May | 2021

Ow-Site Breakfast Menu



Pre-order FREE meal kits online



Scan for more info about FREE Meal Kit **Pick-Up & Locations**



Apply for Free & **Reduced Meal Benefits** online

MUNDAY				
3				
Chicken Biscuit				
Assorted Cereal				
100% Fruit Juic				
Assorted Fresh Fr				
10				
Chicken Biscuit				
Assorted Cereal				
100% Fruit Juic				
Assorted Fresh Fr				
17				
Chicken Biscuit				
Assorted Cereal				
100% Fruit Juic				
Assorted Fresh Fr				
24				
Chicken Biscuit				
Asserted Cornel				

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	Pancake & Sausage Bites Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit 11 Pancake & Sausage Bites Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit 12 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	Sausage, Egg & Cheese Croissant Muffin with Smoothie 100% Fruit Juice Assorted Fresh Fruit 13 Sausage, Egg & Cheese Croissant Muffin with Smoothie 100% Fruit Juice Assorted Fresh Fruit	7 French Toast Sticks Poptart with Yogurt Parfait 100% Fruit Juice Assorted Fresh Fruit 14 French Toast Sticks Poptart with Yogurt Parfait 100% Fruit Juice Assorted Fresh Fruit
Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit CH Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	18 Pancake & Sausage Bites Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit 25 Pancake & Sausage Bites Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	19 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit 26 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	20 Sausage, Egg & Cheese Croissant Muffin with Smoothie 100% Fruit Juice Assorted Fresh Fruit	21 French Toast Sticks Poptart with Yogurt Parfait 100% Fruit Juice Assorted Fresh Fruit

Daily Assorted Milk • Daily Fresh Fruits

Locally Sourced Ingredients Offered Regularly

Daily Vegetarian Option





Curbside Meal Kit Pick-Up available at 93 Fulton County Schools on Wednesdays

- Elementary School locations are open Wednesdays from 8:30-9:30.
- Middle School & High School locations are open Wednesdays from 9:30-10:30.

Breakfast Price Student: FREE Adult: \$1.60

This institution is an equal opportunity provider.

Menu Subject to Change Based on Product Availability

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Nashville Hot Chicken Nuggets with Breadstick

MONDAY

Cheese Pizza Slice Fresh Deli Sub **Baby Carrots** Signature Side Salad

Tangerine Chicken with Rice Cheese Pizza Slice Fresh Deli Sub Baby Carrots Signature Side Salad

Southern Style Chicken Bites with Roll

Cheese Pizza Slice Fresh Deli Sub Baby Carrots Signature Side Salad

24

Chicken Nuggets with Breadstick

Cheese Pizza Slice Fresh Deli Sub **Baby Carrots** Signature Side Salad **TUESDAY**

Chicken Club Sandwich Buffalo Chicken Pizza Cheese Pizza Slice Corn & Bean Salsa Signature Side Salad

11

Hot Dog Buffalo Chicken Pizza Cheese Pizza Slice Corn & Bean Salsa Signature Side Salad

18

Mini Burgers **Buffalo Chicken Pizza** Cheese Pizza Slice Corn & Bean Salsa Signature Side Salad

25

Hot Dog Buffalo Chicken Pizza Cheese Pizza Corn & Bean Salsa Signature Side Salad

General Tso's Chicken with Rice

WEDNESDAY

Cheese Pizza Slice Fresh Deli Sub **Baby Carrots** Signature Side Salad

Pepperoni Pizza Slice Cheese Pizza Slice Fresh Deli Sub **Baby Carrots** Signature Side Salad

19

General Tso's Chicken with Rice Cheese Pizza Slice

Fresh Deli Sub **Baby Carrots** Signature Side Salad

26

Chicken Filet Sandwich Cheese Pizza Slice

Fresh Deli Sub **Baby Carrots** Signature Side Salad THURSDAY

Chicken of The Day with Roll **Buffalo Chicken Pizza** Cheese Pizza Slice Corn & Bean Salsa Signature Side Salad

13

6

Chicken of The Day with Roll Buffalo Chicken Pizza Cheese Pizza Slice Corn & Bean Salsa Signature Side Salad

20

Chicken of The Day with Roll Buffalo Chicken Pizza Cheese Pizza Slice Corn & Bean Salsa Signature Side Salad

SUMMER MEALS

FRIDAY

Cheese Pizza Slice **Spicy Chicken Sandwich** Fresh Deli Sub **Baby Carrots** Signature Side Salad

14

21

Cheese Pizza Slice Mozzarella Cheese Sticks Fresh Deli Sub **Baby Carrots**

Signature Side Salad

Cheese Pizza Slice

Spicy Chicken Sandwich Fresh Deli Sub **Baby Carrots**

Signature Side Salad

Join us this Summer for FREE Meals!

Curbside & Face-To-Face options are available. For more information visit fcsnutrition.com

Daily Assorted Milk • Daily Fresh Fruits & Veggies

Locally Sourced Ingredients Offered Regularly **Daily Vegetarian Option**

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- Elementary School locations are open Wednesdays from 8:30-9:30.
- Middle School & High School locations are open Wednesdays from 9:30-10:30.

Lunch Price Student: FREE Adult: \$3.45

