

November | 2022

# Elementary School BREAKFAST MENU

Menu Subject to Change Based on Product Availability.



School breakfast  
fuels classroom  
performance!

Students can choose  
from hot & cold entrees,  
fresh fruit, 100% juice,  
and skim or low-fat milk  
to start the day right!



FULTON COUNTY SCHOOLS  
**SCHOOL NUTRITION**  
*Starts Here*  
WHERE STUDENTS COME FIRST



This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Cinnamon Glazed Pancakes (V) Muffin with Yogurt (V)	2 Waffle Griddle Assorted Cereal (V) Assorted Cereal (V)	3 French Toast Sticks (V) Cereal Bar with Yogurt (V)	4 Chicken Biscuit Assorted Cereal (V) Assorted Cereal (V)
7 Steak Biscuit Assorted Cereal (V) Assorted Cereal (V)	8 <b>Election Day Remote Learning Day</b>	9 Mini Pancakes with Sausage Assorted Cereal (V) Assorted Cereal (V)	10 French Toast Sticks (V) Cereal Bar with Yogurt (V)	11 Chicken Biscuit Assorted Cereal (V) Assorted Cereal (V)
14 Sausage Biscuit Assorted Cereal (V) Assorted Cereal (V)	15 Cinnamon Glazed Pancakes (V) Muffin with Yogurt (V)	16 Waffle Griddle Assorted Cereal (V) Assorted Cereal (V)	17 French Toast Sticks (V) Cereal Bar with Yogurt (V)	18 Chicken Biscuit Assorted Cereal (V) Assorted Cereal (V)
21 <b>Thanksgiving Holiday Schools Closed</b>	22 <b>Thanksgiving Holiday Schools Closed</b>	23 <b>Thanksgiving Holiday Schools Closed</b>	24 <b>Thanksgiving Holiday Schools Closed</b>	25 <b>Thanksgiving Holiday Schools Closed</b>
28 Sausage Biscuit Assorted Cereal (V) Assorted Cereal (V)	29 Cinnamon Glazed Pancakes (V) Muffin with Yogurt (V)	30 Waffle Griddle Assorted Cereal (V) Assorted Cereal (V)		

daily assorted choice of milk • daily fresh fruits • 100% fruit juice  
locally sourced ingredients offered regularly  
**daily vegetarian option (V)**

**Breakfast Price**  
Student: \$1.10  
Reduced: \$0.30  
Adult: \$2.00

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# Elementary School LUNCH MENU

Celebrate with  
the Café

Harvest of the  
Month:  
GA Grown Kale!



FULTON COUNTY SCHOOLS  
**SCHOOL NUTRITION**  
*Tasty Eats*  
WHERE STUDENTS COME FIRST



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Lunch Price</b> Student: \$2.45 Reduced: \$0.40 Adult: \$4.00</p>	<p>1 Teriyaki Chicken with Rice Burger • Veggie Burger (V) Cheese Pizza Pack (V) Signature Side Salad Peas &amp; Carrots</p>	<p>2 Fajita Chicken Nachos Cheese Nachos (V) Beef Hot Dog Black Bean Taco Salad (V) Baby Carrots Black Beans</p>	<p>3 Crispy Chicken of the Day with Cornbread 3-Bean Chili with Cornbread (V) Energy Pack (V) Signature Side Salad Sweet Potato Waffle Fries Chocolate Chip Cookie</p>	<p>4 Classic Pizza Slice: Cheese (V) Popcorn Shrimp with Mac &amp; Cheese Mac &amp; Cheese (V) Turkey &amp; Cheese Wrap Carrot, Cucumber &amp; Cherry Tomato Steamed Broccoli</p>
<p>7 Veggie Italian Pasta Bake (V) Chicken Filet Sandwich Jamwich Pack (V) Baby Carrots • Mixed Veggies 100% Fruit Slushie</p>	<p>8 <b>Election Day Remote Learning Day</b></p>	<p>9 Salisbury Steak with Roll Cheese Quesadilla (V) Hummus Bento Box (V) Jamwich Pack (V) Baby Carrots Mashed Potatoes</p>	<p>10 Crispy Chicken of the Day with Roll Cheese Stuffed Breadstick (V) Grilled Chicken Chef Salad Chef Salad (V) Signature Side Salad • Baked Beans Chocolate Chip Cookie</p>	<p>11 Classic Pizza Slice: Cheese (V) or Meat Lover's Filet of Fish Sandwich Turkey &amp; Cheese Lunchbox Buddy Energy Pack (V) Carrot, Cucumber &amp; Cherry Tomato Roasted Green Beans</p>
<p>14 Veggie Alfredo Pasta with Cheese Stuffed Breadstick (V) Alfredo Pasta with Cheese Stuffed Breadstick MorningStar Chik'n Nuggets with Texas Toast (V) Cheese Pizza Pack (V) Baby Carrots • Steamed Broccoli</p>	<p>15 Asian Chicken Dumplings Burger • Veggie Burger (V) Hummus Bento Box (V) Signature Side Salad Edamame Succotash</p>	<p>16 Grande Nachos Cheese Nachos (V) Mini Corndogs Black Bean Taco Salad (V) Baby Carrots • Black Beans</p>	<p>17 Crispy Chicken of the Day with Texas Toast Mini Cheese Calzones (V) Energy Pack (V) Signature Side Salad Steamed Corn Chocolate Chip Cookie</p>	<p>18 Classic Pizza Slice: Cheese (V) Crispy Cod Nuggets with Mac &amp; Cheese Mac &amp; Cheese (V) Jamwich (V) Carrot, Cucumber &amp; Cherry Tomato Kickin' Cajun Carrots</p>
<p>21 <b>Thanksgiving Holiday Schools Closed</b></p>	<p>22 <b>Thanksgiving Holiday Schools Closed</b></p>	<p>23 <b>Thanksgiving Holiday Schools Closed</b></p>	<p>24 <b>Thanksgiving Holiday Schools Closed</b></p>	<p>25 <b>Thanksgiving Holiday Schools Closed</b></p>
<p>28 Pancake &amp; Sausage Griddle Pancake with Scrambled Eggs (V) Popcorn Chicken with Breadstick Cheese Pizza Pack (V) Baby Carrots • Tater Tots 100% Fruit Slushie</p>	<p>29 General Tso's Chicken with Rice Asian Style MorningStar Chik'n With Rice (V) Turkey &amp; Cheese Croissant Cheese Croissant (V) Baby Carrots • Steamed Broccoli</p>	<p>30 Fiesta Chicken &amp; Rice Fiesta Beans &amp; Rice (V) Steak Sliders Grilled Chicken Chef Salad Chef Salad (V) Signature Side Salad Steamed Corn</p>	<p><b>Daily offerings:</b> assorted choice of milk • assorted fresh fruits &amp; veggies vegetarian options (V) <i>locally sourced ingredients offered regularly</i> <b>Menu Subject to Change Based on Product Availability.</b></p>	