

# December | 2021

# College & Career Academy BREAKFAST MENU

Menu Subject to Change Based on Product Availability.



Kids who eat well,  
learn better!

Students can choose  
from hot & cold  
entrees, fresh fruit,  
100% juice, and skim  
or low-fat milk to  
start the day right!



FULTON COUNTY SCHOOLS  
**SCHOOL NUTRITION**  
*Tasty Eats*  
WHERE STUDENTS COME FIRST



This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	7 Chicken Biscuit Doughnut Bites 100% Fruit Juice Assorted Fresh Fruit	1 Sausage Biscuit French Toast Sticks 100% Fruit Juice Assorted Fresh Fruit	2 Breakfast Croissant Muffin with Yogurt 100% Fruit Juice Assorted Fresh Fruit	3 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
13 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	14 Chicken Biscuit Doughnut Bites 100% Fruit Juice Assorted Fresh Fruit	8 Sausage Biscuit French Toast Sticks 100% Fruit Juice Assorted Fresh Fruit	9 Breakfast Croissant Muffin with Yogurt 100% Fruit Juice Assorted Fresh Fruit	10 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
20 <b>Schools Closed Winter Break</b>	21 <b>Schools Closed Winter Break</b>	15 Sausage Biscuit French Toast Sticks 100% Fruit Juice Assorted Fresh Fruit	16 Breakfast Croissant Muffin with Yogurt 100% Fruit Juice Assorted Fresh Fruit	17 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
27 <b>Schools Closed Winter Break</b>	28 <b>Schools Closed Winter Break</b>	22 <b>Schools Closed Winter Break</b>	23 <b>Schools Closed Winter Break</b>	24 <b>Schools Closed Winter Break</b>
		29 <b>Schools Closed Winter Break</b>	30 <b>Schools Closed Winter Break</b>	31 <b>Schools Closed Winter Break</b>

Breakfast Croissant = Egg & Cheese Croissant **OR** Bacon, Egg & Cheese Croissant,  
**OR** Sausage, Egg, & Cheese Croissant, **OR** Turkey & Cheese Croissant

Daily Assorted Milk • Daily Fresh Fruits  
100% Fruit Juice

Locally Sourced Ingredients Offered Regularly

**Daily Vegetarian Option**

**Breakfast Price**

Student: FREE

Adult: \$1.60

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# College & Career Academy LUNCH MENU

Menu Subject to Change Based on Product Availability.

Did You Know:

## Nutritious School Meals Help Kids Learn!

- ✓ Improves test scores
- ✓ Helps with comprehension & memory
- ✓ Increased attendance
- ✓ Improves diet health
- ✓ Reduces visits to the school nurse



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Daily offerings:</b> Assorted milk • Signature side salad Assorted fresh fruits &amp; veggies <i>Locally Sourced Ingredients Offered Regularly</i></p>		<p><b>1</b> Salisbury Steak with Roll Classic Pizza Slice: Cheese or Meat Lover's Fresh Deli Sub Carrots &amp; Cucumbers</p>	<p><b>2</b> Southern Breaded Chicken with Roll Veggie Burger Fresh Deli Sub Corn &amp; Bean Salsa Chocolate Chip Cookie</p>	<p><b>3</b> Classic Pizza Slice: Cheese Mini Pepperoni Calzones Spicy Deluxe Chicken Sandwich Fresh Deli Sub Carrots &amp; Cucumbers</p>
<p><b>6</b> Nashville Hot Chicken Nuggets Classic Pizza Slice: Cheese or Pepperoni Fresh Deli Sub Carrots &amp; Cucumbers</p>	<p><b>7</b> Veggie Lasagna with Breadstick Philly Cheesesteak Fresh Deli Sub Corn &amp; Bean Salsa</p>	<p><b>8</b> General Tso's Chicken with Brown Rice Classic Pizza Slice: Cheese or Meat Lover's Fresh Deli Sub Carrots &amp; Cucumbers</p>	<p><b>9</b> Southern Breaded Chicken with Texas Toast Hot Dog Fresh Deli Sub Corn &amp; Bean Salsa Chocolate Chip Cookie</p>	<p><b>10</b> Classic Pizza Slice: Cheese Mini Pepperoni Calzones Spicy Deluxe Chicken Sandwich Fresh Deli Sub Carrots &amp; Cucumbers</p>
<p><b>13</b> Southern Style Chicken Bites with Roll Classic Pizza Slice: Cheese or Pepperoni Fresh Deli Sub Carrots &amp; Cucumbers</p>	<p><b>14</b> Chicken Alfredo with Breadstick Veggie Burger Fresh Deli Sub Corn &amp; Bean Salsa</p>	<p><b>15</b> General Tso's Chicken with Brown Rice Classic Pizza Slice: Cheese or Meat Lover's Fresh Deli Sub Carrots &amp; Cucumbers</p>	<p><b>16</b> Southern Breaded Chicken with Roll Steakburger Fresh Deli Sub Corn &amp; Bean Salsa Chocolate Chip Cookie</p>	<p><b>17</b> Classic Pizza Slice: Cheese Mini Pepperoni Calzones Hot Dog Fresh Deli Sub Carrots &amp; Cucumbers</p>
<p><b>20</b> <b>Schools Closed Winter Break</b></p>	<p><b>21</b> <b>Schools Closed Winter Break</b></p>	<p><b>22</b> <b>Schools Closed Winter Break</b></p>	<p><b>23</b> <b>Schools Closed Winter Break</b></p>	<p><b>24</b> <b>Schools Closed Winter Break</b></p>
<p><b>27</b> <b>Schools Closed Winter Break</b></p>	<p><b>28</b> <b>Schools Closed Winter Break</b></p>	<p><b>29</b> <b>Schools Closed Winter Break</b></p>	<p><b>30</b> <b>Schools Closed Winter Break</b></p>	<p><b>31</b> <b>Schools Closed Winter Break</b></p>

**Lunch Price**  
Student: FREE  
Adult: \$3.45