### Breakfast Menu

**Mon-Fri**

**MIXUP**

**Mon, Wed, Fri**

- Steak Biscuit
- **Doughnut Bites (V)**
- **100% Fruit Juice**
- Assorted Fresh Fruit

**Tues & Thurs**

- Chicken Biscuit
- Assorted Cereals (V)
- **100% Fruit Juice**
- Assorted Fresh Fruit

**Fri**

- Sausage, Egg & Cheese Croissant
- Smoothie with Scone (V)
- **100% Fruit Juice**
- Assorted Fresh Fruit

**Daily Fresh Fruits**

**Daily Assorted Choice of Milk**

**100% Fruit Juice**

**Locally Sourced Ingredients Offered Regularly**

**Daily Vegetarian Option (V)**

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**Aug 2022**

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**Breakfast Price**

- **Student:** $0.00
- **Adult:** $2.00

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This institution is an equal opportunity provider.
### August 2022

**Lunch Menu**

Menu Subject to Change Based on Product Availability.

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
</table>
| 8. Nashville Hot Chicken Nuggets with Breadstick  
Classic Pizza Slice: Cheese or Pepperoni  
Fresh Deli Sub  
Carrots & Cucumbers | 9. Veggie Lasagna with Breadstick  
Philly Cheesesteak  
Fresh Deli Sub  
Corn & Bean Salsa | 10. General Tso’s Chicken with Brown Rice  
Classic Pizza Slice: Cheese or Pepperoni  
Fresh Deli Sub  
Carrots & Cucumbers | 11. Crispy Chicken Thigh with Roll  
Hot Dog  
Fresh Deli Sub  
Corn & Bean Salsa  
Chocolate Chip Cookie | 12. Classic Pizza Slice: Cheese or Pepperoni  
Spicy Chicken Sandwich  
Fresh Deli Sub  
Carrots & Cucumbers |
| 15. Southern Style Chicken Bites with Roll  
Classic Pizza Slice: Cheese or Pepperoni  
Fresh Deli Sub  
Carrots & Cucumbers | 16. Chicken Alfredo with Breadstick  
Veggie Burger  
Fresh Deli Sub  
Corn & Bean Salsa | 17. General Tso’s Chicken with Brown Rice  
Classic Pizza Slice: Cheese or Buffalo Chicken  
Fresh Deli Sub  
Carrots & Cucumbers | 18. Crispy Chicken Thigh with Roll  
Cheeseburger  
Fresh Deli Sub  
Corn & Bean Salsa  
Chocolate Chip Cookie | 19. Classic Pizza Slice: Cheese or Pepperoni  
Hot Dog  
Fresh Deli Sub  
Carrots & Cucumbers |
| 22. Chicken Tenders with Breadstick  
Classic Pizza Slice: Cheese or Pepperoni  
Fresh Deli Sub  
Carrots & Cucumbers | 23. Italian Pasta Bake with Breadstick  
Hot Dog  
Fresh Deli Sub  
Corn & Bean Salsa | 24. Chicken Filet Sandwich with Breadstick  
Classic Pizza Slice: Cheese or Pepperoni  
Fresh Deli Sub  
Carrots & Cucumbers | 25. Crispy Chicken Thigh with Roll  
Classic Pizza Slice: Cheese or Pepperoni  
Fresh Deli Sub  
Corn & Bean Salsa  
Chocolate Chip Cookie | 26. Classic Pizza Slice: Cheese or Pepperoni  
Spicy Chicken Sandwich  
Fresh Deli Sub  
Carrots & Cucumbers |
| 29. Chicken & Waffles  
Classic Pizza Slice: Cheese or Pepperoni  
Fresh Deli Sub  
Carrots & Cucumbers | 30. Chicken Parmesan with Breadstick  
Bacon Cheeseburger  
Fresh Deli Sub  
Corn & Bean Salsa | 31. Salisbury Steak with Roll  
Classic Pizza Slice: Cheese or Pepperoni  
Fresh Deli Sub  
Carrots & Cucumbers |

**Lunch Price**

- Student: $0.00
- Adult: $4.00

**Daily Offerings:** assorted milk  •  assorted fresh fruits & veggies

locally sourced ingredients offered regularly

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**Did You Know:**

Nutritious School Meals Help Kids Learn!

- Improves test scores
- Helps with comprehension & memory
- Increased attendance
- Improves diet health
- Reduces visits to the school nurse

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