

January | 2023

# Elementary School BREAKFAST MENU

Menu Subject to Change Based on Product Availability.



School breakfast  
fuels classroom  
performance!

Students can choose  
from hot & cold entrees,  
fresh fruit, 100% juice,  
and skim or low-fat milk  
to start the day right!



FULTON COUNTY SCHOOLS  
**SCHOOL NUTRITION**

*Study Eats*

WHERE STUDENTS COME FIRST



This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9 Steak Biscuit Assorted Cereal (V) Assorted Cereal (V)	3 Teacher Workday Schools Closed	4 Waffle Griddle Assorted Cereal (V) Assorted Cereal (V)	5 French Toast Sticks (V) Cereal Bar with Yogurt (V)	6 Chicken Biscuit Assorted Cereal (V) Assorted Cereal (V)
16 MLK Jr. Holiday Schools Closed	10 Pancake & Sausage on a Stick Muffin with Yogurt (V)	11 Mini Pancakes with Sausage Assorted Cereal (V) Assorted Cereal (V)	12 French Toast Sticks (V) Cereal Bar with Yogurt (V)	13 Chicken Biscuit Assorted Cereal (V) Assorted Cereal (V)
23 Steak Biscuit Assorted Cereal (V) Assorted Cereal (V)	17 Remote Learning Day Schools Closed	18 Mini Pancakes with Sausage Assorted Cereal (V) Assorted Cereal (V)	19 French Toast Sticks (V) Cereal Bar with Yogurt (V)	20 Chicken Biscuit Assorted Cereal (V) Assorted Cereal (V)
30 Steak Biscuit Assorted Cereal (V) Assorted Cereal (V)	24 Pancake & Sausage on a Stick Muffin with Yogurt (V)	25 Mini Pancakes with Sausage Assorted Cereal (V) Assorted Cereal (V)	26 French Toast Sticks (V) Cereal Bar with Yogurt (V)	27 Chicken Biscuit Assorted Cereal (V) Assorted Cereal (V)
	31 Pancake & Sausage on a Stick Muffin with Yogurt (V)			

daily assorted choice of milk • daily fresh fruits • 100% fruit juice  
locally sourced ingredients offered regularly  
**daily vegetarian option (V)**

**Breakfast Price**  
Student: \$1.10  
Reduced: \$0.30  
Adult: \$2.00

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# Elementary School LUNCH MENU

Menu Subject to Change Based on Product Availability.

MONDAY

**Lunch Price**  
Student: \$2.45  
Reduced: \$0.40  
Adult: \$4.00

9 Popcorn Chicken with Breadstick  
Pancake & Sausage Griddle  
Pancakes with Scrambled Eggs (V)  
Cheese Pizza Pack (V)  
Assorted Fruit Slushie  
Baby Carrots  
Tater Tots

16

**MLK Jr. Holiday  
Schools Closed**

23 Veggie Italian Pasta Bake (V)  
Chicken Filet Sandwich  
Jamwich Pack (V)  
Assorted Fruit Slushie  
Baby Carrots • Mixed Veggies

30

Popcorn Chicken with Breadstick  
Pancake & Sausage Griddle  
Pancakes with Scrambled Eggs (V)  
Cheese Pizza Pack (V)  
Assorted Fruit Slushie  
Baby Carrots • Tater Tots

TUESDAY

3

**Teacher Workday  
Schools Closed**

10

General Tso's Chicken with Rice  
Teriyaki MorningStar Chik'n with Rice (V)  
Turkey & Cheese Croissant  
Cheese Croissant (V)  
Signature Side Salad  
Steamed Broccoli

17

**Remote Learning Day  
Schools Closed**

24

Tangerine Chicken with Rice  
Teriyaki MorningStar Chik'n with Rice (V)  
Steak Sliders  
Cheese Pizza Pack (V)  
Signature Side Salad  
Steamed Broccoli

31

General Tso's Chicken with Rice  
Teriyaki MorningStar Chik'n with Rice (V)  
Turkey & Cheese Croissant  
Cheese Croissant (V)  
Signature Side Salad  
Steamed Broccoli

WEDNESDAY

4

Grande Nachos  
Cheese Nachos (V)  
Mini Corndogs  
Black Bean Taco Salad (V)  
Baby Carrots  
Black Beans

11

Pork Carnitas Nachos  
Cheese Nachos (V)  
Steak Sliders  
Grilled Chicken Chef Salad  
Chef Salad (V)  
Baby Carrots  
Steamed Corn

18

Fajita Chicken Nachos  
Cheese Nachos (V)  
Turkey Hot Dog  
Black Bean Taco Salad (V)  
Baby Carrots  
Black Beans

25

Salisbury Steak with Roll  
Mini Cheese Quesadilla (V)  
Hummus Bento Box (V)  
Jamwich Pack (V)  
Baby Carrots  
Mashed Potatoes

THURSDAY

5

Crispy Chicken of the Day  
with Texas Toast  
Mini Cheese Calzones (V)  
Energy Pack (V)  
Signature Side Salad • Steamed Corn  
Chocolate Chip Cookie

12

Crispy Chicken of the Day with Roll  
Mini Cheese Quesadilla (V)  
Energy Pack (V)  
Turkey & Cheese Lunchbox Buddy  
Signature Side Salad • Baked Beans  
Chocolate Chip Cookie

19

Crispy Chicken of the Day  
with Cornbread  
3-Bean Chili with Cornbread (V)  
Energy Pack (V)  
Signature Side Salad  
Sweet Potato Fries  
Chocolate Chip Cookie

26

Crispy Chicken of the Day with Roll  
Cheese Stuffed Breadstick (V)  
Grilled Chicken Chef Salad  
Chef Salad (V)  
Signature Side Salad • Baked Beans  
Chocolate Chip Cookie

FRIDAY

6

Classic Pizza Slice: Cheese (V)  
Cod Nuggets with Mac & Cheese  
Mac & Cheese (V)  
Jamwich (V)  
Carrot, Cucumber & Cherry Tomato  
Kickin' Cajun Carrots

13

Classic Pizza Slice:  
Cheese (V) or Meat Lover's  
Filet of Fish Sandwich  
Jamwich Pack (V)  
Carrot, Cucumber & Cherry Tomato  
Roasted Green Beans

20

Classic Pizza Slice: Cheese (V)  
Popcorn Shrimp with Mac & Cheese  
Mac & Cheese (V)  
Turkey & Cheese Wrap  
Carrot, Cucumber & Cherry Tomato  
Steamed Broccoli

27

Classic Pizza Slice:  
Cheese (V) or Meat Lover's  
Filet of Fish Sandwich  
Turkey & Cheese Lunchbox Buddy  
Energy Pack (V)  
Carrot, Cucumber & Cherry Tomato  
Roasted Green Beans

Celebrate with  
the Café

Harvest of the  
Month: Tomatoes!



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**Daily offerings:**  
assorted choice of milk • assorted fresh fruits & veggies  
vegetarian options (V) • locally sourced ingredients offered regularly