

February | 2020

McClarion High School



BREAKFAST MENU



Eat well, learn better!

Students can choose a hot entree, fresh fruit, 100% juice, and skim or low-fat milk to start the day right!



NOW HIRING CAFÉ WORKERS
770-497-8337 ext. 215
217N@Kellyservices.com



facebook.com/fcsnutrition

FCS Mobile App: view school menus, nutrient info, and make meal payments.

Visit fcsnutrition.com for more info!

This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
3 Chicken Biscuit 100% Fruit Juice Assorted Fresh Fruit	4 Doughnut Bites 100% Fruit Juice Assorted Fresh Fruit	5 Sausage Biscuit 100% Fruit Juice Assorted Fresh Fruit	6 Pancake & Sausage on a Stick 100% Fruit Juice Assorted Fresh Fruit
10 Chicken Biscuit 100% Fruit Juice Assorted Fresh Fruit	11 Doughnut Bites 100% Fruit Juice Assorted Fresh Fruit	12 Sausage Biscuit 100% Fruit Juice Assorted Fresh Fruit	13 Pancake & Sausage on a Stick 100% Fruit Juice Assorted Fresh Fruit
17 Schools Closed Presidents' Day	18 Doughnut Bites 100% Fruit Juice Assorted Fresh Fruit	19 Sausage Biscuit 100% Fruit Juice Assorted Fresh Fruit	20 Pancake & Sausage on a Stick 100% Fruit Juice Assorted Fresh Fruit
24 Chicken Biscuit 100% Fruit Juice Assorted Fresh Fruit	25 Doughnut Bites 100% Fruit Juice Assorted Fresh Fruit	26 Sausage Biscuit 100% Fruit Juice Assorted Fresh Fruit	27 Pancake & Sausage on a Stick 100% Fruit Juice Assorted Fresh Fruit

Daily Assorted Milk • Daily Fresh Fruits
Locally Sourced Ingredients Offered Regularly

Menu Subject to Change Based on Product Availability.

Breakfast Price
Student \$0.00
Reduced: \$0.00
Adult: \$1.60

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LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
6 Chicken & Waffles Cheeseburger Baby Carrots	7 Italian Pasta Bake with Garlic Breadstick Turkey & Cheese Sub Bean Salad	8 Teriyaki Chicken with Brown Rice Cheese Pizza Baby Carrots	9 Southern Breaded Chicken with Roll Turkey & Cheese Sub Corn Salsa
13 Nashville Hot Chicken with Texas Toast Mini Burgers Baby Carrots	14 Bacon Cheeseburger Turkey & Cheese Sub Bean Salad	15 Cheese Pizza Spicy Chicken Sandwich Baby Carrots	16 Chicken of the Day with Roll Turkey & Cheese Sub Corn Salsa
20 Schools Closed Presidents' Day	21 Veggie Lasagna with Garlic Breadstick Turkey & Cheese Sub Bean Salad	22 General Tso's Chicken with Brown Rice Chicken Filet Sandwich Baby Carrots	23 Southern Breaded Chicken with Roll Turkey & Cheese Sub Corn Salsa
27 Southern Style Chicken Bites with Roll Tangerine Chicken with Brown Rice Baby Carrots	28 Meatball Spaghetti Bowl Turkey & Cheese Sub Bean Salad	29 Cheese Pizza Spicy Chicken Sandwich Baby Carrots	30 BBQ Pulled Pork Sandwich Turkey & Cheese Sub Corn Salsa

Celebrate with
the Café



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Daily assorted milk • Daily fresh fruits & veggies
 Signature side salad
 All grains offered are whole grain-rich
Locally Sourced Ingredients Offered Regularly
 Menu Subject to Change Based on Product Availability.

Lunch Price
 Student \$0.00
 Reduced: \$0.00
 Adult: \$3.45