

January | 2020

Elementary School BREAKFAST MENU

FULTON COUNTY SCHOOLS
SCHOOL NUTRITION
Tasty Eats
WHERE STUDENTS COME FIRST



Kids who eat well,
learn better!

Students can choose
from hot & cold entrees,
fresh fruit, 100% juice,
and skim or low-fat milk
to start the day right!



NOW HIRING CAFÉ WORKERS
770-497-8337 ext. 215
217N@Kellyservices.com



@fcsnutrition

facebook.com/fcsnutrition

FCS Mobile App: view school menus, nutrient
info, and make meal payments.

Visit fcsnutrition.com for more info!

This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 Sausage Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	7 Mini Pancakes Blueberry Muffin & Yogurt 100% Fruit Juice Assorted Fresh Fruit	8 Waffles & Sausage Links Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	9 French Toast Sticks Yogurt & Golden Graham Cereal Bar 100% Fruit Juice Assorted Fresh Fruit	10 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
13 Sausage Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	14 Pancake & Sausage on a Stick Banana Muffin & Yogurt 100% Fruit Juice Assorted Fresh Fruit	15 Pancakes & Sausage Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	16 French Toast Sticks Yogurt & Cinnamon Toast Crunch Cereal Bar 100% Fruit Juice Assorted Fresh Fruit	17 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
20 Schools Closed M. L. King Jr. Holiday	21 Mini Pancakes Blueberry Muffin & Yogurt 100% Fruit Juice Assorted Fresh Fruit	22 Waffles & Sausage Links Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	23 French Toast Sticks Yogurt & Golden Graham Cereal Bar 100% Fruit Juice Assorted Fresh Fruit	24 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
27 Sausage Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	28 Pancake & Sausage on a Stick Banana Muffin & Yogurt 100% Fruit Juice Assorted Fresh Fruit	29 Pancakes & Sausage Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	30 French Toast Sticks Yogurt & Cinnamon Toast Crunch Cereal Bar 100% Fruit Juice Assorted Fresh Fruit	31 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit

Menu Subject to Change Based on Product Availability.

Daily Assorted Milk • Daily Fresh Fruits
Locally Sourced Ingredients Offered Regularly
Daily Vegetarian Option

Breakfast Price
Student \$1.10
Reduced: \$0.30
Adult: \$1.60

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Elementary School

LUNCH MENU

FULTON COUNTY SCHOOLS
SCHOOL NUTRITION
Tasty Ents
WHERE STUDENTS COME FIRST

Celebrate with
the Café

Tackle the Day with School Nutrition
Super Bowl LIV
1/27-1/31



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 Chicken Alfredo with Garlic Breadstick <i>MorningStar Chik'n Nuggets with Garlic Breadstick</i> <i>Cheese Pizza Pack</i> Baby Carrots Sweet Potato Waffle Fries	7 Spicy Sichuan Chicken with Veggie Fried Rice Chicken Soft Tacos <i>Hummus Bento Box</i> Signature Side Salad Edamame Succotash	8 Grande Nachos <i>Cheese Nachos</i> Mini Corndogs Deli Chicken & Cheese Wrap Baby Carrots Black Beans	9 Pancake & Sausage Griddle <i>Pretzel Bites with Cheese Dip</i> <i>Yogurt & Cheese Pack</i> Signature Side Salad Tater Tots	10 <i>Cheese Pizza</i> Popcorn Shrimp with Mac & Cheese <i>Mac & Cheese</i> <i>Jamwich Pack</i> Carrot, Cucumber & Cherry Tomato Steamed Broccoli
13 Meatloaf with Roll Popcorn Chicken with Roll <i>Cheese Pizza Pack</i> Baby Carrots Mashed Potatoes	14 General Tso's Chicken With Brown Rice <i>Cheese Quesadilla</i> Deli Chicken Lunchbox Buddy Signature Side Salad Steamed Broccoli	15 <i>Tomato Basil Soup with Grilled Cheese</i> Mini Burgers Grilled Chicken Chef Salad Baby Carrots Potato Smiley	16 Chicken of the Day with Roll <i>Mozzarella Cheese Sticks</i> <i>Yogurt & Cheese Pack</i> Signature Side Salad Baked Beans	17 Filet of Fish Sandwich Meat Lover's Pizza <i>Cheese Pizza</i> <i>Jamwich Pack</i> Carrot, Cucumber & Cherry Tomato Buffalo Cauliflower
20 Schools Closed M. L. King Jr. Holiday	21 Teriyaki Chicken with Brown Rice Burger <i>Cheese Pizza Pack</i> Signature Side Salad Peas & Carrots	22 Tex Mex Nachos <i>Cheese Nachos</i> Mini Hotdogs <i>Black Bean Taco Salad</i> Baby Carrots Black Beans	23 Southern Breaded Chicken with Roll <i>Mini Cheese Calzone</i> <i>Yogurt & Cheese Pack</i> Signature Side Salad Steamed Corn	24 <i>Cheese Pizza</i> Popcorn Shrimp with Mac & Cheese <i>Mac & Cheese</i> <i>Jamwich Pack</i> Carrot, Cucumber & Cherry Tomato Steamed Broccoli
27 Super Bowl Week Italian Pasta Bake Chicken Taquito <i>Cheese Pizza Pack</i> Baby Carrots Green Peas	28 Super Bowl Week Tangerine Chicken with Brown Rice Mini Burgers <i>Jamwich Pack</i> Signature Side Salad Steamed Broccoli	29 Super Bowl Week Salisbury Steak with Roll Chicken Filet Sandwich <i>Hummus Bento Box</i> Baby Carrots Mashed Potatoes	30 Super Bowl Week SOUPER BOWL: Chili VS. Broccoli Cheddar Soup <i>Cheese Stuffed Breadstick</i> Grilled Chicken Chef Salad Signature Side Salad Baked Beans Chocolate Chip Cookie	31 Super Bowl Week Oven Roasted Wings with Nachos <i>Cheese Pizza</i> Meat Lover's Pizza Deli Chicken Lunchbox Buddy Carrot, Cucumber & Cherry Tomato Green Beans

Daily assorted milk • Daily fresh fruits & veggies

All grains offered are whole grain-rich

Locally Sourced Ingredients Offered Regularly

Daily Vegetarian Option

Menu Subject to Change Based on Product Availability.

Lunch Price

Student \$2.45

Reduced: \$0.40

Adult: \$3.45