



Hydro Bibb Lettuce



Fresh from Hartwell, Georgia, **StoneCreek Hydroponics** produces hydroponically grown lettuces, lettuce mixes, and watercress. Products are grown in water without dirt, weeds, rocks, and fertilizers that accompany traditional farming methods.

- There are four main types of lettuce: Butterhead, Crisphead, Looseleaf, and Romaine.
- Lettuce leaves that are darker in color contain more vitamins and minerals than paler varieties.
- Bibb lettuce is named after John Bibb, who developed the variety in the 1860s.
- Lettuce is in season in Georgia January through May.
- ★ **Bibb lettuce is a good source of vitamin A!**

Georgia grown
Hydro Bibb Lettuce
served in your café
this February!



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