

February | 2020



Eat well, learn better!

Students can choose from hot & cold entrees, fresh fruit, 100% juice, and skim or low-fat milk to start the day right!



NOW HIRING CAFÉ WORKERS
770-497-8337 ext. 215
217N@Kellyservices.com



@fcsnutrition

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FCS Mobile App: view school menus, nutrient info, and make meal payments.

Visit fcsnutrition.com for more info!

This institution is an equal opportunity provider.

High School BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Biscuit Sausage Biscuit <i>French Toast Sticks</i> <i>Assorted Cereals</i>	4 Chicken Biscuit Bacon, Egg & Cheese Croissant <i>Doughnut Bites</i> <i>Poptart with Yogurt</i>	5 Chicken Biscuit Sausage Biscuit <i>French Toast Sticks</i> <i>Assorted Cereals</i>	6 Chicken Biscuit Sausage, Egg & Cheese Croissant Pancake & Sausage on a Stick <i>Smoothie with Blueberry Muffin</i>	7 Chicken Biscuit Cheesy Eggs with Grits & Sausage Links <i>French Toast Sticks</i> <i>Assorted Cereals</i> Hashbrown
10 Chicken Biscuit Sausage Biscuit <i>French Toast Sticks</i> <i>Assorted Cereals</i>	11 Chicken Biscuit Bacon, Egg & Cheese Croissant <i>Doughnut Bites</i> <i>Poptart with Yogurt</i>	12 Chicken Biscuit Sausage Biscuit <i>French Toast Sticks</i> <i>Assorted Cereals</i>	13 Chicken Biscuit Sausage, Egg & Cheese Croissant Pancake & Sausage on a Stick <i>Smoothie with Blueberry Muffin</i>	14 Chicken Biscuit Cheesy Eggs with Grits & Sausage Links <i>French Toast Sticks</i> <i>Assorted Cereals</i> Hashbrown
17 Schools Closed Presidents' Day	18 Chicken Biscuit Bacon, Egg & Cheese Croissant <i>Doughnut Bites</i> <i>Poptart with Yogurt</i>	19 Chicken Biscuit Sausage Biscuit <i>French Toast Sticks</i> <i>Assorted Cereals</i>	20 Chicken Biscuit Sausage, Egg & Cheese Croissant Pancake & Sausage on a Stick <i>Smoothie with Blueberry Muffin</i>	21 Chicken Biscuit Cheesy Eggs with Grits & Sausage Links <i>French Toast Sticks</i> <i>Assorted Cereals</i> Hashbrown
24 Chicken Biscuit Sausage Biscuit <i>French Toast Sticks</i> <i>Assorted Cereal</i>	25 Chicken Biscuit Bacon, Egg & Cheese Croissant <i>Doughnut Bites</i> <i>Poptart with Yogurt</i>	26 Chicken Biscuit Sausage Biscuit <i>French Toast Sticks</i> <i>Assorted Cereals</i>	27 Chicken Biscuit Sausage, Egg & Cheese Croissant Pancake & Sausage on a Stick <i>Smoothie with Blueberry Muffin</i>	28 Chicken Biscuit Cheesy Eggs with Grits & Sausage Links <i>French Toast Sticks</i> <i>Assorted Cereals</i> Hashbrown

Menu Subject to Change Based on Product Availability.

Daily Assorted Milk • Daily Fresh Fruits • Daily 100% Juice
Locally Sourced Ingredients Offered Regularly
Daily Vegetarian Option

