

# October | 2023

# Elementary School BREAKFAST MENU

Menu Subject to Change Based on Product Availability.



School breakfast  
fuels classroom  
performance!

Students can choose  
from hot & cold entrees,  
fresh fruit, 100% juice,  
and skim or low-fat milk  
to start the day right!



FULTON COUNTY SCHOOLS  
**SCHOOL NUTRITION**  
*Tasty Eats*  
WHERE STUDENTS COME FIRST



This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Sausage Biscuit Assorted Cereal (V) Assorted Cereal (V)	<b>3</b> Cinnamon Glazed Pancakes (V) Muffin with Yogurt (V)	<b>4</b> Waffle & Sausage Griddle Assorted Cereal (V) Assorted Cereal (V)	<b>5</b> French Toast Sticks (V) Cereal Bar with Yogurt (V)	<b>6</b> Chicken Biscuit Assorted Cereal (V) Assorted Cereal (V)
<b>9</b> <i>Schools Closed Columbus Day</i>	<b>10</b> <i>Schools Closed Teachers Workday</i>	<b>11</b> <i>Schools Closed Professional Development Day</i>	<b>12</b> French Toast Sticks (V) Cereal Bar with Yogurt (V)	<b>13</b> Chicken Biscuit Assorted Cereal (V) Assorted Cereal (V)
<b>16</b> Sausage Biscuit Assorted Cereal (V) Assorted Cereal (V)	<b>17</b> Cinnamon Glazed Pancakes (V) Muffin with Yogurt (V)	<b>18</b> Waffle & Sausage Griddle Assorted Cereal (V) Assorted Cereal (V)	<b>19</b> French Toast Sticks (V) Cereal Bar with Yogurt (V)	<b>20</b> Chicken Biscuit Assorted Cereal (V) Assorted Cereal (V)
<b>23</b> Chicken Biscuit Assorted Cereal (V) Assorted Cereal (V)	<b>24</b> Pancake & Sausage on a Stick Muffin with Yogurt (V)	<b>25</b> Mini Pancakes with Sausage Assorted Cereal (V) Assorted Cereal (V)	<b>26</b> French Toast Sticks (V) Cereal Bar with Yogurt (V)	<b>27</b> Chicken Biscuit Assorted Cereal (V) Assorted Cereal (V)
<b>30</b> Sausage Biscuit Assorted Cereal (V) Assorted Cereal (V)	<b>31</b> Cinnamon Glazed Pancakes (V) Muffin with Yogurt (V)			

Daily offerings: fresh fruits • 100% fruit juice • choice of milk  
locally sourced ingredients offered regularly  
**daily vegetarian option (V)**

**Breakfast Price**  
Student: \$1.10  
Reduced: \$0.30  
Adult: \$2.75

# October | 2023

# Elementary School LUNCH MENU

Menu Subject to Change Based on Product Availability.

## SCHOOL LUNCH IS NEXT LEVEL!

Get your game on with the Cafe  
as we celebrate  
National School Lunch Week  
October 16-20, 2023



