

November | 2022

Middle School BREAKFAST MENU

Menu Subject to Change Based on Product Availability.



School breakfast
fuels classroom
performance!

Students can choose
from hot & cold entrees,
fresh fruit, 100% juice,
and skim or low-fat milk
to start the day right!



FULTON COUNTY SCHOOLS
SCHOOL NUTRITION
Tasty Eats
WHERE STUDENTS COME FIRST



This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Sausage, Egg & Cheese Croissant French Toast Sticks (V) Muffin with Yogurt (V)	2 Chicken & Waffle Griddle Waffle & Sausage Griddle Assorted Cereal (V) Assorted Cereal (V)	3 Sausage Biscuit French Toast Sticks (V) Pop-Tart with Yogurt (V)	4 Chicken Biscuit Cinnamon Glazed Pancakes (V) Assorted Cereal (V) Assorted Cereal (V)
7 Steak Biscuit Pancake & Sausage on a Stick Assorted Cereal (V) Assorted Cereal (V)	8 Election Day Remote Learning Day	9 Chicken & Waffle Griddle Waffle & Sausage Griddle Assorted Cereal (V) Assorted Cereal (V)	10 Sausage Biscuit French Toast Sticks (V) Pop-Tart with Yogurt (V)	11 Chicken Biscuit Cinnamon Glazed Pancakes (V) Assorted Cereal (V) Assorted Cereal (V)
14 Steak Biscuit Pancake & Sausage on a Stick Assorted Cereal (V) Assorted Cereal (V)	15 Sausage, Egg & Cheese Croissant French Toast Sticks (V) Muffin with Yogurt (V)	16 Chicken & Waffle Griddle Waffle & Sausage Griddle Assorted Cereal (V) Assorted Cereal (V)	17 Sausage Biscuit French Toast Sticks (V) Pop-Tart with Yogurt (V)	18 Chicken Biscuit Cinnamon Glazed Pancakes (V) Assorted Cereal (V) Assorted Cereal (V)
21 Thanksgiving Holiday Schools Closed	22 Thanksgiving Holiday Schools Closed	23 Thanksgiving Holiday Schools Closed	24 Thanksgiving Holiday Schools Closed	25 Thanksgiving Holiday Schools Closed
28 Steak Biscuit Pancake & Sausage on a Stick Assorted Cereal (V) Assorted Cereal (V)	29 Sausage, Egg & Cheese Croissant French Toast Sticks (V) Muffin with Yogurt (V)	30 Chicken & Waffle Griddle Waffle & Sausage Griddle Assorted Cereal (V) Assorted Cereal (V)		

daily assorted choice of milk • daily fresh fruits • 100% fruit juice

locally sourced ingredients offered regularly

daily vegetarian option (V)

Breakfast Price

Student: \$1.25

Reduced: \$0.30

Adult: \$2.00

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Middle School LUNCH MENU

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Menu Subject to Change Based on Product Availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Lunch Price Student: \$2.70 Reduced: \$0.40 Adult: \$4.00</p>	<p>1 General Tso's Chicken with Rice Asian Style MorningStar Chik'n With Rice (V) Classic Pizza Slice: Cheese (V) or Meat Lover's Wrap of the Day Signature Side Salad • Steamed Broccoli</p>	<p>2 Fiesta Chicken & Rice Fiesta Beans & Rice (V) Burger • Veggie Burger (V) Fresh Deli Subs Baby Carrots • Steamed Corn</p>	<p>3 Crispy Chicken of the Day with Cornbread Classic Pizza Slice: Cheese (V) or Pepperoni 3-Bean Chili with Cornbread (V) Wrap of the Day Signature Side Salad • Roasted Green Beans Chocolate Chip Cookie</p>	<p>4 Classic Pizza Slice: Cheese (V) Popcorn Shrimp with Mac & Cheese Mac & Cheese (V) Steak Sliders • Fresh Deli Subs Carrot, Cucumber & Cherry Tomato Baked Beans</p>
<p>7 Veggie Italian Pasta Bake with Breadstick (V) Chicken Tenders with Breadstick MorningStar Chik'n With Breadstick (V) Fresh Deli Subs Baby Carrots • Steamed Broccoli</p>	<p>8 Election Day Remote Learning Day</p>	<p>9 Grande Nachos Cheese Nachos (V) Beef Hot Dog Veggie Burger (V) Fresh Deli Subs Baby Carrots • Black Beans</p>	<p>10 Crispy Chicken of the Day with Texas Toast Classic Pizza Slice: Cheese (V) or Pepperoni Mozzarella Cheese Sticks (V) Wrap of the Day Signature Side Salad • Roasted Green Beans Chocolate Chip Cookie</p>	<p>11 Classic Pizza Slice: Cheese (V) Seafood Basket Chicken Filet Sandwich 3-Bean Chili with Hushpuppies (V) Fresh Deli Subs Carrot, Cucumber & Cherry Tomato Tater Tots</p>
<p>14 Veggie Alfredo Pasta with Cheese Stuffed Breadstick (V) Alfredo Pasta with Cheese Stuffed Breadstick Southern Style Chicken Bites with Breadstick MorningStar Chik'n Nuggets with Breadstick (V) Fresh Deli Subs Baby Carrots • Steamed Broccoli 100% Fruit Slushie</p>	<p>15 Asian Chicken Dumplings Asian Style MorningStar Chik'n With Rice (V) Classic Pizza Slice: Cheese (V) or Meat Lover's Wrap of the Day Signature Side Salad • Roasted Green Beans</p>	<p>16 Tex Mex Nachos Cheese Nachos (V) Burger • Veggie Burger (V) Fresh Deli Subs Baby Carrots • Black Beans</p>	<p>17 Crispy Chicken of the Day with Texas Toast Classic Pizza Slice: Cheese (V) or Pepperoni Jamwich (V) Wrap of the Day Signature Side Salad • Steamed Corn Chocolate Chip Cookie</p>	<p>18 Classic Pizza Slice: Cheese (V) Crispy Cod Nuggets with Mac & Cheese Mac & Cheese (V) Spicy Chicken Sandwich Fresh Deli Subs Carrot, Cucumber & Cherry Tomato Kickin' Cajun Carrots</p>
<p>21 Thanksgiving Holiday Schools Closed</p>	<p>22 Thanksgiving Holiday Schools Closed</p>	<p>23 Thanksgiving Holiday Schools Closed</p>	<p>24 Thanksgiving Holiday Schools Closed</p>	<p>25 Thanksgiving Holiday Schools Closed</p>
<p>28 Chicken & Waffles Scrambled Eggs with Waffle (V) Mini Cheese Calzone (V) Fresh Deli Subs Baby Carrots • Tater Tots</p>	<p>29 Spicy Sichuan Chicken with Rice Asian Style MorningStar Chik'n With Rice (V) Classic Pizza Slice: Cheese (V) or Buffalo Chicken Wrap of the Day Baby Carrots • Steamed Broccoli</p>	<p>30 Chicken Fajita Nachos Cheese Nachos (V) Beef Hot Dog Jamwich (V) Fresh Deli Subs Signature Side Salad Sweet Potato Waffle Fries</p>	<p>Daily offerings: Chef selection salads • Assorted choice of milk • Fresh fruits & veggies <i>locally sourced ingredients offered regularly</i> vegetarian option (V)</p>	

Celebrate
with
the Café

Harvest of the
Month:
GA Grown Kale!



FAYON COUNTY SCHOOLS
SCHOOL NUTRITION
Truly Ends
WHERE STUDENTS COME FIRST

