



**Locally grown Oranges**  
**served in your café**  
**this November!**



**Indian River Exchange** is located in Vero Beach, Florida.

**John Stevens Packing** is located in Frostproof, Florida.

**Heller Bros.** is located in Winter Garden, Florida.

**W. G. Roe & Sons** is located in Winter Haven, Florida

**Egan Fruit** is located in Fellsmere, Florida.

- The Orange is a citrus fruit and is a hybrid of the Pomelo and Mandarin.
- Oranges are the most consumed citrus fruit in the United States.
- Orange seeds are called pips.
- There are now over 600 varieties of oranges worldwide!
- ★ Oranges are an excellent source of vitamin C!

FULTON COUNTY SCHOOLS

**SCHOOL NUTRITION**

*Tasty Eats*

**WHERE STUDENTS COME FIRST**



Visit [fcsnutrition.com](http://fcsnutrition.com) for menus and more info!  
This institution is an equal opportunity provider.