



Fulton County Schools 2018 - 2019

High School Breakfast Menu



www.fcsnutrition.com • Menu Subject to Change Based on Product Availability

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|--|--|
| Week of: Jan 7, Feb 4, March 4, April 8, May 6 | Chicken Biscuit • Sausage Biscuit French Toast Sticks Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit | Chicken Biscuit Sausage, Egg & Cheese Croissant Pancake & Turkey Sausage on a Stick Yogurt Parfait with Cinnamon Toast Crunch Cereal 100% Juice • Assorted Fresh Fruit | Chicken Biscuit • Sausage Biscuit French Toast Sticks Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit | Chicken Biscuit Cheesy Eggs with Sausage & Grits Mini Pancakes Poptart with Yogurt Hashbrown 100% Juice • Assorted Fresh Fruit | Chicken Biscuit Pancake & Sausage Griddle French Toast Sticks Smoothie with Blueberry Muffin 100% Juice Assorted Fresh Fruit |
| Week of: Jan 14, Feb 11, March 12, April 15, May 13 | Chicken Biscuit • Sausage Biscuit French Toast Sticks Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit | Chicken Biscuit Sausage, Egg & Cheese Croissant Pancake & Turkey Sausage on a Stick Yogurt Parfait with Cinnamon Toast Crunch Cereal 100% Juice • Assorted Fresh Fruit | Chicken Biscuit • Sausage Biscuit French Toast Sticks Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit | Chicken Biscuit Cheesy Eggs with Sausage & Grits Mini Pancakes Poptart with Yogurt Hashbrown 100% Juice • Assorted Fresh Fruit | Chicken Biscuit Pancake & Sausage Griddle French Toast Sticks Smoothie with Blueberry Muffin 100% Juice Assorted Fresh Fruit |
| Week of: Jan 22, Feb 19, March 18, April 22, May 20 | Chicken Biscuit • Sausage Biscuit French Toast Sticks Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit | Chicken Biscuit Sausage, Egg & Cheese Croissant Pancake & Turkey Sausage on a Stick Yogurt Parfait with Cinnamon Toast Crunch Cereal 100% Juice • Assorted Fresh Fruit | Chicken Biscuit • Sausage Biscuit French Toast Sticks Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit | Chicken Biscuit Cheesy Eggs with Sausage & Grits Mini Pancakes Poptart with Yogurt Hashbrown 100% Juice • Assorted Fresh Fruit | Chicken Biscuit Pancake & Sausage Griddle French Toast Sticks Smoothie with Blueberry Muffin 100% Juice Assorted Fresh Fruit |
| Week of: Jan 28, Feb 25, March 25, April 29 | Chicken Biscuit • Sausage Biscuit French Toast Sticks Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit | Chicken Biscuit Sausage, Egg & Cheese Croissant Pancake & Turkey Sausage on a Stick Yogurt Parfait with Cinnamon Toast Crunch Cereal 100% Juice • Assorted Fresh Fruit | Chicken Biscuit • Sausage Biscuit French Toast Sticks Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit | Chicken Biscuit Cheesy Eggs with Sausage & Grits Mini Pancakes Poptart with Yogurt Hashbrown 100% Juice • Assorted Fresh Fruit | Chicken Biscuit Pancake & Sausage Griddle French Toast Sticks Smoothie with Blueberry Muffin 100% Juice Assorted Fresh Fruit |

Daily Assorted Milk • Daily Fresh Fruits
Locally Sourced Ingredients Offered Regularly
Daily Vegetarian Option

NOW HIRING CAFÉ WORKERS
 770-497-8337
 217N@kellyservices.com

This institution is an equal opportunity provider.

Breakfast Price
Student \$1.25 Adult: \$1.60







Fulton County Schools 2018–2019 High School Lunch Menu

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Menu Subject to Change Based on Product Availability



