

November | 2019

Elementary School

BREAKFAST-IN-THE-CLASSROOM-MENU

FULTON COUNTY SCHOOLS
SCHOOL NUTRITION
Tasty Eats
WHERE STUDENTS COME FIRST



Kids who eat well,
learn better!

Students can choose
from hot & cold entrees,
fresh fruit, 100% juice,
and skim or low-fat milk
to start the day right!



NOW HIRING CAFÉ WORKERS
770-497-8337 ext. 215
217N@kellyservices.com



@fcsnutrition

facebook.com/fcsnutrition

FCS Mobile App: view school menus, nutrient
info, and make meal payments.

Visit fcsnutrition.com for more info!

This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Sausage Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	5 Schools Closed Teacher Workday	6 Waffles & Sausage Links Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	7 French Toast Sticks Yogurt & Golden Graham Cereal Bar 100% Fruit Juice Assorted Fresh Fruit	1 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
11 Breakfast Taquito Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	12 Pancake & Sausage on a Stick Banana Muffin & Yogurt 100% Fruit Juice Assorted Fresh Fruit	13 Pancakes & Sausage Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	14 French Toast Sticks Yogurt & Cinnamon Toast Crunch Cereal Bar 100% Fruit Juice Assorted Fresh Fruit	8 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
18 Sausage Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	19 Mini Pancakes Blueberry Muffin & Yogurt 100% Fruit Juice Assorted Fresh Fruit	20 Waffles & Sausage Links Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	21 French Toast Sticks Yogurt & Golden Graham Cereal Bar 100% Fruit Juice Assorted Fresh Fruit	15 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
25 Schools Closed Thanksgiving Break	26 Schools Closed Thanksgiving Break	27 Schools Closed Thanksgiving Break	28 Schools Closed Thanksgiving Break	22 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
				29 Schools Closed Thanksgiving Break

Menu Subject to Change Based on Product Availability.

Daily Assorted Milk • Daily Fresh Fruits
Locally Sourced Ingredients Offered Regularly
Daily Vegetarian Option

Breakfast Price
Student \$1.10
Reduced: \$0.30
Adult: \$1.60

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LUNCH MENU

Celebrate with
the Café

Harvest of the Month:
Sweet Potatoes!



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>4 Veggie Lasagna with Garlic Breadstick Chicken Nuggets with Garlic Breadstick Turkey & Cheese Wrap Baby Carrots Tater Tots</p> <p>11 Italian Pasta Bake Chicken Taquito Cheese Pizza Pack Baby Carrots Green Peas</p> <p>18 Chicken Alfredo with Garlic Breadstick MorningStar Chik'n Nuggets with Garlic Breadstick Cheese Pizza Pack Baby Carrots Sweet Potato Waffle Fries</p> <p>25 Schools Closed Thanksgiving Break</p>	<p>5 Schools Closed Teacher Workday</p> <p>12 Tangerine Chicken with Brown Rice Mini Burgers Jamwich Pack Signature Side Salad Steamed Broccoli</p> <p>19 Spicy Sichuan Chicken with Veggie Fried Rice Chicken Soft Tacos Hummus Bento Box Signature Side Salad Edamame Succotash</p> <p>26 Schools Closed Thanksgiving Break</p>	<p>6 Tex Mex Nachos Cheese Nachos Mini Hotdogs Black Bean Taco Salad Baby Carrots Black Beans</p> <p>13 Salisbury Steak with Roll Chicken Filet Sandwich Hummus Bento Box Baby Carrots Mashed Potatoes</p> <p>20 Grande Nachos Cheese Nachos Mini Corndogs Turkey & Cheese Wrap Baby Carrots Black Beans</p> <p>27 Schools Closed Thanksgiving Break</p>	<p>7 Southern Breaded Chicken with Roll Mini Cheese Calzone Yogurt & Cheese Pack Signature Side Salad  Roasted Sweet Potatoes</p> <p>14 BBQ Pulled Pork with Texas Toast Cheese Stuffed Breadstick Turkey Chef Salad Signature Side Salad Baked Beans Chocolate Chip Cookie</p> <p>21 Pancake & Sausage Griddle Pretzel Bites with Cheese Dip Yogurt & Cheese Pack Signature Side Salad Tater Tots</p> <p>28 Schools Closed Thanksgiving Break</p>	<p>1 Filet of Fish Sandwich Meat Lover's Pizza Cheese Pizza Jamwich Pack Carrot, Cucumber & Cherry Tomato Buffalo Cauliflower</p> <p>8 Cheese Pizza Popcorn Shrimp with Mac & Cheese Mac & Cheese Jamwich Pack Carrot, Cucumber & Cherry Tomato Steamed Broccoli</p> <p>15 Cheese Pizza Meat Lover's Pizza Seafood Basket Turkey & Cheese Lunchbox Buddy Carrot, Cucumber & Cherry Tomato Green Beans</p> <p>22 Cheese Pizza Popcorn Shrimp with Mac & Cheese Mac & Cheese Jamwich Pack Carrot, Cucumber & Cherry Tomato Steamed Broccoli</p> <p>29 Schools Closed Thanksgiving Break</p>

Daily assorted milk • Daily fresh fruits & veggies

All grains offered are whole grain-rich

Locally Sourced Ingredients Offered Regularly

Daily Vegetarian Option

Menu Subject to Change Based on Product Availability.

Lunch Price

Student \$2.45

Reduced: \$0.40

Adult: \$3.45