

September | 2023

High School BREAKFAST MENU

Menu Subject to Change Based on Product Availability.



School breakfast fuels classroom performance!

Students can choose from hot & cold entrees, fresh fruit, 100% juice, and skim or low-fat milk to start the day right!



FULTON COUNTY SCHOOLS
SCHOOL NUTRITION
Tasty Eats
WHERE STUDENTS COME FIRST



This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Daily offerings: fresh fruits • 100% fruit juice • choice of milk <i>locally sourced ingredients offered regularly</i> daily vegetarian option (V)</p>			<p>Breakfast Price Student: \$1.25 Reduced: \$0.30 Adult: \$2.75</p>	<p>1 Chicken Biscuit Bacon, Egg & Cheese Croissant French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>
<p>4 <i>Schools Closed Labor Day</i></p>	<p>5 <i>Schools Closed Teachers Workday</i></p>	<p>6 <i>Schools Closed Professional Development Day</i></p>	<p>7 Chicken Biscuit Egg, & Cheese Croissant (V) Doughnut Bites (V) Scone with Yogurt (V)</p>	<p>8 Chicken Biscuit Bacon, Egg & Cheese Croissant French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>
<p>11 Chicken Biscuit Waffle & Sausage Griddle Doughnut Bites (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>	<p>12 Chicken Biscuit Sausage, Egg & Cheese Croissant French Toast Sticks (V) Scone with Yogurt (V)</p>	<p>13 Chicken Biscuit Chicken & Waffle Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>	<p>14 Chicken Biscuit Egg, & Cheese Croissant (V) Doughnut Bites (V) Scone with Yogurt (V)</p>	<p>15 Chicken Biscuit Bacon, Egg & Cheese Croissant French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>
<p>18 Chicken Biscuit Waffle & Sausage Griddle Doughnut Bites (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>	<p>19 Chicken Biscuit Sausage, Egg & Cheese Croissant French Toast Sticks (V) Scone with Yogurt (V)</p>	<p>20 Chicken Biscuit Chicken & Waffle Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>	<p>21 Chicken Biscuit Egg, & Cheese Croissant (V) Doughnut Bites (V) Scone with Yogurt (V)</p>	<p>22 Chicken Biscuit Bacon, Egg & Cheese Croissant French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>
<p>25 Chicken Biscuit Waffle & Sausage Griddle Doughnut Bites (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>	<p>26 Chicken Biscuit Sausage, Egg & Cheese Croissant French Toast Sticks (V) Scone with Yogurt (V)</p>	<p>27 Chicken Biscuit Chicken & Waffle Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>	<p>28 Chicken Biscuit Egg, & Cheese Croissant (V) Doughnut Bites (V) Scone with Yogurt (V)</p>	<p>29 Chicken Biscuit Bacon, Egg & Cheese Croissant French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>

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High School

LUNCH MENU

Lunch Price
 Student: \$2.70
 Reduced: \$0.40
 Adult: \$4.75



NATIONAL
HISPANIC
 HERITAGE MONTH

Daily offerings:

- Chef selection hot sandwiches & chicken basket
- Fresh deli subs, wraps & salads
- Signature side salad
- Assorted fresh fruits & veggies
- Choice of milk

locally sourced ingredients offered regularly
vegetarian option (V)

