

WHERE STUDENTS COME FIRST

## August 2019 **Fulton County Schools**

	iry School	DIGAKIASL I	II TIIG UTASSI	UUIII MIGIIU
Monday	Tuesday	Wednesday	Thursday	Friday
12	13	14	15	16
Sausage Biscuit Assorted Gereals	Mini Pancakes Blueberry Muffin	Waffles & Sausage Links	French Toast Sticks Yogurt & Golden Graham	Chicken Biscuit Assorted Cereals
100% Fruit Juice Assorted Fresh Fruit	& Yogurt 100% Fruit Juice Assorted Fresh Fruit	Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	Cereal Bar 100% Fruit Juice Assorted Fresh Fruit	100% Fruit Juice Assorted Fresh Fruit
19	20	21	22	23
Breakfast Taquito Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	Pancake & Sausage on a Stick Banana Muffin & Yogurt	Pancakes & Sausage Assorted Gereals 100% Fruit Juice Assorted Fresh Fruit	French Toast Sticks Yogurt & Cinnamon Toast Crunch Cereal Bar 100% Fruit Juice	Chicken Biscuit Assorted Cereals
				100% Fruit Juice Assorted Fresh Fruit
	100% Fruit Juice Assorted Fresh Fruit		Assorted Fresh Fruit	
26	27	28	29	30
Sausage Biscuit Assorted Cereals	Mini Pancakes Blueberry Muffin	Waffles & Sausage Links	French Toast Sticks Yogurt & Golden Graham	Chicken Biscuit Assorted Cereals
100% Fruit Juice	& Yogurt	Assorted Cereals	Cereal Bar	100% Fruit Juice
Assorted Fresh Fruit	100% Fruit Juice Assorted Fresh Fruit	100% Fruit Juice Assorted Fresh Fruit	100% F <mark>ruit Juice</mark> Assorted <mark>Fresh Fruit</mark>	Assorted Fresh Fruit
aily Assorted Milk	• Daily Fresh Fruits		© 💟 @fcsnut	rition

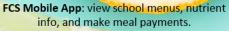
Locally Sourced Ingredients Offered Regularly

**Daily Vegetarian Option** 

**NOW HIRING CAFÉ WORKERS** 770-497-8337 ext. 215 217N@Kellyservices.com







Visit fcsnutrition.com for more info! This institution is an equal opportunity provider.



School Breakfast fuels classroom performance!

Students can choose from hot & cold entrees, fresh fruit, 100% juice, and skim or low-fat milk to start the day right!



Breakfast Price **Student \$1.10** Reduced: \$0.30 **Adult: \$1.60** 



## Fulton County Schools Elementary School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday	
Veggie Lasagna with Garlic Breadstick Chicken Nuggets with Garlic Breadstick Turkey & Cheese Wrap Baby Carrots Tater Tots	Teriyaki Chicken with Brown Rice Burger Cheese Pizza Pack Signature Side Salad Peas & Carrots	Tex Mex Nachos Cheese Nachos Mini Hotdog Baby Carrots Black Beans	Southern Breaded Chicken with Roll Mini Cheese Calzone Yogurt & Cheese Pack Signature Side Salad Steamed Corn	Cheese Pizza Popcorn Shrimp with Mac & Cheese Mac & Cheese Jamwich Pack Carrot, Cucumber & Cherry Tomato Steamed Broccoli	
19 Italian Pasta Bake Chicken Taquito Cheese Pizza Pack Baby Carrots Green Peas	Tangerine Chicken with Brown Rice Mini Burgers Jamwich Pack Signature Side Salad Steamed Broccoli	Salisbury Steak with Roll Chicken Filet Sandwich Hummus Bento Box Baby Carrots Mashed Potatoes	BBQ Pulled Pork with Texas Toast Cheese Stuffed Breadstick Turkey Chef Salad Signature Side Salad Baked Beans Chocolate Chip Cookie	Cheese Pizza Meat Lover's Pizza Seafood Basket Turkey & Cheese Lunchbox Buddy Carrot, Cucumber & Cherry Tomato Green Beans	
Chicken Alfredo with Garlic Breadstick MorningStar Chik'n Nuggets with Garlic Breadstick Cheese Pizza Pack Baby Carrots Sweet Potato Waffle Fries	Spicy Sichuan Chicken with Veggie Fried Rice Chicken Soft Tacos Hummus Bento Box Signature Side Salad Edamame Succotash	Grande Nachos Cheese Nachos Mini Corndogs Turkey & Cheese Wrap Baby Carrots Black Beans	Pancake & Sausage Griddle Pretzel Bites with Cheese Dip Yogurt & Cheese Pack Signature Side Salad Tater Tots	Cheese Pizza Popcorn Shrimp with Mac & Cheese Mac & Cheese Jamwich Pack Carrot, Cucumber & Cherry Tomato Steamed Broccoli	
Menu Subject to Change Based on Product Availabili					

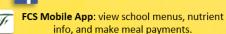
Daily assorted milk • Daily fresh fruits & veggies All grains offered are whole grain-rich

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## Welcome Back!

Student tested & Chef crafted <u>NEW</u> entrees:

- Italian Pasta Bake
- Chicken Taquito
- Tangerine Chicken
  - •BBQ Pulled Pork with Texas Toast
    - MorningStar

Chik'n Nuggets

Pretzel Bites with Cheese Dip

Be on the lookout for locally grown watermelon!



Lunch Price Student \$2.45 Reduced: \$0.40 Adult: \$3.45