



Southern Valley Farms is located in Norman Park, GA

Spring Mill Farms is located in Perkins, GA

Garcia Farms is located in Adel, GA

- Yellow squash is harvested while still immature, which gives it a tender skin and mild flavor.
- Yellow squash is part of the Cucurbita pepo family of vegetables.
- Yellow squash is about 94-95% water, helping support hydration while providing important nutrients.

★ **Yellow squash provides vitamins A and C!**

FULTON COUNTY SCHOOLS
SCHOOL NUTRITION
Tasty Eats



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Yellow Squash

**Locally grown
yellow squash
served in your café!**