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Enjoy a variety of on-the-go, student-favorite burgers, hot sandwiches, or chicken baskets through the Express Eats line. <i>Rotating options available daily from the Cafe!</i>				
<p>4 <i>Schools Closed Labor Day</i></p>	<p>5 <i>Schools Closed Teachers Workday</i></p>	<p>6 <i>Schools Closed Professional Development Day</i></p>	<p>7 Crispy Chicken Thigh with Garlic Knot Classic Pizza Slice: Cheese (V) or Meat Lover's Chicken Fajita Nachos or Grande Nachos Cheese Nachos (V) Carrot, Cucumber & Cherry Tomato Baked Beans • Tater Tots Chocolate Chip Cookie</p>	<p>1 Classic Pizza Slice: Cheese (V) or Pepperoni God Nuggets with Mac & Cheese Mac & Cheese (V) Spicy Sichuan Chicken with Rice Carrots & Cucumber Roasted Green Beans • Tater Tots</p>
<p>11 Chicken & Waffles Sriracha Honey Chicken with Rice Classic Pizza Slice: Cheese (V) or Pepperoni Carrots & Cucumber Seasonal Veggie: Roasted Summer Squash Seasoned Crinkle Fries</p>	<p>12 Fajita Chicken Walking Nachos Cheese Walking Nachos (V) Classic Pizza Slice: Cheese (V) or Buffalo Chicken Italian Pasta Bake with Breadstick Carrot, Cucumber & Cherry Tomato Steamed Broccoli • Tater Tots</p>	<p>13 Mini Cheese Quesadillas (V) General Tso's Chicken with Rice Classic Pizza Slice: Cheese (V) or Pepperoni Carrots & Cucumber Edamame Succotash Seasoned Crinkle Fries</p>	<p>14 Crispy Chicken Thigh with Garlic Knot Classic Pizza Slice: Cheese (V) or Meat Lover's Chicken Fajita Nachos or Grande Nachos Cheese Nachos (V) Carrot, Cucumber & Cherry Tomato Baked Beans • Tater Tots Chocolate Chip Cookie</p>	<p>8 Classic Pizza Slice: Cheese (V) or Pepperoni Seafood Basket Chicken Teriyaki Dumplings Carrots & Cucumber Steamed Corn Seasoned Crinkle Fries</p>
<p>18 Chef Selection Chicken Wings with Roll Tangerine Chicken with Rice Classic Pizza Slice: Cheese (V) or Pepperoni 100% Fruit Slushie Carrots & Cucumber Kickin' Cajun Carrots Seasoned Crinkle Fries</p>	<p>19 Fajita Chicken Walking Nachos Cheese Walking Nachos (V) Veggie Lasagna with Breadstick (V) Classic Pizza Slice: Cheese (V) or Buffalo Chicken Carrot, Cucumber & Cherry Tomato Black Beans • Tater Tots</p>	<p>20 Mozzarella Cheese Sticks (V) Teriyaki Chicken with Rice Classic Pizza Slice: Cheese (V) or Pepperoni Carrots & Cucumber Edamame Succotash Seasoned Crinkle Fries</p>	<p>21 Crispy Chicken Thigh with Garlic Knot Classic Pizza Slice: Cheese (V) or Meat Lover's Chicken Fajita Nachos or Grande Nachos Cheese Nachos (V) Carrot, Cucumber & Cherry Tomato Steamed Broccoli • Tater Tots Chocolate Chip Cookie</p>	<p>15 Classic Pizza Slice: Cheese (V) or Pepperoni Popcorn Shrimp with Mac & Cheese Mac & Cheese (V) Spicy Sichuan Chicken with Rice Carrots & Cucumber Kickin' Cajun Carrots Seasoned Crinkle Fries</p>
<p>25 Chicken & Waffles Sriracha Honey Chicken with Rice Classic Pizza Slice: Cheese (V) or Pepperoni Carrots & Cucumber Baked Beans • Tater Tots</p>	<p>26 Fajita Chicken Walking Nachos Cheese Walking Nachos (V) Chicken Parmesan with Breadstick Classic Pizza Slice: Cheese (V) or Buffalo Chicken Carrot, Cucumber & Cherry Tomato Seasoned Crinkle Fries Limited time only: Street Corn</p>	<p>27 Cheese Stuffed Breadsticks (V) General Tso's Chicken with Rice Classic Pizza Slice: Cheese (V) or Pepperoni Carrots & Cucumber Steamed Broccoli • Tater Tots</p>	<p>28 Crispy Chicken Thigh with Garlic Knot Classic Pizza Slice: Cheese (V) or Meat Lover's Chicken Fajita Nachos or Grande Nachos Cheese Nachos (V) Carrot, Cucumber & Cherry Tomato Seasoned Crinkle Fries Limited time only: Street Corn Chocolate Chip Cookie</p>	<p>22 Limited time only: Fiesta Fish Tacos Classic Pizza Slice: Cheese (V) or Pepperoni General Tso's Chicken with Rice Carrots & Cucumber Buffalo Cauliflower Seasoned Crinkle Fries</p>
				<p>29 Classic Pizza Slice: Cheese (V) or Pepperoni God Nuggets with Mac & Cheese Mac & Cheese (V) Spicy Sichuan Chicken with Rice Carrots & Cucumber Roasted Green Beans • Tater Tots</p>