperoni Spicy Chicken Sandwich Fresh Deli Sub Carrots & Cucumbers</p>