

March | 2023

Elementary School BREAKFAST MENU

Menu Subject to Change Based on Product Availability.

Celebrate with
the Café



National School
Breakfast Week
3/6-3/10



This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 National School Breakfast Week Steak Biscuit Assorted Cereal (V) Assorted Cereal (V)	7 National School Breakfast Week Pancake & Sausage on a Stick Muffin with Yogurt (V)	1 Waffle Griddle Assorted Cereal (V) Assorted Cereal (V)	2 French Toast Sticks (V) Cereal Bar with Yogurt (V)	3 Chicken Biscuit Assorted Cereal (V) Assorted Cereal (V)
13 Professional Development Day Schools Closed	14 Teacher Workday Schools Closed	8 National School Breakfast Week Mini Pancakes with Sausage Assorted Cereal (V) Assorted Cereal (V)	9 National School Breakfast Week Limited Time Only Breakfast Special: Super Sunshine Lemon Bread (V) French Toast Sticks (V) Cereal Bar with Yogurt (V)	10 National School Breakfast Week Chicken Biscuit Assorted Cereal (V) Assorted Cereal (V)
20 Steak Biscuit Assorted Cereal (V) Assorted Cereal (V)	21 Pancake & Sausage on a Stick Muffin with Yogurt (V)	15 Waffle Griddle Assorted Cereal (V) Assorted Cereal (V)	16 French Toast Sticks (V) Cereal Bar with Yogurt (V)	17 Chicken Biscuit Assorted Cereal (V) Assorted Cereal (V)
27 Sausage Biscuit Assorted Cereal (V) Assorted Cereal (V)	28 Cinnamon Glazed Pancakes (V) Muffin with Yogurt (V)	22 Mini Pancakes with Sausage Assorted Cereal (V) Assorted Cereal (V)	23 French Toast Sticks (V) Cereal Bar with Yogurt (V)	24 Chicken Biscuit Assorted Cereal (V) Assorted Cereal (V)
		29 Waffle Griddle Assorted Cereal (V) Assorted Cereal (V)	30 French Toast Sticks (V) Cereal Bar with Yogurt (V)	31 Chicken Biscuit Assorted Cereal (V) Assorted Cereal (V)

daily assorted choice of milk • daily fresh fruits • 100% fruit juice
locally sourced ingredients offered regularly
daily vegetarian option (V)

Breakfast Price
Student: \$1.10
Reduced: \$0.30
Adult: \$2.00

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Elementary School LUNCH MENU

Menu Subject to Change Based on Product Availability.

Did You Know:

Nutritious School Meals Help Kids Learn!

- ✓ Improves test scores
- ✓ Helps with comprehension & memory
- ✓ Increased attendance
- ✓ Improves diet health
- ✓ Reduces visits to the school nurse



Lunch Price
 Student: \$2.45
 Reduced: \$0.40
 Adult: \$4.00

FELTON COUNTY SCHOOLS
SCHOOL NUTRITION
Tasty Eats
 WHERE STUDENTS COME FIRST



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Daily offerings: assorted choice of milk • assorted fresh fruits & veggies vegetarian options (V) <i>locally sourced ingredients offered regularly</i></p>	<p>1 Grande Nachos Cheese Nachos (V) Mini Corndogs Black Bean Taco Salad (V) Baby Carrots Black Beans</p>	<p>2 Crispy Chicken of the Day with Texas Toast Mini Cheese Calzones (V) Energy Pack (V) Signature Side Salad • Steamed Corn Chocolate Chip Cookie</p>	<p>3 Classic Pizza Slice: Cheese (V) Cod Nuggets with Mac & Cheese Mac & Cheese (V) Jammer (V) Carrot, Cucumber & Cherry Tomato Kickin' Cajun Carrots</p>	
<p>6 Pancake & Sausage Griddle Pancakes with Scrambled Eggs (V) Popcorn Chicken with Breadstick Cheese Pizza Pack (V) Baby Carrots Tater Tots</p>	<p>7 General Tso's Chicken with Rice Asian Style MorningStar Chik'n with Rice (V) Turkey & Cheese Croissant Cheese Croissant (V) Signature Side Salad Steamed Broccoli</p>	<p>8 Fajita Chicken Nachos Cheese Nachos (V) Steak Sliders Grilled Chicken Chef Salad (V) Chef Salad (V) Baby Carrots Steamed Corn</p>	<p>9 Crispy Chicken of the Day with Roll Mini Cheese Quesadilla (V) Energy Pack (V) Turkey & Cheese Lunchbox Buddy Signature Side Salad • Baked Beans Chocolate Chip Cookie</p>	<p>10 Classic Pizza Slice: Cheese (V) or Meat Lover's Filet of Fish Sandwich Jamwich Pack (V) Carrot, Cucumber & Cherry Tomato Roasted Green Beans</p>
<p>13 Professional Development Day Schools Closed</p>	<p>14 Teacher Workday Schools Closed</p>	<p>15 Fajita Chicken Nachos Cheese Nachos (V) Turkey Hot Dog Black Bean Taco Salad (V) Baby Carrots Black Beans</p>	<p>16 Crispy Chicken of the Day with Cornbread 3-Bean Chili with Cornbread (V) Energy Pack (V) Signature Side Salad • Sweet Potato Fries Chocolate Chip Cookie</p>	<p>17 Classic Pizza Slice: Cheese (V) Popcorn Shrimp with Mac & Cheese Mac & Cheese (V) Turkey & Cheese Wrap Carrot, Cucumber & Cherry Tomato Steamed Broccoli</p>
<p>20 Chicken Filet Sandwich Veggie Italian Pasta Bake (V) Jamwich Pack (V) Baby Carrots Mixed Veggies</p>	<p>21 Tangerine Chicken with Rice Asian Style MorningStar Chik'n with Rice (V) Steak Sliders Cheese Pizza Pack (V) Signature Side Salad Steamed Broccoli</p>	<p>22 Salisbury Steak with Roll Mini Cheese Quesadilla (V) Hummus Bento Box (V) Jamwich Pack (V) Baby Carrots Mashed Potatoes</p>	<p>23 Crispy Chicken of the Day with Roll Cheese Stuffed Breadstick (V) Grilled Chicken Chef Salad (V) Chef Salad (V) Signature Side Salad • Baked Beans Chocolate Chip Cookie</p>	<p>24 Classic Pizza Slice: Cheese (V) or Meat Lover's Filet of Fish Sandwich Turkey & Cheese Lunchbox Buddy Energy Pack (V) Carrot, Cucumber & Cherry Tomato Roasted Green Beans</p>
<p>27 Veggie Lasagna with Texas Toast (V) MorningStar Chik'n Nuggets with Roll (V) Cheese Pizza Pack (V) Baby Carrots Steamed Broccoli</p>	<p>28 Chicken Teriyaki Dumplings Hamburger • Cheeseburger Veggie Burger (V) Hummus Bento Box(V) Signature Side Salad Edamame Succotash</p>	<p>29 Grande Nachos Cheese Nachos (V) Mini Corndogs Black Bean Taco Salad (V) Baby Carrots Black Beans</p>	<p>30 Crispy Chicken of the Day with Texas Toast Mini Cheese Calzones (V) Energy Pack (V) Signature Side Salad • Steamed Corn Chocolate Chip Cookie</p>	<p>31 Classic Pizza Slice: Cheese (V) Cod Nuggets with Mac & Cheese Mac & Cheese (V) Jammer (V) Carrot, Cucumber & Cherry Tomato Kickin' Cajun Carrots</p>