## Middle School Breakfast Menu

### March 2020

**Monday**

2. National School Breakfast Week
   - Pancake & Sausage Bites
   - Mini Pancakes
   - Assorted Cereals
   - Assorted Fresh Fruit

9. Pancake & Sausage Bites
   - Mini Pancakes
   - Assorted Cereals
   - Assorted Fresh Fruit

16. Pancake & Sausage Bites
    - Mini Pancakes
    - Assorted Cereals
    - Assorted Fresh Fruit

23. Pancake & Sausage Bites
    - Mini Pancakes
    - Assorted Cereals
    - Assorted Fresh Fruit

30. Pancake & Sausage Bites
    - Mini Pancakes
    - Assorted Cereals
    - Assorted Fresh Fruit

**Tuesday**

3. National School Breakfast Week
   - Chicken Biscuit
   - French Toast Sticks
   - Yogurt Parfait with Cinnamon Toast Crunch Bar
   - Assorted Fresh Fruit

10. Chicken Biscuit
    - French Toast Sticks
    - Yogurt Parfait with Cinnamon Toast Crunch Bar
    - Assorted Fresh Fruit

17. Chicken Biscuit
    - French Toast Sticks
    - Yogurt Parfait with Cinnamon Toast Crunch Bar
    - Assorted Fresh Fruit

24. **Schools Closed**
    - Teacher Workday

**Wednesday**

4. National School Breakfast Week
   - Sausage, Egg & Cheese Croissant
   - Pancake & Sausage on a Stick
   - Assorted Cereals
   - Assorted Fresh Fruit

11. Sausage, Egg & Cheese Croissant
    - Pancake & Sausage on a Stick
    - Assorted Cereals
    - Assorted Fresh Fruit

18. Sausage, Egg & Cheese Croissant
    - Pancake & Sausage on a Stick
    - Assorted Cereals
    - Assorted Fresh Fruit

25. Sausage, Egg & Cheese Croissant
    - Pancake & Sausage on a Stick
    - Assorted Cereals
    - Assorted Fresh Fruit

**Thursday**

5. National School Breakfast Week
   - Sausage Biscuit
   - French Toast Sticks
   - Smoothie with Blueberry Muffin
   - Assorted Fresh Fruit

12. Sausage Biscuit
    - French Toast Sticks
    - Smoothie with Blueberry Muffin
    - Assorted Fresh Fruit

19. Sausage Biscuit
    - French Toast Sticks
    - Smoothie with Blueberry Muffin
    - Assorted Fresh Fruit

26. Sausage Biscuit
    - French Toast Sticks
    - Smoothie with Blueberry Muffin
    - Assorted Fresh Fruit

**Friday**

6. National School Breakfast Week
   - Chicken Biscuit
   - Waffles & Sausage Links
   - Assorted Cereals
   - Assorted Fresh Fruit

