

December | 2019



Eat well, learn better!

Students can choose from hot & cold entrees, fresh fruit, 100% juice, and skim or low-fat milk to start the day right!



NOW HIRING CAFÉ WORKERS
770-497-8337 ext. 215
217N@Kellyservices.com



@fcsnutrition

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FCS Mobile App: view school menus, nutrient info, and make meal payments.

Visit fcsnutrition.com for more info!

This institution is an equal opportunity provider.

High School BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Biscuit Sausage Biscuit French Toast Sticks Assorted Cereals	3 Chicken Biscuit Bacon, Egg & Cheese Croissant Doughnut Bites Poptart with Yogurt	4 Chicken Biscuit Sausage Biscuit French Toast Sticks Assorted Cereals	5 Chicken Biscuit Sausage, Egg & Cheese Croissant Pancake & Sausage on a Stick Smoothie with Blueberry Muffin	6 Chicken Biscuit Cheesy Eggs with Grits & Sausage Links French Toast Sticks Assorted Cereals Hashbrown
9 Chicken Biscuit Sausage Biscuit French Toast Sticks Assorted Cereals	10 Chicken Biscuit Bacon, Egg & Cheese Croissant Doughnut Bites Poptart with Yogurt	11 Chicken Biscuit Sausage Biscuit French Toast Sticks Assorted Cereals	12 Chicken Biscuit Sausage, Egg & Cheese Croissant Pancake & Sausage on a Stick Smoothie with Blueberry Muffin	13 Chicken Biscuit Cheesy Eggs with Grits & Sausage Links French Toast Sticks Assorted Cereals Hashbrown
16 Chicken Biscuit Sausage Biscuit French Toast Sticks Assorted Cereal	17 Chicken Biscuit Bacon, Egg & Cheese Croissant Doughnut Bites Poptart with Yogurt	18 Chicken Biscuit Sausage Biscuit French Toast Sticks Assorted Cereals	19 Chicken Biscuit Sausage, Egg & Cheese Croissant Pancake & Sausage on a Stick Smoothie with Blueberry Muffin	20 Chicken Biscuit Cheesy Eggs with Grits & Sausage Links French Toast Sticks Assorted Cereals Hashbrown
23 Schools Closed Winter Break	24 Schools Closed Winter Break	25 Schools Closed Winter Break	26 Schools Closed Winter Break	27 Schools Closed Winter Break
30 Schools Closed Winter Break	31 Schools Closed Winter Break			

Menu Subject to Change Based on Product Availability.

Daily Assorted Milk • Daily Fresh Fruits • 100% Juice
Locally Sourced Ingredients Offered Regularly
Daily Vegetarian Option

Breakfast Price
Student \$1.25
Reduced: \$0.30
Adult: \$1.60

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High School LUNCH MENU

FULTON COUNTY SCHOOLS
SCHOOL NUTRITION
Justly Eats
WHERE STUDENTS COME FIRST

Menu Subject to Change Based on Product Availability.

** May offer Modified Menu. Check with your school café to confirm.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Nashville Hot Chicken with Texas Toast Classic Pizza Slice <i>Chicken & Rice Bowl:</i> Tangerine or Sriracha Honey Chicken <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Mini Burgers Jamwich Steamed Broccoli Carrots & Cucumber	3 Chicken Parmesan *Personal Pan Pizza Nachos: Tex Mex or Buffalo Chicken <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Bacon Cheeseburger Hummus Plate Sweet Waffle Fries Fresh Cucumber, Carrot & Tomato	4 Salisbury Steak with Roll Classic Pizza Slice <i>Chicken & Rice Bowl:</i> General Tso's or Teriyaki <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Spicy Chicken Sandwich Jamwich Mashed Potatoes Carrots & Cucumber	5 Chicken of the Day with Roll *Personal Pan Pizza Nachos: Grande or Fajita Chicken <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Veggie Burger Hummus Plate Baked Beans Fresh Cucumber, Carrot & Tomato	6 *Wings with Roll Classic Pizza Slice <i>Build-a-Mac & Cheese-Bowl:</i> <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Hot Dog Jamwich Curly Fries Carrots & Cucumber
9 Chicken Nuggets with Roll Classic Pizza Slice <i>Chicken & Rice Bowl:</i> Tangerine or Sichuan <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Cheeseburger Jamwich Tater Tots Carrots & Cucumber	10 Veggie Lasagna with Garlic Breadstick *Personal Pan Pizza Walking Nachos: Tex Mex or Pork Carnitas <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Philly Cheesesteak Hummus Plate Black Beans Fresh Cucumber, Carrot & Tomato	11 Mozzarella Cheese Sticks Classic Pizza Slice <i>Chicken & Rice Bowl:</i> General Tso's or Teriyaki <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Chicken Filet Sandwich Jamwich Mixed Veggies Carrots & Cucumber	12 Southern Breaded Chicken with Roll *Personal Pan Pizza Nachos: Beef or Fajita Chicken <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Grilled Chicken & Cheese Sandwich Hummus Plate Steamed Green Beans Fresh Cucumber, Carrot & Tomato	13 Breakfast for Lunch Seafood Basket Classic Pizza Slice <i>Build-a-Potato-Bowl:</i> <i>French Fries or Tater Tots</i> <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Spicy Chicken Sandwich Jamwich Steamed Broccoli Carrots & Cucumber
16 ** <i>Southern Style Chicken Bites with Roll</i> Classic Pizza Slice <i>Chicken & Rice Bowl:</i> Tangerine or Sriracha Hooney <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Mini Burgers Jamwich Steamed Broccoli Carrots & Cucumber	17 ** Meatball Spaghetti Bowl *Personal Pan Pizza Nachos: Tex Mex or Steak <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Veggie Burger Hummus Plate Edamame Succotash Fresh Cucumber, Carrot & Tomato	18 ** NEW <i>Loaded Burger</i> Classic Pizza Slice <i>Chicken & Rice Bowl:</i> General Tso's or Teriyaki <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Spicy Chicken Sandwich Jamwich Mashed Potatoes Carrots & Cucumber	19 ** <i>BBQ Pulled Pork Sandwich</i> *Personal Pan Pizza Nachos: Beef or Fajita Chicken <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Cheeseburger Hummus Plate Baked Beans Fresh Cucumber, Carrot & Tomato	20 ** *Wings with Roll Classic Pizza Slice <i>Build-a-Mac & Cheese-Bowl:</i> <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Hot Dog Jamwich French Fries Carrots & Cucumber Chocolate Chip Cookie
23 Schools Closed Winter Break	24 Schools Closed Winter Break	25 Schools Closed Winter Break	26 Schools Closed Winter Break	27 Schools Closed Winter Break
30 Schools Closed Winter Break	31 Schools Closed Winter Break			

Daily offerings: Assorted milk • Assorted fresh fruits & veggies

Signature side salad • Vegetarian entrees

Student tested & Chef crafted entrees!

All grains offered are whole grain-rich

Locally Sourced Ingredients Offered Regularly

Celebrate with
the Café

Breakfast for Lunch
12/13



TOP YOUR TOTS WITH
SCRAMBLED EGGS!

Lunch Price

Student \$2.70

Reduced: \$0.40

Adult: \$3.45

*Premium: \$3.25



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