August 2021

Elementary School BREAKFAST-MENU

Menu Subject to Change Based on Product Availability.



Kids who eat well, learn better!

Students can choose from hot & cold entrees, fresh fruit, 100% juice, and skim or low-fat milk to start the day right!

MONDAY	
9 Sausage Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	1
16 Sausage Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	1 F
23 Sausage Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	2
30 Sausage Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	3

TUESDAY

10

Mini Pancakes

Muffin with Yogurt

100% Fruit Juice

Assorted Fresh Fruit

17

Pancake & Sausage on a Stick

Muffin with Yogurt

100% Fruit Juice

Assorted Fresh Fruit

24

Mini Pancakes

Muffin with Yogurt

100% Fruit Juice

Assorted Fresh Fruit

31

Pancake & Sausage on a Stick

Muffin with Yogurt

100% Fruit Juice Assorted Fresh Fruit Mini Waffles with Sausage
Assorted Cereals
100% Fruit Juice
Assorted Fresh Fruit

18
Mini Pancakes with Sausage
Assorted Cereals
100% Fruit Juice
Assorted Fresh Fruit

25
Mini Waffles with Sausage
Assorted Cereals
100% Fruit Juice
Assorted Cereals
100% Fruit Juice
Assorted Fresh Fruit

WEDNESDAY

THURSDAY

12
French Toast Sticks
Cereal Bar with Yogurt
100% Fruit Juice
Assorted Fresh Fruit

19
French Toast Sticks
Cereal Bar with Yogurt
100% Fruit Juice
Assorted Fresh Fruit

26
French Toast Sticks
Cereal Bar with Yogurt

100% Fruit Juice

Assorted Fresh Fruit

FRIDAY 13 Chicken Biscuit **Assorted Cereals** 100% Fruit Juice **Assorted Fresh Fruit** 20 Chicken Biscuit **Assorted Cereals** 100% Fruit Juice **Assorted Fresh Fruit** 27 Chicken Biscuit **Assorted Cereals** 100% Fruit Juice **Assorted Fresh Fruit**



Daily Assorted Milk • Daily Fresh Fruits

Locally Sourced Ingredients Offered Regularly

Daily Vegetarian Option

Breakfast Price Student: FREE Adult: \$1.60





August 2021

Elementary School LUNGER MENU

Menu Subject to Change Based on Product Availability.



Nutritious School Meals Help Kids Learn!

- ✓ Improves test scores
- ✓ Helps with comprehension & memory
 - ✓ Increased attendance
 - ✓ Improves diet health
- ✓ Reduces visits to the school nurse







MONDAY Veggie Lasagna with Breadstick **Chicken Nuggets** With Breadstick Turkey & Cheese Wrap Baby Carrots **Tater Tots** Italian Pasta Bake Chicken Taquito Cheese Pizza Pack Baby Carrots Mixed Veggies 23 Chicken Alfredo with Texas Toast

Chicken Alfredo
with Texas Toast
MorningStar Chik'n Nuggets
with Texas Toas
Cheese Pizza Pack
Baby Carrots
Sweet Potato Fries

30
Pancake & Sausage Griddle
Chicken Nuggets
With Breadstick
Cheese Pizza Pack
Baby Carrots
Potato Smiley Fries

Teriyaki Chicken with Brown Rice Burger Cheese Pizza Pack Signature Side Salad Peas & Carrots

TUESDAY

Tangerine Chicken with Brown Rice Mini Burgers Jamwich Pack Signature Side Salad Steamed Broccoli

17

Spicy Sichuan Chicken
with Brown Rice
Burger
Hummus Bento Box
Signature Side Salad
Edamame Succotash

31
General Tso's Chicken
with Brown Rice
Turkey & Cheese Croissant
Yogurt & Cheese Pack
Signature Side Salad
Steamed Broccoli

Nachos Hot Dog Black Bean Taco Salad

WEDNESDAY

11

Baby Carrots Black Beans

18
Salisbury Steak with Roll
Chicken Filet Sandwich
Hummus Bento Box
Baby Carrots
Mashed Potatoes

Nachos
Mini Corndogs
Turkey & Cheese Wrap
Baby Carrots
Black Beans

Southern Breaded Chicken with Texas Toast Mini Cheese Calzone

THURSDAY

Mini Cheese Calzone Yogurt & Cheese Pack Signature Side Salad Sweet Potato Fries Chocolate Chip Cookie

19
Chicken of the Day with Roll
Cheese Stuffed Breadstick
Grilled Chicken Chef Salad
Signature Side Salad
Baked Beans
Chocolate Chip Cookie

26
Southern Breaded Chicken
with Texas Toast
Cheese Quesadilla
Yogurt & Cheese Pack
Signature Side Salad
Tater Tots
Chocolate Chip Cookie

13

Cheese
Popcorn Shrimp with Mac & Cheese
Mac & Cheese
Jamwich Pack

FRIDAY

Classic Pizza Slice:

Carrot, Cucumber & Cherry Tomato Steamed Broccoli

20

Classic Pizza Slice:
Cheese or Meat Lover's
Filet of Fish Sandwich
Turkey & Cheese Lunchbox Buddy
Carrot, Cucumber & Cherry Tomato
Green Beans

27

Classic Pizza Slice:
Cheese
Popcorn Shrimp with Mac & Cheese
Mac & Cheese

Jamwich Pack Carrot, Cucumber & Cherry Tomato Steamed Broccoli

Bringing lunch from home?

❖ Select the <u>Pack Pal</u> from the cafe to enhance your lunchbox – it's FREE! ❖

Daily assorted milk • Daily fresh fruits & veggies

Locally Sourced Ingredients Offered Regularly

Daily Vegetarian Option

Lunch Price Student: FREE Adult: \$3.45