

## Locally grown watermelon served in your café!

Maternelon



L&M Farms is located in Raleigh, North Carolina. L&M Farms harvests cucumbers, watermelon, greens, peppers, and squash.

- Watermelon is in the same family as squash, cucumbers, and pumpkins.
- Watermelon is a warm-season crop that grows on a vine.
- Watermelon is a fruit & a vegetable! It is a fruit because it grows from a seed, and it is a vegetable because it is harvested and cleared from the field like other vegetables.

The flesh of watermelon is over 90% water!



