

August | 2019

# Fulton County Schools Elementary School Breakfast Menu



Menu Subject to Change Based on Product Availability.

Monday	Tuesday	Wednesday	Thursday	Friday
12 Sausage Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	13 Mini Pancakes Blueberry Muffin & Yogurt 100% Fruit Juice Assorted Fresh Fruit	14 Waffles & Sausage Links Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	15 French Toast Sticks Yogurt Parfait & Golden Graham Cereal Bar 100% Fruit Juice Assorted Fresh Fruit	16 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
19 Breakfast Taquito Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	20 Pancake & Sausage on a Stick Banana Muffin & Yogurt 100% Fruit Juice Assorted Fresh Fruit	21 Pancakes & Sausage Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	22 French Toast Sticks Smoothie & Cinnamon Toast Crunch Cereal Bar 100% Fruit Juice Assorted Fresh Fruit	23 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
26 Sausage Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	27 Mini Pancakes Blueberry Muffin & Yogurt 100% Fruit Juice Assorted Fresh Fruit	28 Waffles & Sausage Links Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	29 French Toast Sticks Yogurt Parfait & Golden Graham Cereal Bar 100% Fruit Juice Assorted Fresh Fruit	30 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit

*School Breakfast  
fuels classroom  
performance!*

*Students can choose  
from hot & cold  
entrees, fresh fruit,  
100% juice, and  
skim or low-fat  
milk to start the  
day right!*



**Daily Assorted Milk • Daily Fresh Fruits**  
*Locally Sourced Ingredients Offered Regularly*  
**Daily Vegetarian Option**

**NOW HIRING CAFÉ WORKERS**  
 770-497-8337 ext. 215  
 217N@Kellyservices.com



**FCS Mobile App:** view school menus, nutrient info, and make meal payments.

Visit [fcsnutrition.com](http://fcsnutrition.com) for more info!

This institution is an equal opportunity provider.

**Breakfast Price**  
 Student \$1.10  
 Reduced: \$0.30  
 Adult: \$1.60



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# Fulton County Schools Elementary School Lunch Menu

FULTON COUNTY SCHOOLS  
**SCHOOL NUTRITION**  
*Tasty Eats*  
**WHERE STUDENTS COME FIRST**

Welcome Back!

Student tested & Chef crafted NEW entrees:

- Italian Pasta Bake
- Chicken Taquito
- Tangerine Chicken
- BBQ Pulled Pork with Texas Toast
- MorningStar Chik'n Nuggets
- Pretzel Bites with Cheese Dip

**Be on the lookout for locally grown watermelon!**



**Lunch Price**  
Student \$2.45  
Reduced: \$0.40  
Adult: \$3.45

Monday

Tuesday

Wednesday

Thursday

Friday

12

Veggie Lasagna with Garlic Breadstick  
Chicken Nuggets with Garlic Breadstick  
Turkey & Cheese Wrap  
Baby Carrots  
Tater Tots

13

Teriyaki Chicken with Brown Rice Burger  
Cheese Pizza Pack  
Signature Side Salad  
Peas & Carrots

14

Tex Mex Nachos  
Cheese Nachos  
Mini Hotdog  
Baby Carrots  
Black Beans

15

Southern Breaded Chicken with Roll  
Mini Cheese Calzone  
Yogurt & Cheese Pack  
Signature Side Salad  
Steamed Corn

16

Cheese Pizza  
Popcorn Shrimp with Mac & Cheese  
Mac & Cheese  
Jamwich Pack  
Carrot, Cucumber & Cherry Tomato  
Steamed Broccoli

19

Italian Pasta Bake  
Chicken Taquito  
Cheese Pizza Pack  
Baby Carrots  
Green Peas

20

Tangerine Chicken with Brown Rice  
Mini Burgers  
Jamwich Pack  
Signature Side Salad  
Steamed Broccoli

21

Salisbury Steak with Roll  
Chicken Filet Sandwich  
Hummus Bento Box  
Baby Carrots  
Mashed Potatoes

22

BBQ Pulled Pork with Texas Toast  
Cheese Stuffed Breadstick  
Turkey Chef Salad  
Signature Side Salad  
Baked Beans  
Chocolate Chip Cookie

23

Cheese Pizza  
Meat Lover's Pizza  
Seafood Basket  
Turkey & Cheese Lunchbox Buddy  
Carrot, Cucumber & Cherry Tomato  
Green Beans

26

Chicken Alfredo with Garlic Breadstick  
MorningStar Chik'n Nuggets with Garlic Breadstick  
Cheese Pizza Pack  
Baby Carrots  
Sweet Potato Waffle Fries

27

Spicy Sichuan Chicken with Veggie Fried Rice  
Chicken Soft Tacos  
Hummus Bento Box  
Signature Side Salad  
Edamame Succotash

28

Grande Nachos  
Cheese Nachos  
Mini Corndogs  
Turkey & Cheese Wrap  
Baby Carrots  
Black Beans

29

Pancake & Sausage Griddle  
Pretzel Bites with Cheese Dip  
Yogurt & Cheese Pack  
Signature Side Salad  
Tater Tots

30

Cheese Pizza  
Popcorn Shrimp with Mac & Cheese  
Mac & Cheese  
Jamwich Pack  
Carrot, Cucumber & Cherry Tomato  
Steamed Broccoli

Menu Subject to Change Based on Product Availability.

Daily assorted milk • Daily fresh fruits & veggies

All grains offered are whole grain-rich

Locally Sourced Ingredients Offered Regularly

Daily Vegetarian Option

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