



**Scott Farms** is a sixth-generation family farm based in Lucama, North Carolina growing sweet potatoes, wheat, soybeans, and corn. Today, Scott Farms ranks as one of the largest farms in the region at more than 14,000 acres in farmland.

# Sweet Potato

- Sweet potatoes are root vegetables that grow underground.
  - Sweet potatoes come in different colors like orange, purple, yellow, and white.
  - Sweet potatoes can grow into very big sizes—some can weigh over 10 pounds.
  - Sweet potatoes a favorite food for astronauts in space because they're nutritious and easy to grow.
- ★ Sweet potatoes are a good source of vitamin A!

**Locally grown**  
**Sweet Potatoes**  
**served in your café!**



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