

March | 2020

Elementary School

BREAKFAST MENU

FULTON COUNTY SCHOOLS
SCHOOL NUTRITION
Tasty Eats
WHERE STUDENTS COME FIRST

Menu Subject to Change Based on Product Availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 National School Breakfast Week Mini Pancakes Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	3 National School Breakfast Week Pancake & Sausage Bites Blueberry Muffin & Yogurt 100% Fruit Juice Assorted Fresh Fruit	4 National School Breakfast Week Waffles & Sausage Links Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	5 National School Breakfast Week French Toast Sticks Yogurt & Golden Graham Cereal Bar 100% Fruit Juice Assorted Fresh Fruit	6 National School Breakfast Week Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
9 Sausage Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	10 Pancake & Sausage on a Stick Banana Muffin & Yogurt 100% Fruit Juice Assorted Fresh Fruit	11 Pancakes & Sausage Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	12 French Toast Sticks Yogurt & Cinnamon Toast Crunch Cereal Bar 100% Fruit Juice Assorted Fresh Fruit	13 Schools Closed Teacher Workday
16 Mini Pancakes Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	17 Pancake & Sausage Bites Blueberry Muffin & Yogurt 100% Fruit Juice Assorted Fresh Fruit	18 Waffles & Sausage Links Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	19 French Toast Sticks Yogurt & Golden Graham Cereal Bar 100% Fruit Juice Assorted Fresh Fruit	20 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
23 Sausage Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	24 Schools Closed Teacher Workday	25 Pancakes & Sausage Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	26 French Toast Sticks Yogurt & Cinnamon Toast Crunch Cereal Bar 100% Fruit Juice Assorted Fresh Fruit	27 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
30 Mini Pancakes Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	31 Pancake & Sausage Bites Blueberry Muffin & Yogurt 100% Fruit Juice Assorted Fresh Fruit			

Blastoff with
the Café

National
School
Breakfast
Week!



**SCHOOL
BREAKFAST
OUT OF THIS WORLD!**

NOW HIRING CAFÉ WORKERS
 770-497-8337 ext. 215
 217N@Kellyservices.com



facebook.com/fcsnutrition

FCS Mobile App: view school menus, nutrient info, and make meal payments.

Visit fcsnutrition.com for more info!

This institution is an equal opportunity provider.

Daily Assorted Milk • Daily Fresh Fruits
 Locally Sourced Ingredients Offered Regularly
Daily Vegetarian Option

Breakfast Price
 Student \$1.10
 Reduced: \$0.30
 Adult: \$1.60

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LUNCH MENU

Celebrate with
the Café

Harvest of the Month:
Grapefruit!




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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>2 BBQ Pulled Pork with Roll MorningStar Chik'n Nuggets with Roll Cheese Pizza Pack Baby Carrots Sweet Potato Waffle Fries</p>	<p>3 Spicy Sichuan Chicken with Chow Mein Noodles Chicken Soft Tacos Hummus Bento Box Signature Side Salad Edamame Succotash</p>	<p>4 Grande Nachos Cheese Nachos Mini Corndogs Deli Chicken & Cheese Wrap Baby Carrots Black Beans</p>	<p>5 Breakfast for Lunch: Chicken & Waffles Pancake & Sausage Griddle Yogurt & Cheese Pack Signature Side Salad Tater Tots</p>	<p>6 Cheese Pizza Popcorn Shrimp with Mac & Cheese Mac & Cheese Jamwich Pack Carrot, Cucumber & Cherry Tomato Steamed Broccoli</p>	
<p>9 Meatloaf with Roll Popcorn Chicken with Roll Cheese Pizza Pack Baby Carrots Mashed Potatoes</p>	<p>10 General Tso's Chicken With Brown Rice Cheese Quesadilla Deli Chicken Lunchbox Buddy Signature Side Salad Steamed Broccoli</p>	<p>11 Tomato Basil Soup with Grilled Cheese Mini Burgers Grilled Chicken Chef Salad Baby Carrots Potato Smiley</p>	<p>12 Chicken of the Day with Roll Mozzarella Cheese Sticks Yogurt & Cheese Pack Signature Side Salad Baked Beans</p>	<p>13 Schools Closed Teacher Workday</p>	
<p>16 Veggie Lasagna with Garlic Breadstick Chicken Nuggets with Garlic Breadstick Deli Chicken & Cheese Wrap Baby Carrots Tater Tots</p>	<p>17 Teriyaki Chicken with Brown Rice Burger Cheese Pizza Pack Signature Side Salad Peas & Carrots</p>	<p>18 Tex Mex Nachos Cheese Nachos Mini Hotdogs Black Bean Taco Salad Baby Carrots Black Beans</p>	<p>19 Southern Breaded Chicken with Roll Mini Cheese Calzone Yogurt & Cheese Pack Signature Side Salad Steamed Corn</p>	<p>20 Cheese Pizza Popcorn Shrimp with Mac & Cheese Mac & Cheese Jamwich Pack Carrot, Cucumber & Cherry Tomato Steamed Broccoli</p>	
<p>23 Italian Pasta Bake Chicken Taquito Cheese Pizza Pack Baby Carrots Green Peas</p>	<p>24 Schools Closed Teacher Workday</p>	<p>25 Salisbury Steak with Roll Chicken Filet Sandwich Hummus Bento Box Baby Carrots Mashed Potatoes</p>	<p>26 Chili with Cheez-Its Cheese Stuffed Breadstick Grilled Chicken Chef Salad Signature Side Salad Baked Beans Chocolate Chip Cookie</p>	<p>27  Make My Plate Georgia Grown Seafood Basket Southern Style Chicken Bites with Roll Cheese Pizza Carrot, Cucumber & Cherry Tomato Collard Greens</p>	
<p>30 BBQ Pulled Pork with Roll MorningStar Chik'n Nuggets with Roll Cheese Pizza Pack Baby Carrots Sweet Potato Waffle Fries</p>	<p>31 Spicy Sichuan Chicken with Chow Mein Noodles Chicken Soft Tacos Hummus Bento Box Signature Side Salad Edamame Succotash</p>	<p>Daily assorted milk • Daily fresh fruits & veggies All grains offered are whole grain-rich Locally Sourced Ingredients Offered Regularly Daily Vegetarian Option Menu Subject to Change Based on Product Availability.</p>			<p>Lunch Price Student \$2.45 Reduced: \$0.40 Adult: \$3.45</p>