13. **Schools Closed**
    - Teacher Workday

20. Chicken Biscuit
    - Waffles & Sausage Links
    - Assorted Cereals
    - Assorted Fresh Fruit

27. Chicken Biscuit
    - Waffles & Sausage Links
    - Assorted Cereals
    - Assorted Fresh Fruit

**Breakfast Price**

- Student: $1.25
- Reduced: $0.30
- Adult: $1.60

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<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
</tr>
<tr>
<td>Pulled BBQ Pork Sandwich</td>
<td>Tangerine Chicken with Brown Rice</td>
<td>Tex Mex Nachos</td>
<td>Breakfast for Lunch:</td>
<td>Popcorn Shrimp with Mac &amp; Cheese</td>
</tr>
<tr>
<td>Southern Style Chicken Bites with Garlic Breadstick</td>
<td>with Meat Lover’s Pizza</td>
<td>Cheese Nachos</td>
<td>Sausage Waffle Sandwich</td>
<td>Spicy Chicken Sandwich</td>
</tr>
<tr>
<td>Broccoli Cheddar Soup with Garlic Breadstick</td>
<td>with Veggie Burger</td>
<td>Mini Burgers</td>
<td>Pepperoni Pizza</td>
<td>Cheese Pizza</td>
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<tr>
<td>Fresh Deli Subs</td>
<td>Jamwich</td>
<td>Fresh Deli Subs</td>
<td>Twisted Mozzarella Stuffed Breadsticks</td>
<td>Fresh Deli Subs</td>
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<tr>
<td>Wrap of the Day</td>
<td>Fresh Deli Subs</td>
<td>Chef Selection Salad</td>
<td>Jamwich</td>
<td>Wrap of the Day</td>
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<tr>
<td>Chef Selection Salad</td>
<td>Signature Side Salad</td>
<td>Baby Carrots</td>
<td>Fresh Deli Subs</td>
<td>Chef Selection Salad</td>
</tr>
<tr>
<td>Baby Carrots</td>
<td>Steamed Broccoli</td>
<td>Black Beans</td>
<td>Carrot, Cucumber &amp; Cherry Tomato</td>
<td>Mixed Veggies</td>
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<tr>
<td>Steamed Corn</td>
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<tr>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
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<tr>
<td>Salisbury Steak with Roll</td>
<td>Sichuan Chicken with Chow Mein Noodles</td>
<td>White Queso Grande Nachos</td>
<td>BBQ Pulled Pork Sliders</td>
<td>Schools Closed</td>
</tr>
<tr>
<td>Chicken &amp; Waffles</td>
<td>with Mini Pretzel Bites</td>
<td>White Queso Nachos</td>
<td>Pepperoni Pizza</td>
<td>Teacher Workday</td>
</tr>
<tr>
<td>Bean &amp; Cheese Enchilada</td>
<td>with Cheese Dip</td>
<td>Hotdog</td>
<td>Tomato Basil Soup</td>
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<tr>
<td>Fresh Deli Subs</td>
<td>Buffalo Chicken Pizza</td>
<td>Fresh Deli Subs</td>
<td>with Grilled Cheese</td>
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<tr>
<td>Wrap of the Day</td>
<td>Jamwich</td>
<td>Chef Selection Salad</td>
<td>Jamwich</td>
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<tr>
<td>Chef Selection Salad</td>
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<td>Baby Carrots</td>
<td>Fresh Deli Subs</td>
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<tr>
<td>Baby Carrots</td>
<td>Chef Selection Salad</td>
<td>Carrots</td>
<td>Chef Selection Salad</td>
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<tr>
<td>Mashed Potatoes</td>
<td>Signature Side Salad</td>
<td>Sweet Waffle Fries</td>
<td>Signature Side Salad</td>
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<td></td>
<td>Steamed Broccoli</td>
<td>Baked Beans</td>
<td>Steamed Broccoli</td>
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<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
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<tr>
<td>Chicken Nuggets with Garlic Breadstick Cheeseburger</td>
<td>General Tso’s Chicken with Brown Rice</td>
<td>Tex Mex Nachos</td>
<td>Southern Breaded Chicken with Roll</td>
<td>Popcorn Shrimp with Mac &amp; Cheese</td>
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<tr>
<td>Mozzarella Cheese Sticks</td>
<td>with Meat Lover’s Pizza</td>
<td>Cheese Nachos</td>
<td>with Pepperoni Pizza</td>
<td>Mini Burgers</td>
</tr>
<tr>
<td>Fresh Deli Subs</td>
<td>Black Bean Quesadilla</td>
<td>Grilled Chicken &amp; Cheese</td>
<td>Veggie Lasagna with Roll</td>
<td>Cheese Pizza</td>
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<tr>
<td>Wrap of the Day</td>
<td>Jamwich</td>
<td>Sandwich</td>
<td>Jamwich</td>
<td>Fresh Deli Subs</td>
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<tr>
<td>Chef Selection Salads</td>
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<td>Baby Carrots</td>
<td>Chef Selection Salad</td>
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<td>Chef Selection Salad</td>
<td>Chef Selection Salad</td>
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<tr>
<td>Tater Tots</td>
<td>Signature Side Salad</td>
<td>Baby Carrots</td>
<td>Signature Side Salad</td>
<td>Carrot, Cucumber &amp; Cherry Tomato</td>
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<tr>
<td></td>
<td>Peas &amp; Carrots</td>
<td>Black Beans</td>
<td>Sweet Waffle Fries</td>
<td>Edamame Succotash</td>
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<td>23</td>
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<td>25</td>
<td>26</td>
<td>27</td>
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<tr>
<td>Italian Pasta Bake with Texas Toast</td>
<td>Schools Closed</td>
<td>Grande White Queso Nachos</td>
<td>Chili with Cheez-Its</td>
<td>Make My Plate Georgia Grown</td>
</tr>
<tr>
<td>Chicken Tenders</td>
<td>Teacher Workday</td>
<td>White Queso Nachos</td>
<td>Pepperoni Pizza</td>
<td>Seafood Basket</td>
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<td>with Texas Toast</td>
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<td>Chicken Filet Sandwich</td>
<td>Cheese Pizza</td>
<td>Southern Style Chicken Bites with Roll</td>
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<tr>
<td>Mini Cheese Calzone</td>
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<td>Cheese Pizza</td>
<td>Fresh Deli Subs</td>
<td>Cheese Pizza</td>
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<td>Wrap of the Day</td>
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<tr>
<td>Chef Selection Salad</td>
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<td>Chef Selection Salad</td>
<td>Chef Selection Salad</td>
<td>Chef Selection Salad</td>
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<tr>
<td>Baby Carrots</td>
<td></td>
<td>Baby Carrots</td>
<td>Signature Side Salad</td>
<td>Carrot, Cucumber &amp; Cherry Tomato</td>
</tr>
<tr>
<td>Crinkle Fries</td>
<td></td>
<td>Signature Side Salad</td>
<td>Sweet Waffle Fries</td>
<td>Collard Greens</td>
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<td></td>
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<td>Chocolate Chip Cookie</td>
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</tbody>
</table>

### Celebrate with the Cafe

**Harvest of the Month: Grapefruit!**

- Daily assorted milk • Daily fresh fruits & veggies
- All grains offered are whole grain-rich
- Locally Sourced Ingredients Offered Regularly
- Daily Vegetarian Option

### Lunch Price

- Student $2.70
- Reduced: $0.40
- Adult: $3.45

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