

High School

BREAKFAST MENU

March | 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 National School Breakfast Week Chicken Biscuit Pancake & Sausage Bites French Toast Sticks Assorted Cereals	3 National School Breakfast Week Chicken Biscuit Bacon, Egg & Cheese Croissant Doughnut Bites Poptart with Yogurt	4 National School Breakfast Week Chicken Biscuit Sausage Biscuit French Toast Sticks Assorted Cereals	5 National School Breakfast Week Chicken Biscuit Sausage, Egg & Cheese Croissant Pancake & Sausage on a Stick Smoothie with Blueberry Muffin	6 National School Breakfast Week Chicken Biscuit Cheesy Eggs with Grits & Sausage Links French Toast Sticks Assorted Cereals Hashbrown
9 Chicken Biscuit Pancake & Sausage Bites French Toast Sticks Assorted Cereals	10 Chicken Biscuit Bacon, Egg & Cheese Croissant Doughnut Bites Poptart with Yogurt	11 Chicken Biscuit Sausage Biscuit French Toast Sticks Assorted Cereals	12 Chicken Biscuit Sausage, Egg & Cheese Croissant Pancake & Sausage on a Stick Smoothie with Blueberry Muffin	13 Schools Closed Teacher Workday
16 Chicken Biscuit Pancake & Sausage Bites French Toast Sticks Assorted Cereal	17 Chicken Biscuit Bacon, Egg & Cheese Croissant Doughnut Bites Poptart with Yogurt	18 Chicken Biscuit Sausage Biscuit French Toast Sticks Assorted Cereals	19 Chicken Biscuit Sausage, Egg & Cheese Croissant Pancake & Sausage on a Stick Smoothie with Blueberry Muffin	20 Chicken Biscuit Cheesy Eggs with Grits & Sausage Links French Toast Sticks Assorted Cereals Hashbrown
23 Chicken Biscuit Pancake & Sausage Bites French Toast Sticks Assorted Cereal	24 Schools Closed Teacher Workday	25 Chicken Biscuit Sausage Biscuit French Toast Sticks Assorted Cereals	26 Chicken Biscuit Sausage, Egg & Cheese Croissant Pancake & Sausage on a Stick Smoothie with Blueberry Muffin	27 Chicken Biscuit Cheesy Eggs with Grits & Sausage Links French Toast Sticks Assorted Cereals Hashbrown
30 Chicken Biscuit Pancake & Sausage Bites French Toast Sticks Assorted Cereal	31 Chicken Biscuit Bacon, Egg & Cheese Croissant Doughnut Bites Poptart with Yogurt	Daily Assorted Milk • Daily Fresh Fruits • Daily 100% Juice <i>Locally Sourced Ingredients Offered Regularly</i> Daily Vegetarian Option		

Menu Subject to Change Based on Product Availability.

Breakfast Price
 Student \$1.25
 Reduced: \$0.30
 Adult: \$1.60

Blastoff with
 the Café

National
 School
 Breakfast
 Week!



**SCHOOL
 BREAKFAST**
 OUT OF THIS WORLD!

NOW HIRING CAFÉ WORKERS
 770-497-8337 ext. 215
 217N@Kellyservices.com



FCS Mobile App: view school menus, nutrient info, and make meal payments.

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High School

LUNCH MENU

Menu Subject to Change Based on Product Availability.

