

# November | 2019

# McClarlin High School

## BREAKFAST MENU

FULTON COUNTY SCHOOLS  
SCHOOL NUTRITION  
*Tasty Eats*  
WHERE STUDENTS COME FIRST



**Eat well, learn better!**

Students can choose a hot entree, fresh fruit, 100% juice, and skim or low-fat milk to start the day right!



**NOW HIRING CAFÉ WORKERS**  
770-497-8337 ext. 215  
217N@kellyservices.com



@fcsnutrition

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**FCS Mobile App:** view school menus, nutrient info, and make meal payments.

Visit [fcsnutrition.com](http://fcsnutrition.com) for more info!

This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>4</b> Chicken Biscuit 100% Fruit Juice Assorted Fresh Fruit	<b>5</b> <b>Schools Closed</b> <b>Teacher Workday</b>	<b>6</b> Sausage Biscuit 100% Fruit Juice Assorted Fresh Fruit	<b>7</b> Pancake & Sausage on a Stick 100% Fruit Juice Assorted Fresh Fruit
<b>11</b> Chicken Biscuit 100% Fruit Juice Assorted Fresh Fruit	<b>12</b> Doughnut Bites 100% Fruit Juice Assorted Fresh Fruit	<b>13</b> Sausage Biscuit 100% Fruit Juice Assorted Fresh Fruit	<b>14</b> Pancake & Sausage on a Stick 100% Fruit Juice Assorted Fresh Fruit
<b>18</b> Chicken Biscuit 100% Fruit Juice Assorted Fresh Fruit	<b>19</b> Doughnut Bites 100% Fruit Juice Assorted Fresh Fruit	<b>20</b> Sausage Biscuit 100% Fruit Juice Assorted Fresh Fruit	<b>21</b> Pancake & Sausage on a Stick 100% Fruit Juice Assorted Fresh Fruit
<b>25</b> <b>Schools Closed</b> <b>Thanksgiving Break</b>	<b>26</b> <b>Schools Closed</b> <b>Thanksgiving Break</b>	<b>27</b> <b>Schools Closed</b> <b>Thanksgiving Break</b>	<b>28</b> <b>Schools Closed</b> <b>Thanksgiving Break</b>

**Daily Assorted Milk • Daily Fresh Fruits**  
*Locally Sourced Ingredients Offered Regularly*  
*Menu Subject to Change Based on Product Availability.*

**Breakfast Price**  
Student \$1.25  
Reduced: \$0.30  
Adult: \$1.60

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## LUNCH MENU




Celebrate with  
the Café



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>4 Chicken Nuggets with Roll Cheese Pizza Baby Carrots</p> <p>11 Southern Style Chicken Bites with Roll Tangerine Chicken with Brown Rice Baby Carrots</p> <p>18 Chicken &amp; Waffles Cheeseburger Baby Carrots</p> <p>25 Schools Closed Thanksgiving Break</p>	<p>5 Schools Closed Teacher Workday</p> <p>12 Meatball Spaghetti Bowl Turkey &amp; Cheese Sub Bean Salad</p> <p>19 Italian Pasta Bake with Garlic Breadstick Turkey &amp; Cheese Sub Bean Salad</p> <p>26 Schools Closed Thanksgiving Break</p>	<p>6 General Tso's Chicken with Brown Rice Chicken Filet Sandwich Baby Carrots</p> <p>13 Cheese Pizza Spicy Chicken Sandwich Baby Carrots</p> <p>20 Teriyaki Chicken with Brown Rice Cheese Pizza Baby Carrots</p> <p>27 Schools Closed Thanksgiving Break</p>	<p>7 Southern Breaded Chicken with Roll Turkey &amp; Cheese Sub Corn Salsa</p> <p>14 BBQ Pulled Pork Sandwich Turkey &amp; Cheese Sub Corn Salsa</p> <p>21 Southern Breaded Chicken with Roll Turkey &amp; Cheese Sub Corn Salsa</p> <p>28 Schools Closed Thanksgiving Break</p>

Daily assorted milk • Daily fresh fruits & veggies  
Signature side salad

All grains offered are whole grain-rich

*Locally Sourced Ingredients Offered Regularly*

*Menu Subject to Change Based on Product Availability.*

**Lunch Price**  
Student \$1.25  
Reduced: \$0.30  
Adult: \$1.60