



Goodson Farms is located in Wimauma, Florida.

Voyager Farms is located in Parrish, Florida.

Southern Valley Farms is located in Norman Park, Georgia.

Cucumbers

- Cucumbers are 96% water!
- Cucumbers originated in India and have been grown for over 3,000 years.
- The phrase “cool as a cucumber” is not just a funny saying. Cucumbers can be 20 degrees cooler on the inside versus the external temperature.

★ Cucumbers are a good source of potassium & vitamin C.

**Locally grown
Cucumbers
served this May!**



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