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|--|---|
| Week of: Jan 7, Feb 4, March 4, April 8, May 6 |  Italian Pasta Bake with Garlic Breadstick Classic Pizza Slice | Chicken & Waffles Personal Pan Pizza | Chicken Noodle Soup with Grilled Cheese Buffalo Chicken Pizza | Smokehouse BBQ Sub Personal Pan Pizza | Wings with Roll Meat Lover's Pizza |
| |  Mango Chicken | White Queso Nacho Bowl | General Tso's Chicken | Grande Nacho Bowl | Sriracha Honey Chicken |
| |  Fresh Deli Subs Burger Sliders | Fresh Deli Subs Bacon Cheeseburger | Fresh Deli Subs Spicy Chicken Sandwich | Fresh Deli Subs Veggie Burger | Fresh Deli Subs Hot Dog |
| |  Chef Selection Salads Jamwich | Chef Selection Salads Jamwich | Chef Selection Salads Jamwich | Chef Selection Salads Jamwich | Chef Selection Salads Jamwich |
| | Sweet Potato Waffle Fries Carrots & Celery | Black Beans Fresh Cucumber, Carrot & Tomato | Mixed Veggies Carrots & Celery | Steamed Broccoli Fresh Cucumber, Carrot & Tomato | French Fries Carrots & Celery |
| Week of: Jan 14, Feb 11, March 12, April 15, May 13 |  Veggie Lasagna with Garlic Breadstick Classic Pizza Slice | Chicken Nuggets with Roll Personal Pan Pizza | Mozzarella Cheese Sticks with Marinara Meat Lover's Pizza | Southern Breaded Chicken with Roll Personal Pan Pizza | Seafood Basket Buffalo Chicken Pizza |
| |  Mango Chicken | Tex Mex Walking Nachos | General Tso's Chicken | Grande Nacho Bowl | Teriyaki Chicken |
| |  Fresh Deli Subs Chicken Filet Sandwich | Fresh Deli Subs Philly Cheesesteak | Fresh Deli Subs Cheese Steakburger | Fresh Deli Subs Grilled Chicken Sandwich | Fresh Deli Subs Spicy Chicken Sandwich |
| |  Chef Selection Salads Jamwich | Chef Selection Salads Jamwich | Chef Selection Salads Jamwich | Chef Selection Salads Jamwich | Chef Selection Salads Jamwich |
| | California Blend Carrots & Celery | Black Beans Fresh Cucumber, Carrot & Tomato | Tater Tots Carrots & Celery | Green Beans Fresh Cucumber, Carrot & Tomato | Steamed Broccoli Carrots & Celery |
| Week of: Jan 22, Feb 19, March 18, April 22, May 20 |  Chicken Alfredo with Garlic Breadstick Classic Pizza Slice | Chicken Tenders with Roll Personal Pan Pizza | Tomato Basil Soup with Grilled Cheese Buffalo Chicken Pizza | Chicken of the Day with Roll Personal Pan Pizza | Wings with Roll Meat Lover's Pizza |
| |  Mango Chicken | White Queso Nacho Bowl | General Tso's Chicken | Grande Nacho Bowl | Sichuan Chicken |
| |  Fresh Deli Subs Burger Sliders | Fresh Deli Subs Veggie Burger | Fresh Deli Subs Spicy Chicken Sandwich | Fresh Deli Subs Cheeseburger | Fresh Deli Subs Fish Filet Sandwich |
| |  Chef Selection Salads Jamwich | Chef Selection Salads Jamwich | Chef Selection Salads Jamwich | Chef Selection Salads Jamwich | Chef Selection Salads Jamwich |
| | Sweet Potato Waffle Fries Carrots & Celery | Black Beans Fresh Cucumber, Carrot & Tomato | Veggie Egg Roll Carrots & Celery | Collard Greens Fresh Cucumber, Carrot & Tomato | French Fries Carrots & Celery Chocolate Chip Cookie |
| Week of: Jan 28, Feb 25, March 25, April 29 |  Meatball Spaghetti Bowl Classic Pizza Slice | Chicken Nuggets with Roll Personal Pan Pizza | Broccoli & Cheese Soup with Flatbread Meat Lover's Pizza | Southern Breaded Chicken with Roll Personal Pan Pizza | Seafood Basket Buffalo Chicken Pizza |
| |  Mango Chicken | White Queso Nacho Bowl | General Tso's Chicken | Walking Nachos | Teriyaki Chicken |
| |  Fresh Deli Subs Turkey & Cheese Croissant | Fresh Deli Subs Cheeseburger | Fresh Deli Subs Inferno Burger | Fresh Deli Subs Grilled Chicken Club Sandwich | Fresh Deli Subs Spicy Chicken Sandwich |
| |  Chef Selection Salads Jamwich | Chef Selection Salads Jamwich | Chef Selection Salads Jamwich | Chef Selection Salads Jamwich | Chef Selection Salads Jamwich |
| | Steamed Broccoli Carrots & Celery | Edamame Succotash Fresh Cucumber, Carrot & Tomato | Tater Tots Carrots & Celery | Black-Eyed Peas Fresh Cucumber, Carrot & Tomato | Green Beans Carrots & Celery |

Daily Offerings: Assorted Milk • Assorted Fresh Fruits
Signature Side Salad • Vegetarian Entrees • Wrap of the Day
Locally Sourced Ingredients Offered Regularly

NOW HIRING CAFÉ WORKERS
770-497-8337 217N@Kellyservices.com

Lunch Price
Student \$2.70 Adult: \$3.45

This institution is an equal opportunity provider.

All Grains Offered are Whole Grains