

# March | 2020

# Elementary School BREAKFAST MENU

FULTON COUNTY SCHOOLS  
**SCHOOL NUTRITION**  
*Tasty Eats*  
WHERE STUDENTS COME FIRST

Menu Subject to Change Based on Product Availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> National School Breakfast Week Mini Pancakes Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	<b>3</b> National School Breakfast Week Pancake & Sausage Bites Blueberry Muffin & Yogurt 100% Fruit Juice Assorted Fresh Fruit	<b>4</b> National School Breakfast Week Waffles & Sausage Links Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	<b>5</b> National School Breakfast Week French Toast Sticks Yogurt & Golden Graham Cereal Bar 100% Fruit Juice Assorted Fresh Fruit	<b>6</b> National School Breakfast Week Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
<b>9</b> Sausage Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	<b>10</b> Pancake & Sausage on a Stick Banana Muffin & Yogurt 100% Fruit Juice Assorted Fresh Fruit	<b>11</b> Pancakes & Sausage Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	<b>12</b> French Toast Sticks Yogurt & Cinnamon Toast Crunch Cereal Bar 100% Fruit Juice Assorted Fresh Fruit	<b>13</b> Schools Closed Teacher Workday
<b>16</b> Mini Pancakes Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	<b>17</b> Pancake & Sausage Bites Blueberry Muffin & Yogurt 100% Fruit Juice Assorted Fresh Fruit	<b>18</b> Waffles & Sausage Links Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	<b>19</b> French Toast Sticks Yogurt & Golden Graham Cereal Bar 100% Fruit Juice Assorted Fresh Fruit	<b>20</b> Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
<b>23</b> Sausage Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	<b>24</b> Schools Closed Teacher Workday	<b>25</b> Pancakes & Sausage Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	<b>26</b> French Toast Sticks Yogurt & Cinnamon Toast Crunch Cereal Bar 100% Fruit Juice Assorted Fresh Fruit	<b>27</b> Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
<b>30</b> Mini Pancakes Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	<b>31</b> Pancake & Sausage Bites Blueberry Muffin & Yogurt 100% Fruit Juice Assorted Fresh Fruit			

Daily Assorted Milk • Daily Fresh Fruits  
Locally Sourced Ingredients Offered Regularly  
**Daily Vegetarian Option**

**Breakfast Price**  
Student \$1.10  
Reduced: \$0.30  
Adult: \$1.60

Blastoff with  
the Café

National  
School  
Breakfast  
Week!



**SCHOOL  
BREAKFAST  
OUT OF THIS WORLD!**

NOW HIRING CAFÉ WORKERS  
770-497-8337 ext. 215  
217N@Kellyservices.com



facebook.com/fcsnutrition

FCS Mobile App: view school menus, nutrient info, and make meal payments.

Visit [fcsnutrition.com](http://fcsnutrition.com) for more info!

This institution is an equal opportunity provider.

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# LUNCH MENU

Celebrate with  
the Café

Harvest of the Month:  
Grapefruit!



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 217N@Kellyservices.com



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 BBQ Pulled Pork with Roll                      MorningStar Chik'n Nuggets with Roll                      Cheese Pizza Pack                      Baby Carrots                      Sweet Potato Waffle Fries</p>	<p>3 Spicy Sichuan Chicken with Chow Mein Noodles                      Chicken Soft Tacos                      Hummus Bento Box                      Signature Side Salad                      Edamame Succotash</p>	<p>4 Grande Nachos                      Cheese Nachos                      Mini Corndogs                      Deli Chicken &amp; Cheese Wrap                      Baby Carrots                      Black Beans</p>	<p>5 <b>Breakfast for Lunch:</b>                      Chicken &amp; Waffles                      Pancake &amp; Sausage Griddle                      Yogurt &amp; Cheese Pack                      Signature Side Salad                      Tater Tots</p>	<p>6 Cheese Pizza                      Popcorn Shrimp with Mac &amp; Cheese                      Mac &amp; Cheese                      Jamwich Pack                      Carrot, Cucumber &amp; Cherry Tomato                      Steamed Broccoli</p>
<p>9 Meatloaf with Roll                      Popcorn Chicken with Roll                      Cheese Pizza Pack                      Baby Carrots                      Mashed Potatoes</p>	<p>10 General Tso's Chicken With Brown Rice                      Cheese Quesadilla                      Deli Chicken Lunchbox Buddy                      Signature Side Salad                      Steamed Broccoli</p>	<p>11 Tomato Basil Soup with Grilled Cheese                      Mini Burgers                      Grilled Chicken Chef Salad                      Baby Carrots                      Potato Smiley</p>	<p>12 Chicken of the Day with Roll                      Mozzarella Cheese Sticks                      Yogurt &amp; Cheese Pack                      Signature Side Salad                      Baked Beans</p>	<p>13 <b>Schools Closed</b>   <b>Teacher Workday</b></p>
<p>16 Veggie Lasagna with Garlic Breadstick                      Chicken Nuggets with Garlic Breadstick                      Deli Chicken &amp; Cheese Wrap                      Baby Carrots                      Tater Tots</p>	<p>17 Teriyaki Chicken with Brown Rice Burger                      Cheese Pizza Pack                      Signature Side Salad                      Peas &amp; Carrots</p>	<p>18 Tex Mex Nachos                      Cheese Nachos                      Mini Hotdogs                      Black Bean Taco Salad                      Baby Carrots                      Black Beans</p>	<p>19 Southern Breaded Chicken with Roll                      Mini Cheese Calzone                      Yogurt &amp; Cheese Pack                      Signature Side Salad                      Steamed Corn</p>	<p>20 Cheese Pizza                      Popcorn Shrimp with Mac &amp; Cheese                      Mac &amp; Cheese                      Jamwich Pack                      Carrot, Cucumber &amp; Cherry Tomato                      Steamed Broccoli</p>
<p>23 Italian Pasta Bake                      Chicken Taquito                      Cheese Pizza Pack                      Baby Carrots                      Green Peas</p>	<p>24 <b>Schools Closed</b>   <b>Teacher Workday</b></p>	<p>25 Salisbury Steak with Roll                      Chicken Filet Sandwich                      Hummus Bento Box                      Baby Carrots                      Mashed Potatoes</p>	<p>26 Chili with Cheez-Its                      Cheese Stuffed Breadstick                      Grilled Chicken Chef Salad                      Signature Side Salad                      Baked Beans                      Chocolate Chip Cookie</p>	<p>27 Seafood Basket                      Cheese Pizza                      Meat Lover's Pizza                      Deli Chicken Lunchbox Buddy                      Carrot, Cucumber &amp; Cherry Tomato                      Green Beans</p>
<p>30 BBQ Pulled Pork with Roll                      MorningStar Chik'n Nuggets with Roll                      Cheese Pizza Pack                      Baby Carrots                      Sweet Potato Waffle Fries</p>	<p>31 Spicy Sichuan Chicken with Chow Mein Noodles                      Chicken Soft Tacos                      Hummus Bento Box                      Signature Side Salad                      Edamame Succotash</p>	<p>Daily assorted milk • Daily fresh fruits &amp; veggies                      All grains offered are whole grain-rich                      Locally Sourced Ingredients Offered Regularly  <b>Daily Vegetarian Option</b>                      Menu Subject to Change Based on Product Availability.</p>		<p><b>Lunch Price</b>                      Student \$2.45                      Reduced: \$0.40                      Adult: \$3.45</p>