

September | 2022

Elementary School BREAKFAST MENU

Menu Subject to Change Based on Product Availability.



School breakfast
fuels classroom
performance!

Students can choose
from hot & cold entrees,
fresh fruit, 100% juice,
and skim or low-fat milk
to start the day right!



FULTON COUNTY SCHOOLS
SCHOOL NUTRITION
Tasty Eats
WHERE STUDENTS COME FIRST



This institution is an equal opportunity provider.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|---|
| 5 Labor Day Schools Closed | 6 Remote Learning Day | 7 Waffle Griddle Assorted Cereal (V) Assorted Cereal (V) | 1 French Toast Sticks (V) Cereal Bar with Yogurt (V) | 2 Chicken Biscuit Assorted Cereal (V) Assorted Cereal (V) |
| 12 Steak Biscuit Assorted Cereal (V) Assorted Cereal (V) | 13 Pancake & Sausage on a Stick Muffin with Yogurt (V) | 14 Mini Pancakes with Sausage Assorted Cereal (V) Assorted Cereal (V) | 8 French Toast Sticks (V) Cereal Bar with Yogurt (V) | 9 Chicken Biscuit Assorted Cereal (V) Assorted Cereal (V) |
| 19 Sausage Biscuit Assorted Cereal (V) Assorted Cereal (V) | 20 Cinnamon Glazed Pancakes (V) Muffin with Yogurt (V) | 21 Waffle Griddle Assorted Cereal (V) Assorted Cereal (V) | 15 French Toast Sticks (V) Cereal Bar with Yogurt (V) | 16 Chicken Biscuit Assorted Cereal (V) Assorted Cereal (V) |
| 26 Steak Biscuit Assorted Cereal (V) Assorted Cereal (V) | 27 Pancake & Sausage on a Stick Muffin with Yogurt (V) | 28 Mini Pancakes with Sausage Assorted Cereal (V) Assorted Cereal (V) | 22 French Toast Sticks (V) Cereal Bar with Yogurt (V) | 23 Chicken Biscuit Assorted Cereal (V) Assorted Cereal (V) |
| | | | 29 French Toast Sticks (V) Cereal Bar with Yogurt (V) | 30 Chicken Biscuit Assorted Cereal (V) Assorted Cereal (V) |

daily assorted choice of milk • daily fresh fruits • 100% fruit juice
locally sourced ingredients offered regularly
daily vegetarian option (V)

Breakfast Price
Student: \$1.10
Reduced: \$0.30
Adult: \$2.00

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Elementary School LUNCH MENU

Menu Subject to Change Based on Product Availability.

Celebrate with
the Café

World School Milk Day 9/25
Hispanic Heritage Month
Better Breakfast Month
National Food Safety
Education Month



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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|---|
| <p>Daily offerings: assorted choice of milk • assorted fresh fruits & veggies • vegetarian options (V) <i>locally sourced ingredients offered regularly</i></p> | | <p>Lunch Price Student: \$2.45 Reduced: \$0.40 Adult: \$4.00</p> | | |
| <p>5 Labor Day Schools Closed</p> | <p>6 Remote Learning Day</p> | <p>7 Fajita Chicken Nachos Cheese Nachos (V) Hot Dog Black Bean Taco Salad (V) Baby Carrots Black Beans</p> | <p>1 Crispy Chicken of the Day with Roll Mini Cheese Calzones (V) Energy Pack (V) Turkey & Cheese Lunchbox Buddy Signature Side Salad • Baked Beans Chocolate Chip Cookie</p> | <p>2 Classic Pizza Slice: Cheese (V) or Meat Lover's Filet of Fish Sandwich Jamwich Pack (V) Carrot, Cucumber & Cherry Tomato Roasted Green Beans</p> |
| <p>12 Italian Pasta Bake Veggie Pasta Bake (V) Chicken Filet Sandwich Jamwich Pack (V) Baby Carrots Mixed Veggies</p> | <p>13 Tangerine Chicken with Rice Asian Style MorningStar Chik'n With Rice (V) Steak Sliders Cheese Pizza Pack (V) Signature Side Salad Steamed Broccoli</p> | <p>14 Salisbury Steak with Roll Mini Cheese Quesadilla Hummus Bento Box (V) Jamwich Pack (V) Baby Carrots Mashed Potatoes</p> | <p>8 Crispy Chicken of the Day with Cornbread 3-Bean Chili with Cornbread (V) Energy Pack (V) Signature Side Salad Sweet Potato Waffle Fries Chocolate Chip Cookie</p> | <p>9 Classic Pizza Slice: Cheese (V) Crispy Cod Nuggets with Mac & Cheese Mac & Cheese (V) Turkey & Cheese Wrap Carrot, Cucumber & Cherry Tomato Steamed Broccoli</p> |
| <p>19 Chicken Alfredo with Texas Toast MorningStar Chik'n Nuggets with Texas Toast Cheese Pizza Pack (V) Baby Carrots Steamed Broccoli</p> | <p>20 Spicy Sichuan Chicken with Rice Burger • Veggie Burger (V) Hummus Bento Box (V) Signature Side Salad Edamame Succotash</p> | <p>21 Grande Nachos Cheese Nachos (V) Mini Corndogs Black Bean Taco Salad (V) Baby Carrots Black Beans</p> | <p>15 Crispy Chicken of the Day with Roll Cheese Stuffed Breadstick (V) Grilled Chicken Chef Salad Chef Salad (V) Signature Side Salad • Baked Beans Chocolate Chip Cookie</p> | <p>16 Classic Pizza Slice: Cheese (V) or Meat Lover's Filet of Fish Sandwich Turkey & Cheese Lunchbox Buddy Energy Pack (V) Carrot, Cucumber & Cherry Tomato Roasted Green Beans</p> |
| <p>26 Pancake & Sausage Griddle Pancakes with Scrambled Eggs (V) Popcorn Chicken with Breadstick Cheese Pizza Pack (V) Baby Carrots Tater Tots</p> | <p>27 General Tso's Chicken with Rice Asian MorningStar Chik'n with Rice (V) Turkey & Cheese Croissant Cheese Croissant (V) Signature Side Salad Steamed Broccoli</p> | <p>28 Fiesta Chicken with Rice Fiesta Beans with Rice (V) Steak Sliders Grilled Chicken Chef Salad Chef Salad (V) Baby Carrots Steamed Corn</p> | <p>22 Crispy Chicken of the Day with Texas Toast Cheese Quesadilla (V) Energy Pack (V) Signature Side Salad • Tater Tots Chocolate Chip Cookie</p> | <p>23 Classic Pizza Slice: Cheese (V) Crispy Cod Nuggets with Mac & Cheese Mac & Cheese (V) Jamwich Pack (V) Carrot, Cucumber & Cherry Tomato Sweet Potato Waffle Fries</p> |
| | | | <p>29 Crispy Chicken of the Day with Roll Mini Cheese Calzones (V) Energy Pack (V) Turkey & Cheese Lunchbox Buddy Signature Side Salad • Baked Beans Chocolate Chip Cookie</p> | <p>30 Classic Pizza Slice: Cheese (V) or Meat Lover's Filet of Fish Sandwich Jamwich Pack (V) Carrot, Cucumber & Cherry Tomato Roasted Green Beans</p> |