

October | 2021

Elementary School BREAKFAST MENU

Menu Subject to Change Based on Product Availability.



Kids who eat well,
learn better!

Students can choose
from hot & cold
entrees, fresh fruit,
100% juice, and skim
or low-fat milk to
start the day right!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
4 Sausage Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	5 Mini Pancakes Muffin with Yogurt 100% Fruit Juice Assorted Fresh Fruit	6 Mini Waffles with Sausage Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	7 French Toast Sticks Cereal Bar with Yogurt 100% Fruit Juice Assorted Fresh Fruit	8 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
11 Schools Closed Columbus Day	12 Schools Closed Teacher Work Day	13 Mini Pancakes with Sausage Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	14 French Toast Sticks Cereal Bar with Yogurt 100% Fruit Juice Assorted Fresh Fruit	15 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
18 Sausage Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	19 Mini Pancakes Muffin with Yogurt 100% Fruit Juice Assorted Fresh Fruit	20 Mini Waffles with Sausage Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	21 French Toast Sticks Cereal Bar with Yogurt 100% Fruit Juice Assorted Fresh Fruit	22 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
25 Sausage Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	26 Pancake & Sausage on a Stick Muffin with Yogurt 100% Fruit Juice Assorted Fresh Fruit	27 Mini Pancakes with Sausage Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	28 French Toast Sticks Cereal Bar with Yogurt 100% Fruit Juice Assorted Fresh Fruit	29 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit

FULTON COUNTY SCHOOLS
SCHOOL NUTRITION
Tasty Eats
WHERE STUDENTS COME FIRST

Daily Assorted Milk • Daily Fresh Fruits
100% Fruit Juice
Locally Sourced Ingredients Offered Regularly
Daily Vegetarian Option

Breakfast Price
Student: FREE
Adult: \$1.60



This institution is an equal opportunity provider.

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Elementary School LUNCH MENU

Menu Subject to Change Based on Product Availability.

Did You Know:

Nutritious School Meals Help Kids Learn!

- ✓ Improves test scores
- ✓ Helps with comprehension & memory
- ✓ Increased attendance
- ✓ Improves diet health
- ✓ Reduces visits to the school nurse



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Daily assorted milk • Daily fresh fruits & veggies Locally Sourced Ingredients Offered Regularly Daily Vegetarian Option</p>			<p>Lunch Price Student: FREE Adult: \$3.45</p>	
<p>4 Veggie Lasagna with Breadstick Chicken Nuggets with Breadstick Turkey & Cheese Wrap Baby Carrots Tater Tots</p>	<p>5 Teriyaki Chicken with Brown Rice Burger Cheese Pizza Pack Signature Side Salad Peas & Carrots</p>	<p>6 Nachos Hotdog Black Bean Taco Salad Baby Carrots Black Beans</p>	<p>7 Southern Breaded Chicken with Texas Toast Mini Cheese Calzones Yogurt & Cheese Pack Signature Side Salad Sweet Potato Fries Chocolate Chip Cookie</p>	<p>1 Classic Pizza Slice: Cheese or Meat Lover's Filet of Fish Sandwich Jamwich Pack Carrot, Cucumber & Cherry Tomato Mixed Veggies</p>
<p>11 Schools Closed Columbus Day</p>	<p>12 Schools Closed Teacher Work Day</p>	<p>13 Salisbury Steak with Roll Chicken Filet Sandwich Hummus Bento Box Baby Carrots Mashed Potatoes</p>	<p>14 Chicken of the Day with Roll Cheese Stuffed Breadsticks Grilled Chicken Chef Salad Signature Side Salad Baked Beans Chocolate Chip Cookie</p>	<p>8 Classic Pizza Slice: Cheese Crispy Cod Nuggets with Mac & Cheese Mac & Cheese Jamwich Pack Carrot, Cucumber & Cherry Tomato Steamed Broccoli</p>
<p>18 Chicken Alfredo with Texas Toast MorningStar Chik'n Nuggets with Texas Toast Cheese Pizza Pack Baby Carrots Sweet Potato Fries</p>	<p>19 Spicy Sichuan Chicken with Brown Rice Burger Hummus Bento Box Signature Side Salad Edamame Succotash</p>	<p>20 Nachos Mini Corndogs Turkey & Cheese Wrap Baby Carrots Black Beans</p>	<p>21 Southern Breaded Chicken with Texas Toast Cheese Quesadilla Yogurt & Cheese Pack Signature Side Salad Tater Tots Chocolate Chip Cookie</p>	<p>15 Classic Pizza Slice: Cheese or Meat Lover's Filet of Fish Sandwich Turkey & Cheese Lunchbox Buddy Carrot, Cucumber & Cherry Tomato Green Beans</p>
<p>25 Pancake & Sausage Griddle Chicken Nuggets With Breadstick Cheese Pizza Pack Baby Carrots Potato Smiley Fries</p>	<p>26 General Tso's Chicken with Brown Rice Turkey & Cheese Croissant Yogurt & Cheese Pack Signature Side Salad Steamed Broccoli</p>	<p>27 Tomato Basil Soup with Grilled Cheese Mini Burgers Grilled Chicken Chef Salad Baby Carrots Green Beans</p>	<p>28 Chicken of the Day with Roll Mozzarella Cheese Sticks Turkey & Cheese Lunchbox Buddy Signature Side Salad Baked Beans Chocolate Chip Cookie</p>	<p>22 Classic Pizza Slice: Cheese Crispy Cod Nuggets with Mac & Cheese Mac & Cheese Jamwich Pack Carrot, Cucumber & Cherry Tomato Steamed Broccoli</p>
				<p>29 Classic Pizza Slice: Cheese or Meat Lover's Filet of Fish Sandwich Jamwich Pack Carrot, Cucumber & Cherry Tomato Mixed Veggies</p>

Bringing lunch from home?

❖ Select the **Pack Pal** from the cafe to enhance your lunchbox – it's FREE! ❖