



Fresh from Hartwell,
Georgia, StoneCreek
Hydroponics produces
hydroponically grown
lettuces, lettuce mixes, and
watercress. Products are
grown in water without dirt,
weeds, rocks, and fertilizers
that accompany traditional
farming methods.

- There are four main types of lettuce: Butterhead, Crisphead, Looseleaf, and Romaine.
- Lettuce leaves that are darker in color contain more vitamins and minerals than paler varieties.
- Bibb lettuce is named after John Bibb, who developed the variety in the 1860s.
- Hydroponic Bibb lettuce can also be grown yearround, ensuring consistent quality and availability.
 - **☺** Bibb lettuce is a good source of vitamin A!



Georgia grown
Hydro Bibb Lettuce
served in your café
this month!







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