

December | 2022

College & Career Academy BREAKFAST MENU

Menu Subject to Change Based on Product Availability.



Kids who eat well,
learn better!

Students can choose
from hot & cold
entrees, fresh fruit,
100% juice, and skim
or low-fat milk to
start the day right!



FULTON COUNTY SCHOOLS
SCHOOL NUTRITION
Tasty Eats
WHERE STUDENTS COME FIRST



This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Steak Biscuit Doughnut Bites (V) 100% Fruit Juice Assorted Fresh Fruit	6 Election Day Remote Learning Day	7 Steak Biscuit French Toast Sticks (V) 100% Fruit Juice Assorted Fresh Fruit	1 Sausage, Egg & Cheese Croissant Smoothie with Scone (V) 100% Fruit Juice Assorted Fresh Fruit	2 Chicken Biscuit Assorted Cereals (V) 100% Fruit Juice Assorted Fresh Fruit
12 Steak Biscuit Doughnut Bites (V) 100% Fruit Juice Assorted Fresh Fruit	13 Chicken Biscuit Assorted Cereals (V) 100% Fruit Juice Assorted Fresh Fruit	14 Steak Biscuit French Toast Sticks (V) 100% Fruit Juice Assorted Fresh Fruit	8 Sausage, Egg & Cheese Croissant Smoothie with Scone (V) 100% Fruit Juice Assorted Fresh Fruit	9 Chicken Biscuit Assorted Cereals (V) 100% Fruit Juice Assorted Fresh Fruit
19 Winter Break Schools Closed	20 Winter Break Schools Closed	21 Winter Break Schools Closed	15 Sausage, Egg & Cheese Croissant Smoothie with Scone (V) 100% Fruit Juice Assorted Fresh Fruit	16 Chicken Biscuit Assorted Cereals (V) 100% Fruit Juice Assorted Fresh Fruit
26 Winter Break Schools Closed	27 Winter Break Schools Closed	28 Winter Break Schools Closed	22 Winter Break Schools Closed	23 Winter Break Schools Closed
			29 Winter Break Schools Closed	30 Winter Break Schools Closed

daily assorted choice of milk • daily fresh fruits • 100% fruit juice
locally sourced ingredients offered regularly
daily vegetarian option (V)

Breakfast Price
Student: \$0.00
Adult: \$2.00

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LUNCH MENU

Menu Subject to Change Based on Product Availability.

Did You Know:

Nutritious School Meals Help Kids Learn!

- ✓ Improves test scores
- ✓ Helps with comprehension & memory
- ✓ Increased attendance
- ✓ Improves diet health
- ✓ Reduces visits to the school nurse



FULTON COUNTY SCHOOLS
SCHOOL NUTRITION

Tasty Eats

WHERE STUDENTS COME FIRST



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Crispy Chicken Thigh with Roll Veggie Burger Fresh Deli Sub Corn & Bean Salsa Chocolate Chip Cookie	2 Classic Pizza Slice: Cheese or Pepperoni Spicy Chicken Sandwich Fresh Deli Sub Carrots & Cucumbers
5 Nashville Hot Chicken Nuggets with Breadstick Classic Pizza Slice: Cheese or Pepperoni Fresh Deli Sub Carrots & Cucumbers	6 Election Day Remote Learning Day	7 General Tso's Chicken with Brown Rice Classic Pizza Slice: Cheese or Pepperoni Fresh Deli Sub Carrots & Cucumbers	8 Crispy Chicken Thigh with Roll Beef Hot Dog Fresh Deli Sub Corn & Bean Salsa Chocolate Chip Cookie	9 Classic Pizza Slice: Cheese or Pepperoni Spicy Chicken Sandwich Fresh Deli Sub Carrots & Cucumbers
12 Southern Style Chicken Bites with Roll Classic Pizza Slice: Cheese or Pepperoni Fresh Deli Sub Carrots & Cucumbers	13 Veggie Italian Pasta Bake with Breadstick Steak Sliders Fresh Deli Sub Corn & Bean Salsa	14 General Tso's Chicken with Brown Rice Classic Pizza Slice: Cheese or Pepperoni Fresh Deli Sub Carrots & Cucumbers	15 Crispy Chicken Thigh with Roll Cheeseburger Fresh Deli Sub Corn & Bean Salsa Chocolate Chip Cookie	16 Classic Pizza Slice: Cheese or Pepperoni Spicy Chicken Sandwich Fresh Deli Sub Carrots & Cucumbers
19 Winter Break Schools Closed	20 Winter Break Schools Closed	21 Winter Break Schools Closed	22 Winter Break Schools Closed	23 Winter Break Schools Closed
26 Winter Break Schools Closed	27 Winter Break Schools Closed	28 Winter Break Schools Closed	29 Winter Break Schools Closed	30 Winter Break Schools Closed

Daily offerings:

Assorted milk • Assorted fresh fruits & veggies
locally sourced ingredients offered regularly

Lunch Price

Student: \$0.00
Adult: \$4.00