Breakfast Price
Student \$1.25
Reduced: \$0.30
Adult: \$1.60

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High School LUNCH MENU

FULTON COUNTY SCHOOLS
SCHOOL NUTRITION
Justly Eats
WHERE STUDENTS COME FIRST

NOW HIRING CAFÉ WORKERS
770-497-8337 ext. 215
217N@kellyservices.com

Menu Subject to Change Based on Product Availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken & Waffles Classic Pizza Slice <i>Chicken & Rice Bowl:</i> Tangerine or Sichuan <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Cheeseburger Jamwich Tater Tots Carrots & Cucumber	4 Italian Pasta Bake with Garlic Breadstick *Personal Pan Pizza Nachos: Tex Mex or Pork Carnitas <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> NEW Spicy Black Bean Burger Hummus Plate Black Beans Fresh Cucumber, Carrot & Tomato	5 <i>Chicken Taquitos</i> Classic Pizza Slice <i>Chicken & Rice Bowl:</i> General Tso's or Teriyaki <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Inferno Burger Jamwich Veggie Egg Roll Carrots & Cucumber	6 Southern Breaded Chicken with Roll *Personal Pan Pizza Walking Nachos: Beef or Fajita Chicken <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Grilled Chicken Club Hummus Plate Steamed Broccoli Fresh Cucumber, Carrot & Tomato	7 Seafood Basket Classic Pizza Slice <i>Build-a-Potato-Bowl</i> <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Spicy Chicken Sandwich Jamwich <i>Buffalo Cauliflower</i> Carrots & Cucumber
10 Nashville Hot Chicken with Texas Toast Classic Pizza Slice <i>Chicken & Rice Bowl:</i> Tangerine or Sriracha Honey Chicken <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Mini Burgers Jamwich Steamed Broccoli Carrots & Cucumber	11 Chicken Parmesan *Personal Pan Pizza Nachos: Tex Mex or Buffalo Chicken <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Bacon Cheeseburger Hummus Plate Sweet Waffle Fries Fresh Cucumber, Carrot & Tomato	12 Salisbury Steak with Roll Classic Pizza Slice <i>Chicken & Rice Bowl:</i> General Tso's or Teriyaki <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Spicy Chicken Sandwich Jamwich Mashed Potatoes Carrots & Cucumber	13 Chicken of the Day with Roll *Personal Pan Pizza Nachos: Grande or Fajita Chicken <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Veggie Burger Hummus Plate Baked Beans Fresh Cucumber, Carrot & Tomato	14 *Wings with Roll Classic Pizza Slice <i>Build-a-Mac & Cheese-Bowl</i> <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Hot Dog Jamwich Curly Fries Carrots & Cucumber
17 Schools Closed Presidents' Day	18 Veggie Lasagna with Garlic Breadstick *Personal Pan Pizza Walking Nachos: Tex Mex or Pork Carnitas <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Philly Cheesesteak Hummus Plate Black Beans Fresh Cucumber, Carrot & Tomato	19 Mozzarella Cheese Sticks Classic Pizza Slice <i>Chicken & Rice Bowl:</i> General Tso's or Teriyaki <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Chicken Filet Sandwich Jamwich Mixed Veggies Carrots & Cucumber	20 Southern Breaded Chicken with Roll *Personal Pan Pizza Nachos: Beef or Fajita Chicken <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Grilled Chicken & Cheese Sandwich Hummus Plate Steamed Green Beans Fresh Cucumber, Carrot & Tomato	21 Seafood Basket Classic Pizza Slice <i>Build-a-Potato-Bowl</i> <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Spicy Chicken Sandwich Jamwich Steamed Broccoli Carrots & Cucumber
24 <i>Southern Style Chicken Bites with Roll</i> Classic Pizza Slice <i>Chicken & Rice Bowl:</i> Tangerine or Sriracha Honey <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Mini Burgers Jamwich Steamed Broccoli Carrots & Cucumber	25 Meatball Spaghetti Bowl *Personal Pan Pizza Nachos: Tex Mex or Steak <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Veggie Burger Hummus Plate Edamame Succotash Fresh Cucumber, Carrot & Tomato	26 <i>Loaded Burger</i> Classic Pizza Slice <i>Chicken & Rice Bowl:</i> General Tso's or Teriyaki <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Spicy Chicken Sandwich Jamwich Mashed Potatoes Carrots & Cucumber	27 <i>BBQ Pulled Pork Sandwich</i> *Personal Pan Pizza Nachos: Beef or Fajita Chicken <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Cheeseburger Hummus Plate Baked Beans Fresh Cucumber, Carrot & Tomato	28 *Wings with Roll Classic Pizza Slice <i>Build-a-Mac & Cheese-Bowl</i> <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Hot Dog Jamwich Seasoned Crinkle Cut Fries Carrots & Cucumber Chocolate Chip Cookie

Daily offerings: Assorted milk • Assorted fresh fruits & veggies
 Signature side salad • Vegetarian entrees
Student tested & Chef crafted entrees!
 All grains offered are whole grain-rich
Locally Sourced Ingredients Offered Regularly

Harvest of the Month: Strawberries!

Celebrate with
the Café



Lunch Price
 Student \$2.70
 Reduced: \$0.40
 Adult: \$3.45
 *Premium: \$3.25

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