March 2020

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 217N@Kellyservices.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Chicken & Waffles Classic Pizza Slice <i>Chicken & Rice Bowl:</i> Tangerine or Sichuan <i>Fresh-to-Order:</i> Subs, Wraps, & Salads Cheeseburger Jamwich Tater Tots Carrots & Cucumber</p>	<p>3</p> <p>Italian Pasta Bake with Garlic Breadstick *Personal Pan Pizza Nachos: Tex Mex or Pork Carnitas <i>Fresh-to-Order:</i> Subs, Wraps, & Salads Spicy Black Bean Burger Hummus Plate Black Beans Fresh Cucumber, Carrot & Tomato</p>	<p>4</p> <p>Salisbury Steak with Roll Classic Pizza Slice <i>Chicken & Chow Mein Bowl:</i> General Tso's or Teriyaki <i>Fresh-to-Order:</i> Subs, Wraps, & Salads Inferno Burger Jamwich Mashed Potatoes Carrots & Cucumber</p>	<p>5</p> <p>Breakfast for Lunch: French Toast Sticks with Sausage Southern Breaded Chicken with Roll *Personal Pan Pizza Walking Nachos <i>Fresh-to-Order:</i> Subs, Wraps, & Salads Grilled Chicken Club Hummus Plate Steamed Broccoli Fresh Cucumber, Carrot & Tomato</p>	<p>6</p> <p>Seafood Basket Classic Pizza Slice <i>Build-a-Potato-Bowl</i> <i>Fresh-to-Order:</i> Subs, Wraps, & Salads Spicy Chicken Sandwich Jamwich <i>Buffalo Cauliflower</i> Carrots & Cucumber</p>
<p>9</p> <p>Nashville Hot Chicken with Texas Toast Classic Pizza Slice <i>Chicken & Rice Bowl:</i> Tangerine or Sriracha Honey Chicken <i>Fresh-to-Order:</i> Subs, Wraps, & Salads Mini Burgers Jamwich Steamed Broccoli Carrots & Cucumber</p>	<p>10</p> <p>Chicken Parmesan *Personal Pan Pizza Nachos: Tex Mex or Buffalo Chicken <i>Fresh-to-Order:</i> Subs, Wraps, & Salads Bacon Cheeseburger Hummus Plate Sweet Waffle Fries Fresh Cucumber, Carrot & Tomato</p>	<p>11</p> <p>NEW *Cheesy Bread Classic Pizza Slice <i>Chicken & Chow Mein Bowl:</i> General Tso's or Teriyaki <i>Fresh-to-Order:</i> Subs, Wraps, & Salads Spicy Chicken Sandwich Jamwich Edamame Succotash Carrots & Cucumber</p>	<p>12</p> <p>Chicken of the Day with Roll *Personal Pan Pizza Nachos Grande <i>Fresh-to-Order:</i> Subs, Wraps, & Salads Veggie Burger Hummus Plate Baked Beans Fresh Cucumber, Carrot & Tomato</p>	<p>13</p> <p>Schools Closed Teacher Workday</p>
<p>16</p> <p>Chicken Nuggets with Wheat Roll Classic Pizza Slice <i>Chicken & Rice Bowl:</i> Tangerine or Sichuan <i>Fresh-to-Order:</i> Subs, Wraps, & Salads Cheeseburger Jamwich Carrots & Cucumbers Tater Tots</p>	<p>17</p> <p>Veggie Lasagna with Garlic Breadstick *Personal Pan Pizza Walking Nachos: Tex Mex or Pork Carnitas <i>Fresh-to-Order:</i> Subs, Wraps, & Salads Philly Cheesesteak Hummus Plate Black Beans Fresh Cucumber, Carrot & Tomato</p>	<p>18</p> <p>Mozzarella Cheese Sticks Classic Pizza Slice <i>Chicken & Chow Mein Bowl:</i> General Tso's or Teriyaki <i>Fresh-to-Order:</i> Subs, Wraps, & Salads Chicken Filet Sandwich Jamwich Mixed Veggies Carrots & Cucumber</p>	<p>19</p> <p>Southern Breaded Chicken with Roll *Personal Pan Pizza Nachos Grande <i>Fresh-to-Order:</i> Subs, Wraps, & Salads Grilled Chicken & Cheese Sandwich Hummus Plate Steamed Green Beans Fresh Cucumber, Carrot & Tomato</p>	<p>20</p> <p>Seafood Basket Classic Pizza Slice <i>Build-a-Potato-Bowl</i> <i>Fresh-to-Order:</i> Subs, Wraps, & Salads Spicy Chicken Sandwich Jamwich Steamed Broccoli Carrots & Cucumber</p>
<p>23</p> <p><i>Southern Style Chicken Bites with Roll</i> Classic Pizza Slice <i>Chicken & Rice Bowl:</i> Tangerine or Sriracha Honey <i>Fresh-to-Order:</i> Subs, Wraps, & Salads Mini Burgers Jamwich Steamed Broccoli Carrots & Cucumber</p>	<p>24</p> <p>Schools Closed Teacher Workday</p>	<p>25</p> <p>NEW *Cheesy Bread Classic Pizza Slice <i>Chicken & Chow Mein Bowl:</i> General Tso's or Teriyaki <i>Fresh-to-Order:</i> Subs, Wraps, & Salads Spicy Chicken Sandwich Jamwich Steamed Corn Carrots & Cucumber</p>	<p>26</p> <p><i>BBQ Pulled Pork Sandwich</i> *Personal Pan Pizza Nachos Grande <i>Fresh-to-Order:</i> Subs, Wraps, & Salads Cheeseburger Hummus Plate Baked Beans Fresh Cucumber, Carrot & Tomato</p>	<p>27</p> <p>Make My Plate Georgia Grown *Wings with Roll Classic Pizza Slice <i>Build-a-Mac & Cheese-Bowl</i> <i>Fresh-to-Order:</i> Subs, Wraps, & Salads Hot Dog Jamwich Collard Greens Carrots & Cucumber Chocolate Chip Cookie</p>
<p>30</p> <p>Chicken & Waffles Classic Pizza Slice <i>Chicken & Rice Bowl:</i> Tangerine or Sichuan <i>Fresh-to-Order:</i> Subs, Wraps, & Salads Cheeseburger Jamwich Tater Tots Carrots & Cucumber</p>	<p>31</p> <p>Italian Pasta Bake with Garlic Breadstick *Personal Pan Pizza Nachos: Tex Mex or Pork Carnitas <i>Fresh-to-Order:</i> Subs, Wraps, & Salads Spicy Black Bean Burger Hummus Plate Black Beans Fresh Cucumber, Carrot & Tomato</p>			

Celebrate with the Cafe
Harvest of the Month: Grapefruit!



Daily offerings: Assorted milk • Assorted fresh fruits & veggies
 Signature side salad • Vegetarian entrees
Student tested & Chef crafted entrees!
 All grains offered are whole grain-rich
 Locally Sourced Ingredients Offered Regularly

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FCS Mobile App: view school menus, nutrient info, and make meal payments.

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Lunch Price
 Student \$2.70
 Reduced: \$0.40
 Adult: \$3.45
 *Premium: \$3.25