FULTON COUNTY SCHOOLS  
**SCHOOL NUTRITION**  
*Tasty Eats*  
WHERE STUDENTS COME FIRST



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>2</b> Veggie Alfredo Pasta with Cheese Stuffed Breadstick (V) Chicken Alfredo with Cheese Stuffed Breadstick Chicken Nuggets with Breadstick Yogurt & Cheese Pack (V) Baby Carrots • Smiley Fries		<b>3</b> Teriyaki Chicken with Rice Asian Style MorningStar Chik'n With Rice (V) Classic Pizza Slice: Pepperoni Energy Pack (V) Signature Side Salad Peas & Carrots		<b>4</b> Grande Nachos Cheese Nachos (V) Hamburger • Cheeseburger Black Bean Taco Salad (V) Baby Carrots Black Beans		<b>5</b> Crispy Chicken of the Day with Roll Turkey Hot Dog Cheese Pizza Pack (V) Signature Side Salad Sweet Potato Waffle Fries Chocolate Chip Cookie		<b>6</b> Classic Pizza Slice: Cheese (V) Popcorn Shrimp with Mac & Cheese Mac & Cheese (V) Jamwich Pack (V) Carrot, Cucumber & Cherry Tomato Steamed Broccoli	
<b>9</b> <i>Schools Closed Columbus Day</i>		<b>10</b> <i>Schools Closed Teachers Workday</i>		<b>11</b> <i>Schools Closed Professional Development Day</i>		<b>12</b> Crispy Chicken of the Day with Roll Cheese Bites (V) Hummus Bento Box (V) Signature Side Salad • Baked Beans Chocolate Chip Cookie		<b>13</b> Classic Pizza Slice: Cheese (V) or Meat Lover's Seafood Basket • Energy Pack (V) Carrot, Cucumber & Cherry Tomato Roasted Green Beans	
<b>16</b> <u>National School Lunch Week</u> Veggie Lasagna with Breadstick (V) MorningStar Chik'n Nuggets with Roll (V) Limited time only: Red Pepper Hummus Bento Box (V) Baby Carrots • Steamed Broccoli		<b>17</b> <u>National School Lunch Week</u> Limited time only: Super Mario Cheeseburger Chicken Teriyaki Dumplings Hamburger Energy Pack (V) Signature Side Salad Smiley Fries		<b>18</b> <u>National School Lunch Week</u> Grande Nachos with Halo Jalapenos Cheese Nachos with Halo Jalapenos (V) Mini Corndogs Black Bean Taco Salad (V) Baby Carrots • Black Beans		<b>19</b> <u>National School Lunch Week</u> Crispy Chicken of the Day with Texas Toast Cheese Stuffed Breadstick (V) Cheese Pizza Pack (V) Signature Side Salad Limited time only: Squad Up Italian Squash Chocolate Chip Cookie		<b>20</b> <u>National School Lunch Week</u> Limited time only: "POKE-MON" Bowl Classic Pizza Slice: Cheese (V) Jamwich Pack (V) Carrot, Cucumber & Cherry Tomato Kickin' Cajun Carrots	
<b>23</b> Popcorn Chicken & Waffles Turkey & Cheese Croissant Jamwich Pack (V) 100% Fruit Slushie Baby Carrots • Tater Tots		<b>24</b> General Tso's Chicken with Rice Classic Pizza Slice: Cheese (V) Yogurt & Cheese Pack (V) Signature Side Salad Steamed Broccoli		<b>25</b> Fajita Chicken Nachos Cheese Nachos (V) Chicken Filet Sandwich Cheese Pizza Pack (V) Baby Carrots • Steamed Corn		<b>26</b> Crispy Chicken of the Day with Roll Turkey Hot Dog • Turkey Chef Salad Energy Pack (V) Signature Side Salad • Baked Beans Chocolate Chip Cookie		<b>27</b> Classic Pizza Slice: Cheese (V) or Meat Lover's Filet of Fish Sandwich • Jammer (V) Carrot, Cucumber & Cherry Tomato Roasted Green Beans	
<b>30</b> Veggie Alfredo Pasta with Cheese Stuffed Breadstick (V) Chicken Alfredo with Cheese Stuffed Breadstick Chicken Nuggets with Breadstick Yogurt & Cheese Pack (V) Baby Carrots • Smiley Fries		<b>31</b> Teriyaki Chicken with Rice Asian Style MorningStar Chik'n With Rice (V) Classic Pizza Slice: Pepperoni Energy Pack (V) Signature Side Salad Peas & Carrots		<div>Daily offerings: assorted fresh fruits &amp; veggies • choice of milk vegetarian options (V) locally sourced ingredients offered regularly</div>					
<div>Lunch Price Student: \$2.45 Reduced: \$0.40 Adult: \$4.75</div>									

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