

August | 2021

Middle School BREAKFAST MENU

Menu Subject to Change Based on Product Availability.



Kids who eat well,
learn better!

Students can choose
from hot & cold
entrees, fresh fruit,
100% juice, and skim
or low-fat milk to
start the day right!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9 Chicken Biscuit Mini Pancakes Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	10 Sausage, Egg & Cheese Croissant French Toast Sticks Muffin with Yogurt 100% Fruit Juice Assorted Fresh Fruit	11 Chicken Biscuit Pancake & Sausage on a Stick Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	12 Sausage Biscuit French Toast Sticks Cereal Bar with Yogurt 100% Fruit Juice Assorted Fresh Fruit	13 Chicken Biscuit Pancake & Sausage Bites Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
16 Chicken Biscuit Mini Pancakes Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	17 Sausage, Egg & Cheese Croissant French Toast Sticks Muffin with Yogurt 100% Fruit Juice Assorted Fresh Fruit	18 Chicken Biscuit Pancake & Sausage on a Stick Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	19 Sausage Biscuit French Toast Sticks Cereal Bar with Yogurt 100% Fruit Juice Assorted Fresh Fruit	20 Chicken Biscuit Pancake & Sausage Bites Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
23 Chicken Biscuit Mini Pancakes Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	24 Sausage, Egg & Cheese Croissant French Toast Sticks Muffin with Yogurt 100% Fruit Juice Assorted Fresh Fruit	25 Chicken Biscuit Pancake & Sausage on a Stick Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	26 Sausage Biscuit French Toast Sticks Cereal Bar with Yogurt 100% Fruit Juice Assorted Fresh Fruit	27 Chicken Biscuit Pancake & Sausage Bites Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
30 Chicken Biscuit Mini Pancakes Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	31 Sausage, Egg & Cheese Croissant French Toast Sticks Muffin with Yogurt 100% Fruit Juice Assorted Fresh Fruit			

Daily Assorted Milk • Daily Fresh Fruits
 Locally Sourced Ingredients Offered Regularly
Daily Vegetarian Option

Breakfast Price
 Student: FREE
 Adult: \$1.60



This institution is an equal opportunity provider.

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Middle School LUNCH MENU

Menu Subject to Change Based on Product Availability.

Did You Know:

Nutritious School Meals Help Kids Learn!

- ✓ Improves test scores
- ✓ Helps with comprehension & memory
- ✓ Increased attendance
- ✓ Improves diet health
- ✓ Reduces visits to the school nurse



FULTON COUNTY SCHOOLS
SCHOOL NUTRITION
Tasty Eats
WHERE STUDENTS COME FIRST



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9 Mozzarella Cheese Sticks Nashville Hot Chicken Nuggets with Breadstick Fresh Deli Subs • Jamwich Chef Selection Salad Baby Carrots Crinkle Cut Fries</p>	<p>10 General Tso's Chicken with Brown Rice Classic Pizza Slice: Meat Lover's Wrap of the Day • Jamwich Chef Selection Salad Signature Side Salad Peas & Carrots</p>	<p>11 Nachos Steakburger Fresh Deli Subs • Jamwich Chef Selection Salad Baby Carrots Black Beans</p>	<p>12 Southern Breaded Chicken with Texas Toast Classic Pizza Slice Wrap of the Day • Jamwich Chef Selection Salad Signature Side Salad Steamed Broccoli Chocolate Chip Cookie</p>	<p>13 Classic Pizza Slice: Cheese Popcorn Shrimp with Mac & Cheese Mini Burgers Fresh Deli Subs • Jamwich Chef Selection Salad Carrot, Cucumber & Cherry Tomato Green Beans</p>
<p>16 Italian Pasta Bake with Breadstick Chicken Tenders with Breadstick Fresh Deli Subs • Jamwich Chef Selection Salad Baby Carrots Steamed Broccoli</p>	<p>17 Teriyaki Chicken with Brown Rice Classic Pizza Slice: Buffalo Chicken Pizza Wrap of the Day • Jamwich Chef Selection Salad Signature Side Salad Edamame Succotash</p>	<p>18 Nachos Hot Dog Fresh Deli Subs • Jamwich Chef Selection Salad Baby Carrots Mixed Veggies</p>	<p>19 Chicken of the Day with Roll Classic Pizza Slice Wrap of the Day • Jamwich Chef Selection Salad Signature Side Salad Baked Beans Chocolate Chip Cookie</p>	<p>20 Classic Pizza Slice: Cheese Seafood Basket Chicken Filet Sandwich Fresh Deli Subs • Jamwich Chef Selection Salad Carrot, Cucumber & Cherry Tomato Tater Tots</p>
<p>23 Chicken Alfredo with Breadstick Southern Style Chicken Bites with Breadstick Fresh Deli Subs • Jamwich Chef Selection Salad Baby Carrots Steamed Broccoli</p>	<p>24 Tangerine Chicken with Brown Rice Classic Pizza Slice: Meat Lover's Wrap of the Day • Jamwich Chef Selection Salad Signature Side Salad Peas & Carrots</p>	<p>25 Nachos Steakburger Fresh Deli Subs • Jamwich Chef Selection Salad Baby Carrots Black Beans</p>	<p>26 Southern Breaded Chicken with Texas Toast Classic Pizza Slice Wrap of the Day • Jamwich Chef Selection Salad Signature Side Salad Steamed Corn Chocolate Chip Cookie</p>	<p>27 Classic Pizza Slice: Cheese Popcorn Shrimp with Mac & Cheese Spicy Chicken Sandwich Fresh Deli Subs • Jamwich Chef Selection Salad Carrot, Cucumber & Cherry Tomato Sweet Potato Fries</p>
<p>30 Chicken & Waffles Mini Cheese Calzone Fresh Deli Subs • Jamwich Chef Selection Salad Baby Carrots Tater Tots</p>	<p>31 Spicy Sichuan Chicken with Brown Rice Classic Pizza Slice: Buffalo Chicken Pizza Wrap of the Day • Jamwich Chef Selection Salad Signature Side Salad Steamed Broccoli</p>	<p>Bringing lunch from home? ❖ Select the Pack Pal from the cafe to enhance your lunchbox – it's FREE! ❖</p> <p>Daily assorted milk • Daily fresh fruits & veggies <i>Locally Sourced Ingredients Offered Regularly</i> Daily Vegetarian Option</p>		

Lunch Price
Student: FREE
Adult: \$3.45