Menu Subject to Change Based on Product Availability

December 2019

BREAKFAST-MENU

Elementary School



Kids who eat well, learn better!

Students can choose from hot & cold entrees, fresh fruit, 100% juice, and skim or low-fat milk to start the day right!



NOW HIRING CAFÉ WORKERS 770-497-8337 ext. 215 217N@Kellyservices.com



FCS Mobile App: view school menus, nutrient info. and make meal payments.

Visit **fcsnutrition.com** for more info! This institution is an equal opportunity provider.

MONDAY TUESDAY WEDNESDAY **THURSDAY FRIDAY** 2 Pancake & Sausage Pancakes & Sausage French Toast Sticks Chicken Biscuit Sausage Biscuit on a Stick **Yogurt & Cinnamon Toast Assorted Cereals Assorted Cereals Assorted Cereals** Banana Muffin & Yogurt 100% Fruit Juice **Crunch Cereal Bar** 100% Fruit Juice 100% Fruit Juice Assorted Fresh Fruit 100% Fruit Juice 100% Fruit Juice Assorted Fresh Fruit Assorted Fresh Fruit Assorted Fresh Fruit **Assorted Fresh Fruit** 10 11 12 13 Sausage Biscuit Waffles & Sausage Links Mini Pancakes Chicken Biscuit French Toast Sticks **Assorted Cereals** Blueberry Muffin & Yogurt **Assorted Cereals** Yogurt & Golden Graham Assorted Cereals 100% Fruit Juice 100% Fruit Juice 100% Fruit Juice Cereal Bar 100% Fruit Juice **Assorted Fresh Fruit Assorted Fresh Fruit Assorted Fresh Fruit** 100% Fruit Juice Assorted Fresh Fruit **Assorted Fresh Fruit** 16 17 18 19 20 Pancake & Sausage Pancakes & Sausage French Toast Sticks Chicken Biscuit Sausage Biscuit **Assorted Cereals Yogurt & Cinnamon Toast Assorted Cereals** on a Stick **Assorted Cereals** Banana Muffin & Yogurt **Crunch Cereal Bar** 100% Fruit Juice 100% Fruit Juice 100% Fruit Juice 100% Fruit Juice **Assorted Fresh Fruit** 100% Fruit Juice Assorted Fresh Fruit **Assorted Fresh Fruit Assorted Fresh Fruit Assorted Fresh Fruit** 23 24 26 25 27 **Schools Closed Schools Closed Schools Closed Schools Closed Schools Closed** Winter Break Winter Break Winter Break Winter Break Winter Break 30 **Schools Closed Schools Closed** Winter Break Winter Break

Daily Assorted Milk • Daily Fresh Fruits Locally Sourced Ingredients Offered Regularly Daily Vegetarian Option

Breakfast Price Student \$1.10 Reduced: \$0.30

Adult: \$1.60

December 2019

Elementary School





Breakfast for Lunch 12/12



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Meatloaf with Roll Popcorn Chicken with Roll Cheese Pizza Pack Baby Carrots Mashed Potatoes	General Tso's Chicken with Brown Rice Turkey & Cheese Croissant Yogurt & Cheese Pack Signature Side Salad Steamed Broccoli	4 Tomato Basil Soup with Grilled Cheese Mini Burgers Grilled Chicken Chef Salad Baby Carrots French Fries	5 Chicken of the Day with Roll Mozzarella Cheese Sticks Turkey & Cheese Lunchbox Buddy Signature Side Salad Baked Beans	6 Filet of Fish Sandwich Meat Lover's Pizza Cheese Pizza Jamwich Pack Carrot, Cucumber & Cherry Tomato Buffalo Cauliflower
9 Veggie Lasagna with Garlic Breadstick Chicken Nuggets with Garlic Breadstick Turkey & Cheese Wrap Baby Carrots Steamed Corn	10 Teriyaki Chicken with Brown Rice Burger Cheese Pizza Pack Signature Side Salad Peas & Carrots	11 Tex Mex Nachos Cheese Nachos Mini Hotdogs Black Bean Taco Salad Baby Carrots Black Beans	12 Breakfast for Lunch: French Toast with Sausage Links Mini Cheese Calzone Yogurt & Cheese Pack Signature Side Salad Tater Tots	Cheese Pizza Popcorn Shrimp with Mac & Cheese Mac & Cheese Jamwich Pack Carrot, Cucumber & Cherry Tomato Steamed Broccoli
16 Italian Pasta Bake Chicken Taquito Cheese Pizza Pack Baby Carrots Green Peas	17 Tangerine Chicken with Brown Rice Mini Burgers Jamwich Pack Signature Side Salad Steamed Broccoli	18 Salisbury Steak with Roll Chicken Filet Sandwich Hummus Bento Box Baby Carrots Mashed Potatoes	19 BBQ Pulled Pork with Texas Toast Cheese Stuffed Breadstick Turkey Chef Salad Signature Side Salad Baked Beans Chocolate Chip Cookie	Cheese Pizza Cheese Pizza Meat Lover's Pizza Seafood Basket Turkey & Cheese Lunchbox Buddy Carrot, Cucumber & Cherry Tomato Green Beans
23 Schools Closed	24 Schools Closed	²⁵ Schools Closed	²⁶ Schools Closed	27 Schools Closed
Winer Break	Winer Break	Winer Break	Winer Break	Winer Break
30 Schools Closed	31 Schools Closed			
Winter Break	Winer Break			

Daily assorted milk • Daily fresh fruits & veggies All grains offered are whole grain-rich

Locally Sourced Ingredients Offered Regularly **Daily Vegetarian Option**

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Lunch Price Student \$2.45 Reduced: \$0.40

Adult: \$3.45