February 2020

MONDAY

Chicken Biscuit

1000/ Eruit Iuioo

3

10

17

24

Independence High School SCHOOL NUTH THERE STUDENTS CON BIRIEVALLE FLASS IF MIERCENU

WEDNESDAY

Sausage Biscuit

5



Eat well, learn better!

Students can choose a hot entree, fresh fruit, 100% juice, and skim or low-fat milk to start the day right!



NOW HIRING CAFÉ WORKERS 770-497-8337 ext. 215 217N@Kellyservices.com

@fcsnutrition

Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	
Chicken Biscuit 100% Fruit Juice Assorted Fresh Fruit	11 Doughnut Bites 100% Fruit Juice Assorted Fresh Fruit	12 Sausage Biscuit 100% Fruit Juice Assorted Fresh Fruit	13 Pand
Schools Closed Presidents' Day	18 Doughnut Bites 100% Fruit Juice Assorted Fresh Fruit	19 Sausage Biscuit 100% Fruit Juice Assorted Fresh Fruit	20 Pan
Chicken Biscuit 100% Fruit Juice Assorted Fresh Fruit	25 Doughnut Bites 100% Fruit Juice Assorted Fresh Fruit	26 Sausage Biscuit 100% Fruit Juice Assorted Fresh Fruit	27 Pan

TUESDAY

Doughnut Bites

100% Fruit Juice

4

100% Fruit Juice 100% Fruit Juice 100% Fruit Juice **Assorted Fresh Fruit Assorted Fresh Fruit** 14 ncake & Sausage on a Stick **Chicken Biscuit** 100% Fruit Juice 100% Fruit Juice **Assorted Fresh Fruit Assorted Fresh Fruit** 21 **Chicken Biscuit** ncake & Sausage on a Stick 100% Fruit Juice 100% Fruit Juice **Assorted Fresh Fruit Assorted Fresh Fruit** 28 ncake & Sausage on a Stick **Chicken Biscuit** 100% Fruit Juice 100% Fruit Juice **Assorted Fresh Fruit Assorted Fresh Fruit**

THURSDAY

Pancake & Sausage on a Stick

6

FRIDAY

Chicken Biscuit

7

Daily Assorted Milk • Daily Fresh Fruits

Locally Sourced Ingredients Offered Regularly

Menu Subject to Change Based on Product Availability.

Breakfast Price Student \$1.25 Reduced: \$0.30 Adult: \$1.60



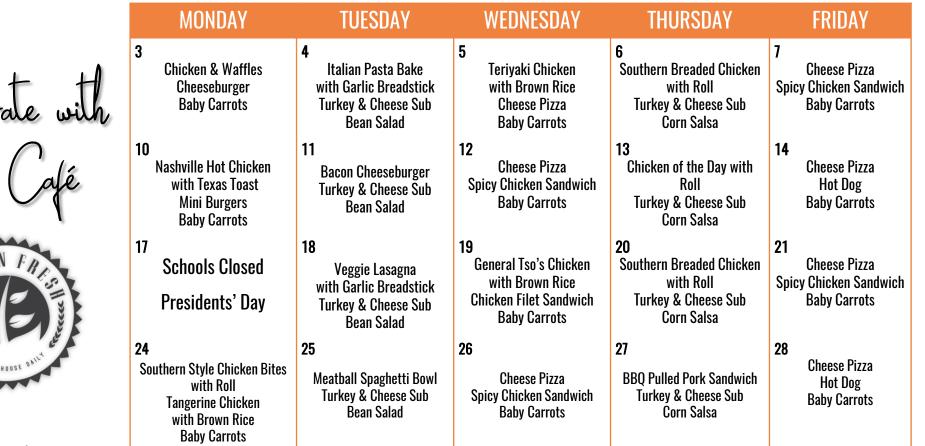
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FCS Mobile App: view school menus, nutrient

This institution is an equal opportunity provider.

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Independence High School School



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FCS Mobile App: view school menus, nutrient info, and make meal payments. Visit fcsnutrition.com for more info! This institution is an equal opportunity provider. Daily assorted milk • Daily fresh fruits & veggies Signature side salad All grains offered are whole grain-rich Locally Sourced Ingredients Offered Regularly Menu Subject to Change Based on Product Availability. Lunch Price Student \$2.70 Reduced: \$0.40 Adult: \$3.45