

January | 2022

College & Career Academy BREAKFAST MENU

Menu Subject to Change Based on Product Availability.



Kids who eat well,
learn better!

Students can choose
from hot & cold
entrees, fresh fruit,
100% juice, and skim
or low-fat milk to
start the day right!



FULTON COUNTY SCHOOLS
SCHOOL NUTRITION
Tasty Eats
WHERE STUDENTS COME FIRST



This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 Schools Closed Teacher Workday</p>	<p>4 Chicken Biscuit Doughnut Bites 100% Fruit Juice Assorted Fresh Fruit</p>	<p>5 Sausage Biscuit French Toast Sticks 100% Fruit Juice Assorted Fresh Fruit</p>	<p>6 Breakfast Croissant Muffin with Yogurt 100% Fruit Juice Assorted Fresh Fruit</p>	<p>7 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit</p>
<p>10 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit</p>	<p>11 Chicken Biscuit Doughnut Bites 100% Fruit Juice Assorted Fresh Fruit</p>	<p>12 Sausage Biscuit French Toast Sticks 100% Fruit Juice Assorted Fresh Fruit</p>	<p>13 Breakfast Croissant Muffin with Yogurt 100% Fruit Juice Assorted Fresh Fruit</p>	<p>14 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit</p>
<p>17 Schools Closed M.L. King Jr. Holiday</p>	<p>18 Chicken Biscuit Doughnut Bites 100% Fruit Juice Assorted Fresh Fruit</p>	<p>19 Sausage Biscuit French Toast Sticks 100% Fruit Juice Assorted Fresh Fruit</p>	<p>20 Breakfast Croissant Muffin with Yogurt 100% Fruit Juice Assorted Fresh Fruit</p>	<p>21 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit</p>
<p>24 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit</p>	<p>25 Chicken Biscuit Doughnut Bites 100% Fruit Juice Assorted Fresh Fruit</p>	<p>26 Sausage Biscuit French Toast Sticks 100% Fruit Juice Assorted Fresh Fruit</p>	<p>27 Breakfast Croissant Muffin with Yogurt 100% Fruit Juice Assorted Fresh Fruit</p>	<p>28 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit</p>
<p>31 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit</p>	<p>Breakfast Croissant = Egg & Cheese Croissant <u>OR</u> Bacon, Egg & Cheese Croissant, <u>OR</u> Sausage, Egg, & Cheese Croissant, <u>OR</u> Turkey & Cheese Croissant</p>			

Daily Assorted Milk • Daily Fresh Fruits
100% Fruit Juice

Locally Sourced Ingredients Offered Regularly

Daily Vegetarian Option

Breakfast Price

Student: FREE

Adult: \$1.60

College & Career Academy

LUNCH MENU

Menu Subject to Change Based on Product Availability.

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Did You Know:

**Nutritious School Meals
Help Kids Learn!**

- ✓ Improves test scores
- ✓ Helps with comprehension & memory
- ✓ Increased attendance
- ✓ Improves diet health
- ✓ Reduces visits to the school nurse



FULTON COUNTY SCHOOLS
SCHOOL NUTRITION
Truly Eats
WHERE STUDENTS COME FIRST



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Schools Closed Teacher Workday</p>	<p>4</p> <p>Italian Pasta Bake with Breadstick Hot Dog Fresh Deli Sub Corn & Bean Salsa</p>	<p>5</p> <p>Chicken Filet Sandwich Classic Pizza Slice: Cheese or Meat Lover's Fresh Deli Sub Carrots & Cucumbers</p>	<p>6</p> <p>Crispy Chicken of the Day with Roll Classic Pizza Slice: Cheese Mini Pepperoni Calzones Fresh Deli Sub Corn & Bean Salsa Chocolate Chip Cookie</p>	<p>7</p> <p>Classic Pizza Slice: Cheese or Pepperoni Spicy Deluxe Chicken Sandwich Fresh Deli Sub Carrots & Cucumbers</p>
<p>10</p> <p>Chicken Tenders with Breadstick Classic Pizza Slice: Cheese or Pepperoni Fresh Deli Sub Carrots & Cucumbers</p>	<p>11</p> <p>Chicken Parmesan Bacon Cheeseburger Fresh Deli Sub Corn & Bean Salsa</p>	<p>12</p> <p>Salisbury Steak with Roll Classic Pizza Slice: Cheese or Meat Lover's Fresh Deli Sub Carrots & Cucumbers</p>	<p>13</p> <p>Crispy Chicken of the Day with Roll Veggie Burger Fresh Deli Sub Corn & Bean Salsa Chocolate Chip Cookie</p>	<p>14</p> <p>Classic Pizza Slice: Cheese Mini Pepperoni Calzones Spicy Deluxe Chicken Sandwich Fresh Deli Sub Carrots & Cucumbers</p>
<p>17</p> <p>Schools Closed M.L. King Jr. Holiday</p>	<p>18</p> <p>Veggie Lasagna with Breadstick Chicken Philly Cheesesteak Fresh Deli Sub Corn & Bean Salsa</p>	<p>19</p> <p>General Tso's Chicken with Brown Rice Classic Pizza Slice: Cheese or Meat Lover's Fresh Deli Sub Carrots & Cucumbers</p>	<p>20</p> <p>Crispy Chicken of the Day with Roll Hot Dog Fresh Deli Sub Corn & Bean Salsa Chocolate Chip Cookie</p>	<p>21</p> <p>Classic Pizza Slice: Cheese Mini Pepperoni Calzones Spicy Deluxe Chicken Sandwich Fresh Deli Sub Carrots & Cucumbers</p>
<p>24</p> <p>Southern Style Chicken Bites with Roll Classic Pizza Slice: Cheese or Pepperoni Fresh Deli Sub Carrots & Cucumbers</p>	<p>25</p> <p>Chicken Alfredo with Breadstick Veggie Burger Fresh Deli Sub Corn & Bean Salsa</p>	<p>26</p> <p>General Tso's Chicken with Brown Rice Classic Pizza Slice: Cheese or Meat Lover's Fresh Deli Sub Carrots & Cucumbers</p>	<p>27</p> <p>Crispy Chicken of the Day with Roll Steakburger Fresh Deli Sub Corn & Bean Salsa Chocolate Chip Cookie</p>	<p>28</p> <p>Classic Pizza Slice: Cheese Mini Pepperoni Calzones Hot Dog Fresh Deli Sub Carrots & Cucumbers</p>
<p>31</p> <p>Chicken & Waffles Classic Pizza Slice: Cheese or Pepperoni Fresh Deli Sub Carrots & Cucumbers</p>	<p>Daily offerings: Assorted milk • Signature side salad Assorted fresh fruits & veggies <i>Locally Sourced Ingredients Offered Regularly</i></p>			<p>Lunch Price Student: FREE Adult: \$3.45</p>