

August | 2019

Fulton County Schools

High School Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
12 Chicken Biscuit Breakfast Taquito French Toast Sticks Assorted Cereals	13 Chicken Biscuit Bacon, Egg & Cheese Croissant Doughnut Bites Poptart with Yogurt	14 Chicken Biscuit Sausage Biscuit French Toast Sticks Assorted Cereals	15 Chicken Biscuit Sausage, Egg & Cheese Croissant Pancake & Sausage on a Stick Smoothie with Blueberry Muffin	16 Chicken Biscuit Cheesy Eggs with Grits & Sausage Links French Toast Sticks Assorted Cereals
19 Chicken Biscuit Breakfast Taquito French Toast Sticks Assorted Cereals	20 Chicken Biscuit Bacon, Egg & Cheese Croissant Doughnut Bites Poptart with Yogurt	21 Chicken Biscuit Sausage Biscuit French Toast Sticks Assorted Cereals	22 Chicken Biscuit Sausage, Egg & Cheese Croissant Pancake & Sausage on a Stick Smoothie with Blueberry Muffin	23 Chicken Biscuit Cheesy Eggs with Grits & Sausage Links French Toast Sticks Assorted Cereals
26 Chicken Biscuit Breakfast Taquito French Toast Sticks Assorted Cereals	27 Chicken Biscuit Bacon, Egg & Cheese Croissant Doughnut Bites Poptart with Yogurt	28 Chicken Biscuit Sausage Biscuit French Toast Sticks Assorted Cereals	29 Chicken Biscuit Sausage, Egg & Cheese Croissant Pancake & Sausage on a Stick Smoothie with Blueberry Muffin	30 Chicken Biscuit Cheesy Eggs with Grits & Sausage Links French Toast Sticks Assorted Cereals

School Breakfast fuels classroom performance!

Students can choose from hot & cold entrees, fresh fruit, 100% juice, and skim or low-fat milk to start the day right!



Breakfast Price
 Student \$1.25
 Reduced: \$0.30
 Adult: \$1.60


Daily Assorted Milk • Daily Fresh Fruits • 100% Juice

Locally Sourced Ingredients Offered Regularly

Daily Vegetarian Option

NOW HIRING CAFÉ WORKERS
 770-497-8337 ext. 215
 217N@kellyservices.com



 **FCS Mobile App:** view school menus, nutrient info, and make meal payments.

Visit fcsnutrition.com for more info!

This institution is an equal opportunity provider.

Menu Subject to Change Based on Product Availability.

Fulton County Schools High School Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
12 Chicken Nuggets with Roll Classic Pizza Slice <i>Chicken & Rice Bowl:</i> Tangerine or Sichuan <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Cheeseburger Jamwich Tater Tots Carrots & Cucumber	13 Veggie Lasagna with Garlic Breadstick Personal Pan Pizza Walking Nachos: Tex Mex or Pork Carnitas <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Philly Cheesesteak Hummus Plate Black Beans Fresh Cucumber, Carrot & Tomato	14 Mozzarella Cheese Sticks Classic Pizza Slice <i>Chicken & Rice Bowl:</i> General Tso's or Teriyaki <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Chicken Filet Sandwich Jamwich Edamame Succotash Carrots & Cucumber	15 Southern Breaded Chicken with Roll Personal Pan Pizza Nachos: Beef or Fajita Chicken <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Grilled Chicken & Cheese Sandwich Hummus Plate Steamed Green Beans Fresh Cucumber, Carrot & Tomato	16 Seafood Basket Classic Pizza Slice <i>Build-a-Potato-Bowl:</i> <i>Mashed Potato or Baked Potato</i> <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Spicy Chicken Sandwich Jamwich Steamed Broccoli Carrots & Cucumber
19 <i>Southern Style Chicken Bites with Roll</i> Classic Pizza Slice <i>Chicken & Rice Bowl:</i> Tangerine or Sichuan <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Mini Burgers Jamwich Steamed Broccoli Carrots & Cucumber	20 Meatball Spaghetti Bowl Personal Pan Pizza Nachos: Tex Mex or Steak <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Veggie Burger Hummus Plate Mixed Veggies Fresh Cucumber, Carrot & Tomato	21 <i>Meatloaf with Roll</i> Classic Pizza Slice <i>Chicken & Rice Bowl:</i> General Tso's or Teriyaki <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Spicy Chicken Sandwich Jamwich Mashed Potatoes Carrots & Cucumber	22 <i>BBQ Pulled Pork Sandwich</i> Personal Pan Pizza Nachos: Beef or Fajita Chicken <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Cheeseburger Hummus Plate Baked Beans Fresh Cucumber, Carrot & Tomato	23 Wings with Roll Classic Pizza Slice <i>Build-a-Mac & Cheese-Bowl</i> <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Hot Dog Jamwich French Fries Carrots & Cucumber Chocolate Chip Cookie
26 Chicken & Waffles Classic Pizza Slice <i>Chicken & Rice Bowl:</i> Tangerine or Sichuan <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Cheeseburger Jamwich Tater Tots Carrots & Cucumber	27 Italian Pasta Bake with Garlic Breadstick Personal Pan Pizza Nachos: Tex Mex or Pork Carnitas <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Turkey & Cheese Croissant Hummus Plate Black Beans Fresh Cucumber, Carrot & Tomato	28 <i>Chicken Taquitos</i> Classic Pizza Slice <i>Chicken & Rice Bowl:</i> General Tso's or Teriyaki <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Inferno Burger Jamwich Veggie Egg Roll Carrots & Cucumber	29 Southern Breaded Chicken with Roll Personal Pan Pizza Walking Nachos: Beef or Fajita Chicken <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Grilled Chicken Club Hummus Plate Steamed Broccoli Fresh Cucumber, Carrot & Tomato	30 Seafood Basket Classic Pizza Slice <i>Build-a-Potato-Bowl:</i> <i>French Fries or Tater Tots</i> <i>Fresh-to-Order:</i> <i>Subs, Wraps, & Salads</i> Spicy Chicken Sandwich Jamwich <i>Buffalo Cauliflower</i> Carrots & Cucumber

Daily offerings: Assorted milk • Assorted fresh fruits & veggies

Signature side salad • Vegetarian entrees

Student tested & Chef crafted NEW entrees!

Locally Sourced Ingredients Offered Regularly

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 217N@Kellyservices.com

Lunch Price

Student \$2.70

Reduced: \$0.40

Adult: \$3.45



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All grains offered are whole grain - rich
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