## January 2022

### Breakfast Menu

*Menu Subject to Change Based on Product Availability.*

### Kids who eat well, learn better!

Students can choose from hot & cold entrees, fresh fruit, 100% juice, and skim or low-fat milk to start the day right!

### Breakfast Croissant

- Egg & Cheese Croissant
- Bacon, Egg, & Cheese Croissant
- Sausage, Egg, & Cheese Croissant
- Turkey & Cheese Croissant

### Daily Assorted Milk + Daily Fresh Fruits

- 100% Fruit Juice
- Assorted Fresh Fruit

### Locally Sourced Ingredients Offered Regularly

### Daily Vegetarian Option

### Breakfast Price

- **Student:** FREE
- **Adult:** $1.60

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<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<td>3</td>
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<tr>
<td>Schools Closed Teacher Workday</td>
<td>Chicken Biscuit Doughnut Bites 100% Fruit Juice Assorted Fresh Fruit</td>
<td>Sausage Biscuit French Toast Sticks 100% Fruit Juice Assorted Fresh Fruit</td>
<td>Breakfast Croissant Muffin with Yogurt 100% Fruit Juice Assorted Fresh Fruit</td>
<td>Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit</td>
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<tr>
<td>Schools Closed M.L. King Jr. Holiday</td>
<td>Chicken Biscuit Doughnut Bites 100% Fruit Juice Assorted Fresh Fruit</td>
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**Did You Know:**

**Nutritious School Meals Help Kids Learn!**

- Improves test scores
- Helps with comprehension & memory
- Increased attendance
- Improves diet health
- Reduces visits to the school nurse

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</table>
| **Schools Closed Teacher Workday** | Italian Pasta Bake with Breadstick  
Hot Dog  
Fresh Deli Sub  
Corn & Bean Salsa | Chicken Filet Sandwich  
Classic Pizza Slices: Cheese or Meat Lover’s  
Fresh Deli Sub  
Carrots & Cucumbers | Crispy Chicken of the Day with Roll  
Classic Pizza Slices: Cheese or Pepperoni Calzones  
Fresh Deli Sub  
Corn & Bean Salsa  
Chocolate Chip Cookie | Classic Pizza Slice: Cheese or Pepperoni  
Spicy Deluxe Chicken Sandwich  
Fresh Deli Sub  
Carrots & Cucumbers |
| 10     | 11      | 12        | 13       | 14     |
| Chicken Tenders with Breadstick  
Classic Pizza Slice: Cheese or Pepperoni  
Fresh Deli Sub  
Carrots & Cucumbers | Chicken Parmesan  
Bacon Cheeseburger  
Fresh Deli Sub  
Corn & Bean Salsa | Salisbury Steak with Roll  
Classic Pizza Slices: Cheese or Meat Lover’s Fresh Deli Sub  
Carrots & Cucumbers | Crispy Chicken of the Day with Roll  
Veggie Burger  
Fresh Deli Sub  
Corn & Bean Salsa  
Chocolate Chip Cookie | Classic Pizza Slice: Cheese or Pepperoni  
Spicy Deluxe Chicken Sandwich  
Fresh Deli Sub  
Carrots & Cucumbers |
| 17     | 18      | 19        | 20       | 21     |
| **Schools Closed M.L. King Jr. Holiday** | Veggie Lasagna  
with Breadstick  
Chicken Philly Cheesesteak  
Fresh Deli Sub  
Corn & Bean Salsa | General Tso’s Chicken  
with Brown Rice  
Classic Pizza Slices: Cheese or Meat Lover’s Fresh Deli Sub  
Carrots & Cucumbers | Crispy Chicken of the Day with Roll  
Hot Dog  
Fresh Deli Sub  
Corn & Bean Salsa  
Chocolate Chip Cookie | Classic Pizza Slice: Cheese or Pepperoni  
Spicy Deluxe Chicken Sandwich  
Fresh Deli Sub  
Carrots & Cucumbers |
| 24     | 25      | 26        | 27       | 28     |
| Southern Style Chicken Bites with Roll  
Classic Pizza Slice: Cheese or Pepperoni  
Fresh Deli Sub  
Carrots & Cucumbers | Chicken Alfredo  
with Breadstick  
Veggie Burger  
Fresh Deli Sub  
Corn & Bean Salsa | General Tso’s Chicken  
with Brown Rice  
Classic Pizza Slices: Cheese or Meat Lover’s Fresh Deli Sub  
Carrots & Cucumbers | Crispy Chicken of the Day with Roll  
Steakburger  
Fresh Deli Sub  
Corn & Bean Salsa  
Chocolate Chip Cookie | Classic Pizza Slice: Cheese or Pepperoni  
Spicy Deluxe Chicken Sandwich  
Hot Dog  
Fresh Deli Sub  
Carrots & Cucumbers |
| 31     |         |           |           |        |
| Chicken & Waffles  
Classic Pizza Slice: Cheese or Pepperoni  
Fresh Deli Sub  
Carrots & Cucumbers |                   |                   |           |        |

**Daily offerings:**

- Assorted milk • Signature side salad  
- Assorted fresh fruits & veggies  
- Locally Sourced Ingredients Offered Regularly

**Lunch Price**

- Student: FREE  
- Adult: $3.45

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This institution is an equal opportunity provider.