

Award-Winning Summer Feeding Participant

Menu Subject to Change Based on Product Availability

HIGH SCHOOL ON-SITE LUNCH MENU

MONDAY

Chicken Filet Sandwich
Baby Carrots*, Fresh Celery*
Fresh Oranges*, Peach Slices*

TUESDAY

Hamburger with Cheez-Its
Baby Carrots*, Corn & Bean Salsa*
Fresh Apple Slices*, Peach Slices*

WEDNESDAY

Turkey & Cheese Melt
Grape Tomatoes*, Fresh Celery*
Fresh Oranges*, Peach Slices*

THURSDAY

Hot Dog with Cheez-Its
Baby Carrots*, Fresh Broccoli*
Fresh Apple Slices*, Peach Slices*

FRIDAY

Chicken Tenders with Cheez-Its
Grape Tomatoes*, Corn & Bean Salsa*
Fresh Oranges*, Fruit Slush*

Daily assorted milk: 1% and fat free chocolate
All grains offered are whole grain-rich
Locally sourced ingredients offered when available
Water available at no cost
*Vegetarian options

Lunch Price:

Children: FREE Adult: \$3.45
Ages 1-18



Visit fcsnutrition.com for menus and more info!