



Fulton County Schools 2018 - 2019 Elementary Breakfast Menu



www.fcsnutrition.com

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|--|---|
| Week of: Jan 7, Feb 4, March 4, April 8, May 6 | Pancake & Sausage Griddle Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit | French Toast Sticks Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit | Pancake & Turkey Sausage on a Stick Smoothie with Blueberry Muffin 100% Juice Assorted Fresh Fruit | Cheesy Eggs with Grits Cinnamon Toast Crunch Cereal Bar with Yogurt 100% Juice Assorted Fresh Fruit | Chicken Biscuit Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit |
| Week of: Jan 14, Feb 11, March 12, April 15, May 13 | Sausage Biscuit Golden Grahams Cereal Bar with Yogurt 100% Juice Assorted Fresh Fruit | Mini Pancakes Blueberry Muffin with String Cheese 100% Juice Assorted Fresh Fruit | Egg & Cheese Biscuit Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit | French Toast Sticks Yogurt Parfait with Cinnamon Toast Crunch Cereal 100% Juice Assorted Fresh Fruit | Chicken Biscuit Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit |
| Week of: Jan 22, Feb 19, March 18, April 22, May 20 | Pancake & Sausage Griddle Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit | French Toast Sticks Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit | Pancake & Turkey Sausage on a Stick Smoothie with Blueberry Muffin 100% Juice Assorted Fresh Fruit | Cheesy Eggs with Grits Cinnamon Toast Crunch Cereal Bar with Yogurt 100% Juice Assorted Fresh Fruit | Chicken Biscuit Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit |
| Week of: Jan 28, Feb 25, March 25, April 29 | Sausage Biscuit Golden Grahams Cereal Bar with Yogurt 100% Juice Assorted Fresh Fruit | Mini Pancakes Blueberry Muffin with String Cheese 100% Juice Assorted Fresh Fruit | Egg & Cheese Biscuit Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit | French Toast Sticks Yogurt Parfait with Cinnamon Toast Crunch Cereal 100% Juice Assorted Fresh Fruit | Chicken Biscuit Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit |

Daily Assorted Milk • Daily Fresh Fruits
Locally Sourced Ingredients Offered Regularly
Daily Vegetarian Option

Menu Subject to Change Based on Product Availability

This institution is an equal opportunity provider.

NOW HIRING CAFÉ WORKERS
770-497-8337
217N@Kellyservices.com

Breakfast Price
Student \$1.10 Adult: \$1.60

PLATINUM AWARD WINNER



Fulton County Schools 2018-2019 Elementary School Lunch Menu



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Menu Subject to Change Based on Product Availability

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|---|---|
| Week of: Jan 7, Feb 4, March 4, April 8, May 6 | Meatball Spaghetti Bowl Popcorn Chicken with Roll Hummus Bento Box Fresh Fruit Baby Carrots Sweet Potato Waffle Fries | Sichuan Chicken with Brown Rice Black Bean Quesadilla Turkey & Cheese Lunchbox Buddy Fresh Fruit Signature Side Salad Steamed Broccoli | Classic Chili with Cheez-Its Chicken Filet Sandwich Cheese Pizza Pack Fresh Fruit Baby Carrots Oven-Baked French Fries | Chicken of the Day with Roll Burger Sliders Yogurt & Cheese Pack Fresh Fruit Signature Side Salad Black-Eyed Peas | Popcorn Shrimp with Mac & Cheese Cheese Pizza Slice Mac & Cheese Jamwich Pack Fresh Fruit Fresh Carrot, Cucumber & Tomato Steamed Green Beans |
| Week of: Jan 14, Feb 11, March 12, April 15, May 13 | Veggie Lasagna with Garlic Breadstick Chicken Sliders Turkey & Cheese Wrap Fresh Fruit Baby Carrots Oven-Baked Tater Tots | Mango Chicken with Brown Rice Hamburger Cheese Pizza Pack Fresh Fruit Signature Side Salad Peas & Carrots | Tex Mex Nachos Cheese Nachos Mini Hotdogs Black Bean Taco Salad Fresh Fruit Black Beans Baby Carrots | Southern Breaded Chicken with Roll Mini Cheese Calzone Yogurt & Cheese Pack Fresh Fruit Signature Side Salad Steamed Corn | Fish Filet Sandwich Meat Lover's Pizza Cheese Pizza Slice Jamwich Pack Fresh Fruit Fresh Carrot, Cucumber & Tomato Steamed Broccoli |
| Week of: Jan 22, Feb 19, March 18, April 22, May 20 | Chicken Alfredo with Garlic Breadstick Chicken Nuggets with Garlic Breadstick Hummus Bento Box Fresh Fruit Baby Carrots Green Peas | Teriyaki Chicken with Veggie Fried Rice Chicken Soft Tacos Cheese Pizza Pack Fresh Fruit Signature Side Salad Steamed Broccoli | Tomato Soup with Grilled Cheese Burger Sliders Turkey & Cheese Lunchbox Buddy Fresh Fruit Baby Carrots Oven-Baked French Fries | BBQ Pork Sliders Mozzarella Sticks Turkey Chef Salad Fresh Fruit Signature Side Salad Baked Beans Chocolate Chip Cookie | Popcorn Shrimp with Mac & Cheese Cheese Pizza Slice Mac & Cheese Fresh Fruit Fresh Carrot, Cucumber & Tomato Mixed Veggies |
| Week of: Jan 28, Feb 25, March 25, April 29 | Salisbury Steak with Roll Chicken Sliders Hummus Bento Box Fresh Fruit Baby Carrots Mashed Potatoes | General Tso's Chicken with Brown Rice Turkey & Cheese Croissant Yogurt & Cheese Pack Fresh Fruit Signature Side Salad Edamame Succotash | Grande Nachos Cheese Nachos Mini Corndogs Grilled Chicken Chef Salad Fresh Fruit Baby Carrots Black Beans | Chicken Drumstick with Roll Cheeseburger Cheese Pizza Pack Fresh Fruit Signature Side Salad Oven-Baked Tater Tots | Seafood Basket Meat Lover's Pizza Cheese Pizza Slice Jamwich Pack Fresh Carrot, Cucumber & Tomato Fresh Fruit Steamed Broccoli |

Daily Assorted Milk • Daily Fresh Fruits & Veggies
 All grains offered are whole grain-rich
 Locally Sourced Ingredients Offered Regularly

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 217N@Kellyservices.com

Lunch Price
Student \$2.45 Adult: \$3.45

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